Mud damp still evening absolutely perfect for running & walking

Weather Conditions _____ Date: 9/7/09

Southside Masters Inc

Short Track 400m

	Name	Actual Time	H'cap	Nett Time	Place	Points
1	B Darby	1-04-49	-	64.5	7	6
2	Oliver Hoare	1 15 72	-	85.7	8	5
3	Sally Luxton	1-18 26	-	78.3	9	4
4	Nicole Gentle	1 20 20	-	80.2	10	3
5	O Millridge	1-21 05	35.3	46.+	2	12
6	A Gentle	1 25 88	4.5 c	41.0	1	14
7	J Dawlings	1 31-52	42.8	48.7	3	10
8	C Plummer	1-35 44	34.0	59.+	6	7
9	Louise Denneen	1 36 09	46.8	49.3	4	9
10	P Dell	1-36 93	-	96.9	11	2
11	R Toole	1-39 46	50.1	49.4	5	8
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Road Race 10K

	Name	Actual Time	H'cap	Nett Time	Place	Points
23						
24	Louise Denneen	48.41	14.37	34.04	4	2
25	G Keir	48.42	15 50	32 52	2	4
26	J Cosatto	49.38	19 48	29 50	1	6
27	B Fickel	49 43	16 29	33 14	3	3
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29						
30						
31			1st			
32						20
33			2nd			21
34						22
35			3rd			23
36						
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Long Track 5K

	Name	Actual Time	H'cap	Nett Time	Place	Points
1	Thien Vuong	17 08	3 29	13 39	4	17
2	B Plummer	17.13	2.51	14.22	12	9
3	Belinda Martin	17.23	3.14	14.09	10	11
4	D Sullivan	17.23	3 07	14 16	11	10
5	Magda Poulos	17.25	3 28	13 57	8	13
6	G Gielissen	18.13	4.30	13.43	6	15
7	P Ray	18.18	4.43	13.35	3	18
8	J Dawlings	18.21	4 26	13 55	7	14
9	B Nairn	18.51	9 27	9 24	1	22
10	J Shaw	19.00	4.34	14.26	13	8
11	T Yates	19.34	4.49	14.45	14	7
12	B Lloyd	19.36	4 24	15 12	17	4
13	C Wiley	19.59	6.27	13.32	2	20
14	D Wendt	20.59	7 19	13.40	5	16
15	B Darby	23.21	6 11	17.10	18	3
16	R Toole	24.32	10.30	14.02	9	12
17	R Morris	25.33	10.32	15 01	15	6
18	Vivienne Darby	27.34	12 29	15 05	16	5
19	D Burns	27.35	-	27.35	19	2
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Walkers 5K

	Name	Actual Time	H'cap	Nett Time	Place	Points
32	O Millridge	37-29	16 11	21 18	2	4
33	Brooke Ross	42.59	24 35	21 24	3	3
34	A Argall	44 30	22 48	21 42	4	2
35	C Plummer	47 50	28 56	18 54	1	6
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39						