

Club Premiership Round 4 - 28/11/2009
 Athletics NSW
 Bankstown
 Results

Women 100 metre Under 17

Name	Age	Team	Finals
Section 1 Wind: 3.2			
1 Hulme, Samantha	15	U.T.S. North	12.29
2 Ardita, Victoria	14	Bankstown Sp	12.60
3 Heeps, Caitlin	15	U.T.S. North	12.99
4 Hutton, Nicole	15	Illawong & D	13.34
5 Thach, Karen	14	Westfields A	13.52
6 Halmy, Bethany	14	Sydney Pacif	13.60
7 James, Sarah	16	Sutherland D	13.98
Section 2 Wind: 3.8			
1 Scott, Talissa	16	Illawarra Bl	12.20
2 Hart, Morgan	16	Trinity-PLC	12.45
3 Newham, Sophie	13	Illawong & D	13.02
4 M'Gee, Brinagh	16	Illawong & D	13.08
5 Parr, Ashleigh	15	Trinity-PLC	13.71
6 Thach, Yana	12	Westfields A	13.94
7 McDonald, Sarah	14	Bankstown Sp	14.18

Women 400 metre Under 17

Name	Age	Team	Finals
Section 1			
1 Hart, Morgan	16	Trinity-PLC	1:04.24
2 Halmy, Bethany	14	Sydney Pacif	1:04.66
3 Wrigley, Hannah	15	Illawong & D	1:04.93
4 Hutton, Nicole	15	Illawong & D	1:10.58
5 James, Sarah	16	Sutherland D	1:14.15
6 Gentle, Nicole	13	St. George D	1:16.14

Women 1500 metre Under 17

Name	Age	Team	Finals
1 Howard, Rachel	16	Randwick Bot	4:58.52
2 Delaney, Amity	14	Randwick Bot	4:59.78
3 Menday, Hannah	16	Cherrybrook	5:06.95
4 Kitchener, Morgan	13	Campbelltown	5:20.73

Women Long Jump Under 17

Name	Age	Team	Finals	Wind
Group 1				
1 Scott, Talissa	16	Illawarra Bl	5.97m	NWI
2 Heeps, Caitlin	15	U.T.S. North	5.36m	NWI

Women Shot Put Under 17

Name	Age	Team	Finals
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1	Sengul, Taylah	14 Hills Distri	12.84m
2	Lemi, Paletina	13 Westfields A	11.51m
3	Lemi, Tega	15 Westfields A	10.59m

Women Discus Throw Under 17

Name	Age Team	Finals
1 Cepak, Eliza	14 U.T.S. North	31.38m

Women 100 metre Under 20

Name	Age Team	Finals
Section 1 Wind: 4.8		
1 Fry, Jacqui	18 Bankstown Sp	12.96
2 Richardson, Danielle	17 Illawong & D	13.28
3 Stenning, Charlotte	17 Hills Distri	13.64
4 Cepak, Eliza	14 U.T.S. North	13.66
5 Ockert, Candice	18 Bankstown Sp	13.98

Women 400 metre Under 20

Name	Age Team	Finals
Section 1		
1 Morton, Tracey	18 U.T.S. North	57.42
2 Keir, Alicia	18 Illawong & D	57.95
3 Stenning, Charlotte	17 Hills Distri	1:04.82
4 Mullane, Rachel	18 Westfields A	1:07.95

Women 1500 metre Under 20

Name	Age Team	Finals
1 Smith, Davina	18 Parramatta C	4:44.27

Women Long Jump Under 20

Name	Age Team	Finals	Wind
Group 1			
1 Fry, Jacqui	18 Bankstown Sp	4.95m	NWI
2 Ockert, Candice	18 Bankstown Sp	4.52m	NWI
3 Cepak, Eliza	14 U.T.S. North	4.27m	NWI

Women Shot Put Under 20

Name	Age Team	Finals
1 Cepak, Eliza	14 U.T.S. North	9.07m

Women Discus Throw Under 20

Name	Age Team	Finals
1 Sengul, Taylah	14 Hills Distri	44.24m
2 Kennedy, Alix	17 St. George D	43.94m
3 Lemi, Tega	15 Westfields A	38.25m
4 Sharne, Kristee	15 Westfields A	32.23m

5 Lemi, Paletina	13 Westfields A	32.21m
6 Fry, Jacqui	18 Bankstown Sp	29.55m
7 Sharne, Rachell	14 Westfields A	25.58m
8 Richardson, Danielle	17 Illawong & D	20.22m

Women 100 metre Open

Name	Age Team	Finals
Section 1 Wind: 2.7		
1 Jackson, Rachael	33 Ryde Athleti	11.92
2 Buchanan, Kristina	21 Illawong & D	13.49
3 Pembroke, Caroline	22 University o	14.16
4 Simpson, Meagan	21 Campbelltown	14.27
5 Maynard, Jenna	20 Illawong & D	15.38
Section 2 Wind: 1.4		
1 Everett, Jasmine	18 Illawong & D	12.12
1 Robson, Renee	31 Bankstown Sp	12.12
3 Kanard, Briony	21 U.T.S. North	12.39
4 Paull, Kerryn	23 Bankstown Sp	13.15
5 Cotterill, Danielle	28 U.T.S. North	13.87

Women 400 metre Open

Name	Age Team	Finals
Section 1		
1 Tauro, Olivia	19 Hills Distri	54.70
2 Salmon, Sarah	22 Bankstown Sp	1:00.84
3 Kanard, Briony	21 U.T.S. North	1:02.47
4 Cotterill, Danielle	28 U.T.S. North	1:04.53
5 Wear, Natalie	21 Illawong & D	1:04.70
6 Teh, Samantha	20 Westfields A	1:05.21
7 Simpson, Meagan	21 Campbelltown	1:05.95

Women 1500 metre Open

Name	Age Team	Finals
1 Gibbs, Rebecca	29 U.T.S. North	4:55.24
2 Hay, Lauren	28 Sutherland D	5:04.26

Women 4x100 metre Relay Open

Team	Finals
1 Illawong & Districts Senior At 'A'	49.49
2 Illawong & Districts Senior At 'B'	53.90

Women Long Jump Open

Name	Age Team	Finals	Wind
Group 1			
1 Cotterill, Danielle	28 U.T.S. North	4.95m	NWI
2 Hulme, Samantha	15 U.T.S. North	4.73m	NWI
3 Pembroke, Caroline	22 University o	4.27m	NWI
4 Maynard, Jenna	20 Illawong & D	3.90m	NWI

Women Shot Put Open

Name	Age	Team	Finals
1 Brotherton, Jane	25	Bankstown Sp	11.32m
2 Fisher, Jessica	26	Hills Distri	10.88m
3 Cotterill, Danielle	28	U.T.S. North	8.74m
4 Maynard, Jenna	20	Illawong & D	8.19m

Women Discus Throw Open

Name	Age	Team	Finals
1 Dickson, Sharyn	25	Westfields A	40.05m
2 Maynard, Jenna	20	Illawong & D	29.88m
3 Cotterill, Danielle	28	U.T.S. North	18.84m

Women 100 metre 35+

Name	Age	Team	Finals
Section 1 Wind: 1.9			
1 Strong, Kylie	42	Illawong & D	12.50
2 Forster, Julie	48	Randwick Bot	13.13
3 Moar, Bronwyn	35	Illawong & D	13.99

Women 400 metre 35+

Name	Age	Team	Finals
Section 1			
1 Forster, Julie	48	Randwick Bot	1:02.81
2 Kermond, Catherine	42	Campbelltown	1:03.03

Women 1500 metre 35+

Name	Age	Team	Finals
1 Newsome, Nancy	44	Athletics Ea	5:04.28

Women Long Jump 35+

Name	Age	Team	Finals	Wind
Group 1				
1 Strong, Kylie	42	Illawong & D	4.98m	NWI
2 Mountfield, Pam	44	U.T.S. North	3.41m	NWI

Women Shot Put 35+

Name	Age	Team	Finals
1 Mountfield, Pam	44	U.T.S. North	9.66m
2 Moar, Bronwyn	35	Illawong & D	8.90m

Women Discus Throw 35+

Name	Age	Team	Finals
1 Mountfield, Pam	44	U.T.S. North	35.37m
2 Moar, Bronwyn	35	Illawong & D	22.67m
3 Strong, Kylie	42	Illawong & D	18.46m

Women 100 metre 50+

Name	Age Team	Finals
Section 1 Wind: 1.9		
1 Cubban, Ellena	52 Epping Distr	15.54

Women Shot Put 50+

Name	Age Team	Finals
Group 1		
1 Cubban, Ellena	52 Epping Distr	7.86m

Women Discus Throw 50+

Name	Age Team	Finals
1 Cubban, Ellena	52 Epping Distr	19.95m

Women 90 metre Hurdles 0.762m All Ages

Name	Age Team	Finals
Section 1 Wind: 0.9		
1 Parr, Ashleigh	15 Trinity-PLC	14.33
2 McDonald, Sarah	14 Bankstown Sp	17.84

Women 100 metre Hurdles 0.762m All Ages

Name	Age Team	Finals
Section 1 Wind: -0.6		
1 Scott, Talissa	16 Illawarra Bl	14.69
2 Richardson, Danielle	17 Illawong & D	16.67

Women 100 metre Hurdles 0.840m All Ages

Name	Age Team	Finals
1 Fry, Jacqui	18 Bankstown Sp	15.78
2 Cotterill, Danielle	28 U.T.S. North	17.63
3 Ockert, Candice	18 Bankstown Sp	17.87
-- Paull, Kerry	23 Bankstown Sp	DNF

Men 100 metre Under 17

Name	Age Team	Finals
Section 1 Wind: 4.1		
1 Elkout, Abdel	15 Bankstown Sp	11.31
2 O'Brien, Shintaro	15 Illawong & D	11.47
3 Langtry, Blake	15 Campbelltown	11.72
4 Ockert, George	16 Bankstown Sp	11.77
5 Stein, Jake	15 Asics Wests	11.88
6 Agyemang, Godfred	13 Bankstown Sp	12.13
7 Clarke, Jack	16 Bankstown Sp	12.18
Section 2 Wind: 0.8		
1 Forrester, Ryan	16 Bankstown Sp	11.90
2 Ambrose, Benjamin	15 Sydney Pacif	12.08
3 Ellwood-Hall, Edward	14 Sydney Pacif	12.64

4 Sadut, Hammid	16 Hills Distri	12.70
5 Kumar, Crishna	15 Bankstown Sp	12.76
6 MacLaughlan, Edward	15 Trinity-PLC	12.77
7 Kumar, Esvara	13 Bankstown Sp	13.30
8 Halmy, Adam	12 Sydney Pacif	14.37

Men 400 metre Under 17

Name	Age Team	Finals
Section 1		
1 Goldberg, Joshua	15 Trinity-PLC	54.81
2 Cheng, Daniel	15 Trinity-PLC	55.59
3 Mrdalj, Sinisa	16 Bankstown Sp	57.01
4 MacLaughlan, Edward	15 Trinity-PLC	59.96
5 Vidler, Maine	13 Cherrybrook	1:03.40
6 Halmy, Adam	12 Sydney Pacif	1:05.08
7 Elkout, Abdel	15 Bankstown Sp	1:05.11

Men 1500 metre Under 17

Name	Age Team	Finals
1 Coles-Sinclair, Bryce	15 Illawong & D	4:23.24
2 Menday, Toby	14 Cherrybrook	4:31.86
3 MacDonald, Kyle	16 Bankstown Sp	4:44.63
4 Bozic, Nikola	12 Bankstown Sp	5:22.36

Men Long Jump Under 17

Name	Age Team	Finals	Wind
Group 1			
1 Jenner, Kurt	16 Westfields A	7.04m	NWI
2 Soliman, Thomas	16 Blacktown Ci	6.99m	NWI
3 Stein, Jake	15 Asics Wests	6.59m	NWI
4 Strauts, Markus	15 Bankstown Sp	6.20m	NWI
5 Ockert, George	16 Bankstown Sp	5.88m	NWI
6 Agyemang, Godfred	13 Bankstown Sp	5.06m	NWI
7 Sadut, Hammid	16 Hills Distri	4.90m	NWI
8 Kumar, Crishna	15 Bankstown Sp	4.72m	NWI
9 Kumar, Esvara	13 Bankstown Sp	4.66m	NWI
10 Stein, Rhys	13 Asics Wests	4.46m	NWI

Men Shot Put Under 17

Name	Age Team	Finals
1 Stein, Jake	15 Asics Wests	15.85m
2 Taylor, Michael	14 Westfields A	14.66m
3 Mountfort, Matthew	16 U.T.S. North	13.27m
4 Stein, Rhys	13 Asics Wests	9.59m

Men Discus Throw Under 17

Name	Age Team	Finals
1 Stein, Jake	15 Asics Wests	54.05m
2 Probert, Matthew	15 Macquarie Hu	48.86m
3 Taylor, Michael	14 Westfields A	46.01m
4 Mountfort, Matthew	16 U.T.S. North	39.26m

5 Stein, Rhys 13 Asics Wests 31.62m

Men 100 metre Under 20

Name	Age	Team	Finals
Section 1 Wind: 0.7			
1 Geddes, Jarrod	15	Illawong & D	11.13
2 Ilett, Ryan	17	Illawong & D	11.22
3 Lynch, Jake	18	Sydney Pacif	11.30
4 Jenner, Kurt	16	Westfields A	11.46
5 Neville, Andrew	17	Westfields A	11.51
6 Sharne, Bradley	17	Westfields A	11.60
Section 2 Wind: 0.5			
1 Jay, Joshua	14	Bankstown Sp	11.33
2 Merza, George	18	Bankstown Sp	11.73
3 Scott, Dale	18	Sutherland D	11.88
4 Egan, Daniel	18	Trinity-PLC	11.92
5 Wrigley, George	17	Illawong & D	13.51

Men 400 metre Under 20

Name	Age	Team	Finals
Section 1			
1 Peters, Todd	17	St. George D	55.82

Men 1500 metre Under 20

Name	Age	Team	Finals
1 Nagy, James	19	Sutherland D	5:03.15

Men Long Jump Under 20

Name	Age	Team	Finals	Wind
Group 1				
1 Egan, Daniel	18	Trinity-PLC	6.65m	NWI
2 Sharne, Bradley	17	Westfields A	6.25m	NWI

Men Shot Put Under 20

Name	Age	Team	Finals
1 Jacobs, Matthew	18	Bankstown Sp	9.54m
2 Hotham, Daniel	18	Bankstown Sp	9.04m
3 Timson, Christopher	18	Bankstown Sp	6.95m

Men Discus Throw Under 20

Name	Age	Team	Finals
1 Hotham, Daniel	18	Bankstown Sp	32.21m
2 Jacobs, Matthew	18	Bankstown Sp	25.68m
3 Timson, Christopher	18	Bankstown Sp	20.04m

Men 100 metre Open

Name	Age	Team	Finals
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Section 1		Wind: 3.2	
1	Fakiye, Patrick	18	Sutherland D 10.38
2	Hammond, Jake	18	Illawong & D 10.40
3	Gunasinghe, Ruwan	17	Campbelltown 10.73
4	Mitchell, Henry	23	U.T.S. North 10.74
5	Keita, Bangalie	23	Unattached 10.78
6	Hough, Nicholas	16	Hills Distri 10.81
7	Baskin, Robbie	20	University o 10.84
8	Eyears, Gregory	28	Bankstown Sp 10.95
Section 2		Wind: 0.7	
1	Howard, Mark	24	Sydney Pacif 11.12
1	Dunne, Michael	26	Bankstown Sp 11.12
3	Pirie, Andrew	25	University o 11.34
4	Bligh, Andrew	20	University o 11.40
5	Wiles, Nick	24	Sydney Pacif 11.45
6	Mascord, Jon	29	Athletics Ea 11.69
7	Barber, Michael	23	Hills Distri 11.76
--	Spliadis, Billy	25	Bankstown Sp DQ
Section 3		Wind: 4.9	
1	McIntyre, Robert	18	Sydney Pacif 11.47
2	Muller, David	24	Sydney Pacif 11.59
3	Gett, Matthew	24	Sydney Pacif 11.79
4	Turner, Dean	32	Campbelltown 12.02
5	White, Matthew	21	Trinity-PLC 12.31
6	Crane, Lucas	19	Illawong & D 12.56
7	Muhlbock, Craig	25	Illawong & D 12.73
8	Dimitrakopoulos, Con	37	Blacktown Ci 13.06

Men 400 metre Open

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Name	Age	Team	Finals
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Section 1			
1	Lynch, Matt	23	Mingara Athl 46.61
2	Milburn, Joel	23	Asics Wests 46.78
3	Brandwood, Danny	27	Sydney Pacif 47.57
4	Gurr, James	26	U.T.S. North 48.86
5	Roff, James	23	Randwick Bot 49.19
6	Mitchell, Henry	23	U.T.S. North 49.76
7	Bradcock, Mark	28	University o 49.78
Section 2			
1	Howell, Andrew	25	University o 49.88
2	Duncan, Morgan	22	University o 49.95
3	Haggie, Richard	23	Westfields A 50.22
4	Pirie, Andrew	25	University o 52.19
5	Dwyer, Liam	16	Randwick Bot 52.36
6	Bligh, Andrew	20	University o 55.61
7	Merza, George	18	Bankstown Sp 59.29
Section 3			
1	McIntyre, Robert	18	Sydney Pacif 50.39
2	Abdullah, Ozner	16	Illawong & D 52.47
3	Douch, Tom	22	Illawong & D 53.23
4	Muller, David	24	Sydney Pacif 53.47
5	Spratt, Philip	16	Illawong & D 54.48
6	Scott, Dale	18	Sutherland D 55.96
7	Ali, Isaq	22	St. George D 56.34

Men 1500 metre Open

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Name	Age	Team	Finals
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Section 1

1	Wakefield, Todd	18	Campbelltown	3:58.83
2	Jones, Henry	17	Hills Distri	4:03.25
3	Torok, Francis	17	Randwick Bot	4:13.02
4	Harrison, Jason	19	Parramatta C	4:16.89
5	Cox, Matthew	19	Bankstown Sp	4:19.46
6	Rea, Zachary	16	Randwick Bot	4:22.15
7	Marciano, Daniel	24	Bankstown Sp	4:30.10
8	Terranova, Daniel	15	Parramatta C	4:34.67
9	Hirano, Daisuke (Dais)	32	Ryde Athleti	4:36.01
10	Briscoe, Kieran	15	U.T.S. North	4:40.11
--	White, Matthew	21	Trinity-PLC	DNF

Men 4x100 metre Relay Open

Team	Finals
1 Illawong & Districts Senior At 'A'	44.17
2 University of New South Wales 'A'	46.27
3 U.T.S. Northern Suburbs Athlet 'A'	48.72
4 Illawong & Districts Senior At 'C'	51.56
5 Illawong & Districts Senior At 'B'	56.48

Men Long Jump Open

Name	Age Team	Finals	Wind
Group 1			
1 Howard, Mark	24 Sydney Pacif	7.21m	NWI
2 Wiles, Nick	24 Sydney Pacif	6.75m	NWI
3 Baskin, Robbie	20 University o	6.70m	NWI
4 Turner, Dean	32 Campbelltown	6.01m	NWI
5 Barber, Michael	23 Hills Distri	5.91m	NWI
6 White, Matthew	21 Trinity-PLC	4.65m	NWI
7 Stark, Michael	27 U.T.S. North	4.44m	NWI
8 Jones, Warren	29 U.T.S. North	3.78m	NWI

Men Shot Put Open

Name	Age Team	Finals
1 Fuamatu, Emmanuele	20 Bankstown Sp	16.98m
2 Barber, Michael	23 Hills Distri	12.46m
3 Muscat, Jamie	33 Illawong & D	12.35m
4 Murray, David	23 Macquarie Hu	12.23m
5 Stark, Michael	27 U.T.S. North	9.91m
6 Patton, Declan	25 U.T.S. North	9.62m
7 Jones, Warren	29 U.T.S. North	9.46m

Men Discus Throw Open

Name	Age Team	Finals
1 Loveridge, Shane	19 Illawong & D	46.87m
2 Murray, David	23 Macquarie Hu	43.64m
3 Probst, Jorg	40 Hills Distri	42.49m
4 Barber, Michael	23 Hills Distri	38.25m
5 Muscat, Jamie	33 Illawong & D	36.66m
6 Stark, Michael	27 U.T.S. North	31.02m
7 Jones, Warren	29 U.T.S. North	29.21m
8 Patton, Declan	25 U.T.S. North	26.64m

Men 100 metre 35+

Name	Age	Team	Finals
Section 1 Wind: 2.0			
1 Wardecki, Krzysztof	41	Sydney Pacif	11.82
2 Murray, Peter	49	Nsw Masters	12.33
3 mcgrath, tim	47	U.T.S. North	12.92
4 Brady, John	46	Illawong & D	13.19
5 Pirie, Brian	49	Bankstown Sp	13.25
6 Mason, Robert	44	Asics Wests	14.12

Men 400 metre 35+

Name	Age	Team	Finals
Section 1			
1 Murray, Peter	49	Nsw Masters	58.20
2 Brady, John	46	Illawong & D	1:03.84
3 Pirie, Brian	49	Bankstown Sp	1:08.52
4 Mason, Robert	44	Asics Wests	1:08.86
5 Delaney, Michael	40	Randwick Bot	1:10.15

Men 1500 metre 35+

Name	Age	Team	Finals
1 Scott, David	42	Sutherland D	5:05.41
2 Shaw, Johnathon	47	Sutherland D	5:10.23
3 Cozijnsen, Ronald	47	Sutherland D	5:27.31

Men Long Jump 35+

Name	Age	Team	Finals	Wind
Group 1				
1 Wardecki, Krzysztof	41	Sydney Pacif	5.51m	NWI
2 mcgrath, tim	47	U.T.S. North	5.09m	NWI
3 Mason, Robert	44	Asics Wests	3.28m	NWI

Men Discus Throw 35+

Name	Age	Team	Finals
1 Smith, Jordan	19	U.T.S. North	32.13m
2 mcgrath, tim	47	U.T.S. North	3.85m

Men 100 metre 50+

Name	Age	Team	Finals
Section 1 Wind: 2.0			
1 Cepak, Mark	50	U.T.S. North	14.63

Men 400 metre 50+

Name	Age	Team	Finals
Section 1			
1 Bareiss, Marco	50	Illawong & D	1:03.58

2 Barrett, Doug	57 U.T.S. North	1:11.83
3 Wrigley, Walter	52 Illawong & D	1:13.72
4 Cepak, Mark	50 U.T.S. North	1:18.52

Men 1500 metre 50+

Name	Age Team	Finals
1 Delaney, Kim	53 St. George D	4:48.75
2 Bareiss, Marco	50 Illawong & D	5:00.33
3 Terranova, Nicholas	52 Hills Distri	5:23.82
4 Barrett, Doug	57 U.T.S. North	5:41.21

Men Long Jump 50+

Name	Age Team	Finals	Wind
Group 1			
1 Cepak, Mark	50 U.T.S. North	4.20m	NWI

Men Shot Put 50+

Name	Age Team	Finals
1 Cepak, Mark	50 U.T.S. North	9.56m
2 Douglas, Peter	55 U.T.S. North	6.92m

Men Discus Throw 50+

Name	Age Team	Finals
1 Cepak, Mark	50 U.T.S. North	29.27m
2 Douglas, Peter	55 U.T.S. North	23.49m
3 Barrett, Doug	57 U.T.S. North	21.12m
4 Douglas, Ross	55 U.T.S. North	19.68m

Men 90 metre Hurdles 0.762m All Ages

Name	Age Team	Finals
Section 1 Wind: 0.9		
1 Stein, Rhys	13 Asics Wests	15.53

Men 110 metre Hurdles 1.067m All Ages

Name	Age Team	Finals
Section 2 Wind: 2.6		
1 Eyears, Gregory	28 Bankstown Sp	14.16
2 Barry, Graeme	29 Sydney Pacif	15.19
3 Barber, Michael	23 Hills Distri	17.12

Men 110 metre Hurdles 0.914m All Ages

Name	Age Team	Finals
Section 1 Wind: 0.8		
1 Hough, Nicholas	16 Hills Distri	13.86
2 Starc, Brandon	16 Parramatta C	15.62

Men 110 metre Hurdles 0.991m All Ages

Name	Age	Team	Finals
1 mcgrath, tim	47	U.T.S. North	21.06
2 White, Matthew	21	Trinity-PLC	21.15
3 Wrigley, George	17	Illawong & D	22.66