













































Shellharbour parkrun # 126 - 19/11/2016


Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Mick LOEHR	19:00	SM30-34	68.07 %	M	1	Newcastle Flyers	First Timer!	74
2	James WILSON	19:09	VM35-39	69.71 %	M	2	Kembla Joggers AC	New PB!	64
3	Merrick LAW	20:35	SM25-29	62.67 %	M	3	RunningWorks	PB stays at 00:18:53	115
4	Aaron MURPHY	20:53	SM30-34	62.09 %	M	4		PB stays at 00:19:09	29
5	Oliver SPAKE	21:05	SM30-34	61.90 %	M	5		PB stays at 00:20:07	124
6	Pete PARKINSON	21:24	VM50-54	70.02 %	M	6		PB stays at 00:20:26	72
7	Dean BOYTON	21:31	VM45-49	65.92 %	M	7	Kembla Joggers AC	PB stays at 00:20:37	184
8	John MINTOFF	21:36	VM45-49	66.67 %	M	8	Kembla Joggers AC	PB stays at 00:20:09	140
9	Unknown								
10	Jade BRANDT	21:41	SW20-24	68.26 %	F	1		First Timer!	159
11	Ray HOBSON	21:44	VM50-54	68.40 %	M	10		PB stays at 00:21:08	140
12	John TILDEN	21:49	SM20-24	59.13 %	M	11		PB stays at 00:20:57	18
13	Peter KIDD	21:59	VM50-54	69.29 %	M	12	Athletics Wollongong	PB stays at 00:21:05	94
14	Nathanael HUDSON	22:07	SM30-34	59.01 %	M	13		New PB!	8
15	Dean NEALON	22:33	SM25-29	57.21 %	M	14		First Timer!	2
16	Peter BERRY	22:39	VM40-44	60.71 %	M	15	Kembla Joggers AC	PB stays at 00:20:22	26
17	Andrew DYER	22:42	SM25-29	56.83 %	M	16		PB stays at 00:22:35	48
18	Dylan GRIFFITHS	22:44	JM10	69.43 %	M	17		New PB!	79
19	Craig SAKEY	23:22	VM55-59	65.76 %	M	18	Kembla Joggers AC	PB stays at 00:21:14	120
20	Ian GOULDING	23:29	VM50-54	63.80 %	M	19	Birtley AC	First Timer!	223
21	Mick GOODHEW	23:32	VM45-49	61.19 %	M	20		PB stays at 00:22:34	34
22	Shane SZAKACS	23:39	VM40-44	58.14 %	M	21	Kembla Joggers AC	PB stays at 00:22:49	65
23	Barry JONES	23:46	VM40-44	57.85 %	M	22		PB stays at 00:22:15	41
24	Derek EDWARDS	23:49	VM50-54	62.91 %	M	23	Nowra Athletics Club	PB stays at 00:22:54	92

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
25	Jacob PRINCE	23:53	SM20-24	54.01 %	M	24		PB stays at 00:21:42	50 
26	Paul MILLER	24:02	VM35-39	55.96 %	M	25		New PB!	53 
27	Rick PATZOLD	24:06	VM50-54	61.69 %	M	26		PB stays at 00:22:48	69 
28	Tim MCLEOD	24:07	VM45-49	60.19 %	M	27		PB stays at 00:21:59	46
29	Robert SCIBERRAS	24:08	VM50-54	63.12 %	M	28	Kembla Joggers AC	PB stays at 00:22:23	136  
30	Gordon NOLAN	24:26	VM40-44	57.16 %	M	29		New PB!	35
31	Gary GRIFFITHS	24:33	VM35-39	54.04 %	M	30		PB stays at 00:22:56	70 
32	Adam BOSEVSKI	24:34	JM11-14	62.28 %	M	31		PB stays at 00:23:50	34 
33	Mick JEFFREY	24:34	VM55-59	63.64 %	M	32		First Timer!	137 
34	Liam PASS	24:40	JM11-14	57.50 %	M	33	Kembla Joggers AC	PB stays at 00:19:04	43 
35	Byron VINKOVIC	24:42	JM11-14	57.42 %	M	34		New PB!	64 
36	Witold KRAJEWSKI	24:47	VM65-69	68.93 %	M	35	Kembla Joggers AC	PB stays at 00:21:03	156 
37	Luis GONCALVES	24:48	VM40-44	56.32 %	M	36		PB stays at 00:22:08	87 
38	Kerry HOLLAND	24:50	VM60-64	64.56 %	M	37		PB stays at 00:22:27	120 
39	Melissa BROTHERSON-CLARKE	25:22	VW35-39	59.13 %	F	2	Derek Zoolander Centre for Kids Who Can't Run Good	PB stays at 00:23:14	76 
40	Peter PIKE	25:26	VM50-54	58.45 %	M	38		PB stays at 00:22:50	87  
41	Aaron PEPPER	25:27	SM30-34	50.95 %	M	39		PB stays at 00:22:13	61 
42	Stephen MAYO	25:33	VM35-39	52.64 %	M	40		PB stays at 00:24:32	8
43	Karon LARDER	25:36	VW50-54	66.28 %	F	3		PB stays at 00:24:10	48
44	Aaron MAYO	25:39	JM11-14	55.30 %	M	41		New PB!	7
45	Peter MASKIELL	25:41	VM65-69	66.52 %	M	42	Illawong & Districts Senior Athletics	PB stays at 00:23:59	160 
46	Mitchell FORMOSA	25:47	SM25-29	50.10 %	M	43		PB stays at 00:23:37	22
47	Sue DAVIES	25:50	VW55-59	72.00 %	F	4		PB stays at 00:24:04	107   
48	Andrew KRAJEWSKI	25:58	VM70-74	67.91 %	M	44	Kembla Joggers AC	PB stays at 00:24:14	85 
49	Patricia O'DEA	26:00	VW55-59	72.56 %	F	5	Kembla Joggers AC	PB stays at 00:24:01	112 
50	Tan BOURNE	26:11	VM55-59	59.71 %	M	45		PB stays at 00:23:34	133 










Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
51	Peter DALLEY	26:22	VM45-49	54.61 %	M	46		PB stays at 00:24:21	179 
52	Paul DICKSON	26:56	VM45-49	53.90 %	M	47		PB stays at 00:23:07	18
53	Dimitri SEMOS	27:06	JM11-14	52.34 %	M	48		PB stays at 00:24:50	61 
54	Kristin NISBET	27:21	VW35-39	54.66 %	F	6		New PB!	4
55	Reggie KESSELL	27:27	JM15-17	50.70 %	M	49		PB stays at 00:24:39	33 
56	Nathan GUNDLACH	27:27	SM25-29	46.99 %	M	50		PB stays at 00:20:57	88  
57	Unknown								
58	Unknown								
59	Unknown								
60	Jacques BECKERS	27:54	VM35-39	48.57 %	M	54	Springfield Runners Group	PB stays at 00:26:50	113 
61	Darcy ALEXANDER	28:02	SM20-24	46.20 %	M	55		PB stays at 00:24:05	32
62	Dean JOHN	28:07	VM55-59	54.65 %	M	56		PB stays at 00:27:06	136 
63	Gwynne MURKIN	28:12	VM55-59	54.49 %	M	57		PB stays at 00:25:50	28
64	Joshua QUINNELL	28:19	JM11-14	54.03 %	M	58		PB stays at 00:26:35	21 
65	Shane HARVEY	28:20	SM20-24	45.53 %	M	59		First Timer!	3
66	Nathan GINGER	28:28	SM30-34	45.67 %	M	60		PB stays at 00:22:22	78 
67	Sherrie VINKOVIC	28:31	VW40-44	53.65 %	F	7		PB stays at 00:27:26	89 
68	Randall ALEXANDER	28:33	VM45-49	50.03 %	M	61	The Running Movement	PB stays at 00:24:21	93  
69	Clare WATSON	28:35	SM25-29	45.13 %	F	62		First Timer!	2
70	Tayissa BUCHANAN	28:46	JW10	59.33 %	F	8	Kembla Joggers AC	New PB!	11 
71	Taya BECKERS	28:47	JW11-14	56.57 %	F	9	Springfield Runners Group	PB stays at 00:25:11	120 
72	Courtney MCVEIGH	29:09	SW20-24	50.77 %	F	10		First Timer!	18
73	Megan POWELL	29:12	SW25-29	50.68 %	F	11		PB stays at 00:26:38	126 
74	Merike HARVEY	29:17	VW45-49	55.32 %	F	12		PB stays at 00:27:11	93 
75	Peter GUNDLACH	29:25	VM55-59	52.69 %	M	63		PB stays at 00:28:13	85 
76	Chris BOSEVSKI	29:31	JM10	53.47 %	M	64		PB stays at 00:25:27	51 
77	Vera BOSEVSKI	29:33	VW40-44	52.85 %	F	13		PB stays at 00:26:41	108 
78	Kevin SMITH	29:38	VM45-49	48.99 %	M	65		PB stays at 00:27:29	107 

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
79	Linda BRANDT	29:41	VW50-54	59.40 %	F	14	Twin Towns Services Runners and Walkers Club.	First Timer!	217  
80	Melissa IRISH	29:45	VW40-44	52.49 %	F	15		PB stays at 00:29:14	57 
81	Therese CAMPBELL	29:50	VW55-59	60.67 %	F	16		PB stays at 00:28:07	111 
82	Macklin DRYSDALE	30:02	JM11-14	49.50 %	M	66		PB stays at 00:27:49	9
83	Max DELLER	30:05	JM11-14	50.86 %	M	67		PB stays at 00:22:25	78 
84	Erica STOCKER	30:18	VW50-54	55.34 %	F	17		PB stays at 00:28:02	74 
85	Unknown								
86	Julie WELLS	30:40	VW55-59	58.26 %	F	18		PB stays at 00:27:41	91 
87	Seth NISBET	30:46	JM11-14	48.32 %	M	69		PB stays at 00:29:26	2
88	Steven CURRIE	30:46	VM40-44	45.72 %	M	70		New PB!	17
89	Karan JORGENSEN	30:47	VW45-49	52.08 %	F	19		PB stays at 00:27:09	44
90	Jaimen DRYSDALE	31:03	JM11-14	47.88 %	M	71		PB stays at 00:27:34	12 
91	Paul ZAMMIT	31:12	SM30-34	41.45 %	M	72		PB stays at 00:25:35	24
92	Jemaica LARDER	31:14	SW20-24	47.39 %	F	20		New PB!	15
93	Yensina NORMAN	31:15	VW40-44	50.35 %	F	21		PB stays at 00:28:07	62 
94	Unknown								
95	Amy ZAMMIT	31:26	SW30-34	47.08 %	F	22		PB stays at 00:29:05	11
96	David WALKER	31:29	VM40-44	44.36 %	M	74		PB stays at 00:28:54	33
97	Donna REID	31:35	VW45-49	51.29 %	F	23		PB stays at 00:29:15	83 
98	Kat ZELVIS	31:38	SW30-34	46.84 %	F	24		First Timer!	3
99	Kerry GOOD	31:39	VW55-59	59.61 %	F	25		PB stays at 00:28:36	70 
100	Liam SPILLANE	31:50	JM11-14	45.55 %	M	75		PB stays at 00:23:40	91 
101	Lara NISBET	32:09	JW11-14	50.65 %	F	26		New PB!	2
102	Regina PASS	32:10	VW45-49	49.84 %	F	27		PB stays at 00:27:52	47
103	Kellie MURRAY	32:24	SW25-29	45.68 %	F	28		PB stays at 00:26:56	142   
104	Tori FUNNELL	32:24	VW35-39	46.45 %	F	29	Running Mums Australia	PB stays at 00:27:23	83 
105	Michelle NICOL	32:29	VW35-39	46.33 %	F	30		PB stays at 00:28:57	52 

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
106	Claudia GAMBIN	32:30	VW40-44	48.05 %	F	31	SQUADRUN	PB stays at 00:28:05	45 
107	Craig BATTY	32:31	VM40-44	42.95 %	M	76		PB stays at 00:27:45	125 
108	Caitlin EMMERICH	32:36	SW20-24	45.40 %	F	32		PB stays at 00:26:45	86 
109	Alira MAYO	32:44	JW10	53.62 %	F	33		PB stays at 00:29:32	9
110	Sarah MAYO	32:56	VW35-39	45.39 %	F	34		PB stays at 00:29:30	7
111	Kimberley SMITH	33:00	JW11-14	49.34 %	F	35		PB stays at 00:28:22	26 
112	Billy KRSTEVSKI	33:00	VW35-39	45.86 %	F	36		PB stays at 00:33:00	5
113	Isabella PERGOLITI	33:04	JW15-17	46.88 %	F	37		PB stays at 00:31:24	11 
114	Isobel CURRIE	33:07	JW11-14	49.17 %	F	38		PB stays at 00:30:10	7
115	Michelle GENTLES	33:11	VW45-49	49.32 %	F	39		PB stays at 00:28:08	48
116	Abby SPICER	33:20	JW11-14	48.85 %	F	40		PB stays at 00:28:54	39 
117	Jon SPICER	33:20	VM45-49	42.85 %	M	77		PB stays at 00:27:09	41
118	Joanne ALEXANDER	33:30	VW45-49	47.41 %	F	41	The Running Movement	PB stays at 00:30:42	160   
119	Melissa THOMPSON	33:36	VW35-39	45.24 %	F	42		PB stays at 00:28:47	41
120	Steve CAMPBELL	33:49	VM50-54	44.31 %	M	78		PB stays at 00:29:47	61 
121	Isaac LIM	34:14	JM11-14	43.43 %	M	79		New PB!	8
122	Lee WRIGHT	34:19	SW30-34	43.42 %	F	43		PB stays at 00:30:59	93 
123	Grant STEVENS	34:25	VM50-54	43.92 %	M	80		PB stays at 00:33:09	22
124	Elvis VINKOVIC	34:26	VM45-49	41.48 %	M	81		PB stays at 00:32:02	49
125	Andy PARKINSON	34:28	VM50-54	43.13 %	M	82		PB stays at 00:25:32	70 
126	Alasdair CURRIE	34:34	JM11-14	41.95 %	M	83		First Timer!	7
127	Rebecca HAWKE	34:41	VW45-49	45.80 %	F	44		First Timer!	11
128	Jacqueline JAMES	34:43	VW40-44	45.32 %	F	45	Derek Zoolander Centre for Kids Who Can't Run Good	PB stays at 00:34:02	6
129	Lyn BAIRD	34:58	VW50-54	47.95 %	F	46	Running Mums Australia	PB stays at 00:32:59	111   
130	Rosy MILNES	34:58	VW35-39	43.47 %	F	47		New PB!	33
131	Corinn GINGER	35:04	SW30-34	42.30 %	F	48		New PB!	92  

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
132	Michelle QUINNELL	35:05	VW35-39	43.14 %	F	49		PB stays at 00:33:09	18
133	Leanne ARKOSHY	35:07	VW50-54	47.75 %	F	50		First Timer!	24
134	Hanna MITCHELL	35:39	JW15-17	43.48 %	F	51		PB stays at 00:31:25	110  
135	Callum SPILLANE	35:42	JM10	44.21 %	M	84		PB stays at 00:26:42	81 
136	Rosalind MASKIELL	35:51	VW60-64	53.37 %	F	52	Illawong & Districts Senior Athletics	PB stays at 00:31:41	129  
137	Poppy TAYLOR	35:56	JW10	48.84 %	F	53		PB stays at 00:30:16	37 
138	Jessica WEEKES	36:07	SW20-24	40.98 %	F	54		PB stays at 00:33:51	87 
139	Michelle T WEEKES	36:11	VW50-54	47.49 %	F	55		PB stays at 00:30:14	89 
140	Suzan LINDSEY	36:35	VW45-49	43.83 %	F	56		New PB!	7
141	Deborah FENTON	36:35	VW45-49	45.28 %	F	57		New PB!	4
142	Luke TAYLOR	36:45	JM10	46.30 %	M	85		PB stays at 00:30:19	39 
143	Leslie BROOKS	36:46	VM65-69	46.06 %	M	86		PB stays at 00:34:01	20
144	Megan TAYLOR	36:50	VW35-39	41.27 %	F	58		PB stays at 00:30:28	38
145	Corey GENTLE	36:52	JM11-14	40.33 %	M	87	St George District Athletic Club	New PB!	18 
146	Saxon VINKOVIC	37:15	JM11-14	39.91 %	M	88		PB stays at 00:31:44	69 
147	Tracy MINTOFF	37:23	VW45-49	42.49 %	F	59	Kembla Joggers AC	PB stays at 00:32:42	140  
148	Erin LESTER	37:29	SW25-29	39.48 %	F	60		PB stays at 00:32:17	71 
149	James PORTEOUS	37:30	SM25-29	34.40 %	M	89	Kembla Joggers AC	PB stays at 00:23:51	33
150	Margaret POWELL	37:44	VW40-44	41.70 %	F	61		PB stays at 00:37:19	17
151	Unknown								
152	Diana HARVEY	37:53	VW50-54	46.55 %	F	62		PB stays at 00:35:48	16
153	Kyra TURNER	37:56	JW11-14	42.93 %	F	63		PB stays at 00:26:15	29  
154	Emma PEACHMAN	37:58	SW30-34	39.03 %	F	64		New PB!	52 
155	Kylie GRIFFITHS	38:13	SW30-34	38.99 %	F	65		PB stays at 00:33:17	101 
156	Avril POUNDS	38:20	VW35-39	39.00 %	F	66	Running Mums Australia	PB stays at 00:37:15	153  
157	Tracey JONES	38:32	VW50-54	44.03 %	F	67		PB stays at 00:31:36	75 
158	Gaillyn COOPER	38:35	VW65-69	53.35 %	F	68		PB stays at 00:35:40	112  

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
159	Jordan BUCHANAN	38:36	JM11-14	36.74 %	M	91		New PB!	9
160	Michael GENTLE	39:15	VM45-49	36.39 %	M	92	St George District Athletic Club	New PB!	66 
161	Nicole WALKER	39:18	VM40-44	35.54 %	F	93		First Timer!	12
162	Blake EDGAR	39:49	SM20-24	32.73 %	M	94		First Timer!	1
163	Kalem HAWKE	39:50	JM10	42.72 %	M	95		PB stays at 00:26:28	18 
164	Cameron DALLEY	41:03	JM15-17	33.90 %	M	96		PB stays at 00:35:25	53 
165	Darcey KAST	41:12	JM10	38.31 %	M	97		First Timer!	3
166	Philip HOLLAND	41:16	VM45-49	34.61 %	M	98	Kembla Joggers AC	PB stays at 00:21:21	146 
167	Cooper TAYLOR	41:31	JM10	45.04 %	M	99		PB stays at 00:33:44	33 
168	Russell TAYLOR	41:32	VM35-39	32.62 %	M	100		PB stays at 00:23:05	47
169	Rebecca BUCHANAN	41:40	VW40-44	37.20 %	F	69		PB stays at 00:39:21	10
170	Melinda CARMICHAEL	41:42	VW40-44	37.17 %	F	70		PB stays at 00:38:40	9
171	Troy SMOLENAARS	41:55	VM40-44	33.04 %	M	101		PB stays at 00:35:57	43 
172	Debbie HOLLAND	42:31	VW45-49	38.10 %	F	71		PB stays at 00:27:01	98 
173	Hetty ALLEN	42:34	VW70-74	52.31 %	F	72		PB stays at 00:41:21	28
174	Gordon TURNER	42:44	VM65-69	40.80 %	M	102		PB stays at 00:28:04	206  
175	Unknown								
176	Unknown								
177	Anne KESSELL	59:59	VW50-54	27.95 %	F	73		PB stays at 00:35:57	88 
178	Ella CARMICHAEL	59:59	JW11-14	27.73 %	F	74		PB stays at 00:33:32	5
179	Meghan VINCENT	59:59	SW25-29	24.67 %	F	75		PB stays at 00:27:14	32
180	Unknown								
181	Elizabeth O'CALLAGHAN	59:59	VW50-54	28.29 %	F	76		PB stays at 00:40:37	67 
182	Jenny CHALKER	59:59	SW30-34	24.84 %	F	77		PB stays at 00:40:01	5
183	Unknown								
184	Suzanne ALEXANDER	59:59	VW50-54	28.29 %	F	78	Running Mums Australia	PB stays at 00:36:19	133  
185	Margaret LEWIS	59:59	VW55-59	30.59 %	F	79		PB stays at 00:38:58	149 
186	Rhonda CHURCHILL	59:59	VW50-54	29.04 %	F	80		PB stays at 00:38:57	101 

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187	Jess WRIGHT	59:59	SW20-24	24.67 %	F	81		First Timer!	1
188	Julie PARKINSON	59:59	VW50-54	28.29 %	F	82		PB stays at 00:44:05	55 
189	Conner BRADBURY	59:59	JM10	29.67 %	M	107		PB stays at 00:50:32	3
190	Lachlan BRADBURY	59:59	JM10	27.26 %	M	108		PB stays at 00:32:17	6
191	Ryan BRADBURY	59:59	VM35-39	22.42 %	M	109		PB stays at 00:32:16	8
192	Kima CURRIE	59:59	VW40-44	25.84 %	F	83		PB stays at 00:46:38	5
193	Hannah NEWTON	59:59	JW15-17	25.84 %	F	84		PB stays at 00:33:36	33  
194	Holly KEENAHAN	59:59	JW11-14	27.15 %	F	85		PB stays at 00:40:57	55  
195	Unknown								
196	Sue GONCALVES	59:59	VW40-44	26.04 %	F	86		PB stays at 00:41:09	28
197	Madeline GONCALVES	59:59	SW18-19	24.95 %	F	87		PB stays at 00:36:24	6
198	Cody CANNON	59:59	JM10	29.67 %	M	111		PB stays at 00:32:11	8
199	Wayne CANNON	59:59	VM45-49	24.20 %	M	112		PB stays at 00:24:46	12
200	Rebecca BRADBURY	59:59	VW35-39	25.34 %	F	88		First Timer!	2
201	Unknown								
202	Unknown								
203	Grace LIM	59:59	JW11-14	27.15 %	F	89		PB stays at 00:46:56	4
204	Kelly MINTOFF	59:59	JW11-14	26.62 %	F	90	Kembla Joggers AC	PB stays at 00:31:06	97  
205	Julie HOBSON	59:59	VW45-49	27.29 %	F	91		PB stays at 00:50:54	13
206	Liz UMPLEBY	59:59	VW45-49	27.62 %	F	92		PB stays at 00:54:18	10
207	Unknown								
208	Unknown								
209	Amanda DWYER	59:59	VW35-39	24.92 %	F	93		First Timer!	7
210	Layne BROWN	59:59	SM25-29	21.53 %	M	117		PB stays at 00:30:51	33 
211	Cameron MCINTYRE	59:59	JW10	31.29 %	F	94		PB stays at 00:40:00	30 
212	Sam MCINTYRE	59:59	VW35-39	25.01 %	F	95		PB stays at 00:31:00	60 
213	Gwen TIMMINS	59:59	VW75-79	41.15 %	F	96		New PB!	7
214	Sophie LONG	59:59	JW10	31.29 %	F	97		PB stays at 00:36:28	19 

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
215	Carolyn LONG	59:59	VW45-49	27.29 %	F	98	Running Mums Australia	PB stays at 00:24:39	117
216	Ruth BLAKE	59:59	VW45-49	27.01 %	F	99		PB stays at 00:41:58	35
217	Alannah BLAKE	59:59	JW11-14	27.15 %	F	100		PB stays at 00:29:25	29

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen: Suzanne ALEXANDER, Oriana ANASTAS, Alannah BLAKE, Ruth BLAKE, Cheryl EMMERICH, Jack KESSELL, Sophie LONG, Carolyn LONG, Kellie MURRAY, Craig NEALON, Amanda ROGERS, Veronika ROMANKIN-ARNDT, Robert SCIBERRAS, Brendan SCOLLARY, Em SCOLLARY, Oliver SPAKE, Jenny SPILLANE, Keiran SPILLANE, Adrian THORNTON, Kristie TURNER, Julie TURNER, Gaylia YOUNG

Why not [get involved and volunteer?](#)

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (V)eteran; the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
 - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouoffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218

Number of first finishers: 127

Average number of runners per week: 185.6

Average run time: 00:34:28

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)

Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)

Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)

Number of runners: 4,874

Number of clubs: 202

Average number of runs per runner: 8.3

Total hours run: 2Years 239Days 3Hrs 5Min 16Secs

Number of runs: 40,471

Number of PBs: 6,352

Biggest Attendance: 363

Total distance run: 202,355km

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Stats last updated : Fri 24 Aug 2018 00:48:34 UTC