

Shellharbour parkrun # 130 - 17/12/2016

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Nathan SCOLLARY	20:55	JM11-14	67.81 %	M	1	Kembla Joggers AC	PB stays at 00:18:44	41 
2	Marcel ZEVENBERGEN	21:01	VM40-44	65.90 %	M	2	Townsville Road Runners	First Timer!	145 
3	Andrew PROFKE	21:12	SM30-34	61.87 %	M	3		PB stays at 00:20:10	31
4	Llew SCOTT	21:27	VM35-39	62.24 %	M	4		First Timer!	14
5	Peter DAFFERN	21:32	VM40-44	65.33 %	M	5		New PB!	123 
6	Dean BOYTON	21:39	VM45-49	65.51 %	M	6	Kembla Joggers AC	PB stays at 00:20:37	184 
7	Fiona FORD	21:39	VW45-49	74.06 %	F	1	Ranelagh Harriers	First Timer!	17 
8	Chris LLEWELLYN	21:47	VM40-44	64.58 %	M	7		PB stays at 00:19:49	61 
9	Teresa MOXHAM	22:01	VW35-39	67.90 %	F	2	Kembla Joggers AC	PB stays at 00:20:24	141 
10	Darrin JAMES	22:26	VM50-54	66.27 %	M	8	Illawarra Blue Stars	PB stays at 00:20:51	44
11	Nikita ROMANKIN	22:36	JM11-14	64.16 %	M	9		PB stays at 00:19:51	57 
12	Craig SAKEY	22:43	VM55-59	67.64 %	M	10	Kembla Joggers AC	PB stays at 00:21:14	120 
13	Jonathan DAVIES	22:49	SM20-24	56.54 %	M	11		First Timer!	38 
14	Ethan DE JONG	22:53	JM11-14	61.98 %	M	12		PB stays at 00:21:40	30 
15	Russell HARVEY	22:58	VM50-54	65.24 %	M	13		PB stays at 00:22:08	61 
16	Dylan GRIFFITHS	23:19	JM10	67.69 %	M	14		PB stays at 00:21:34	79 
17	Gary GRIFFITHS	23:41	VM35-39	56.02 %	M	15		PB stays at 00:22:56	70 
18	Taliah MOXHAM	23:44	JW11-14	66.22 %	F	3	Kembla Joggers AC	PB stays at 00:21:00	69 
19	Kerry HOLLAND	23:47	VM60-64	67.41 %	M	16		PB stays at 00:22:27	120 
20	Ashley DAVIES	23:52	SW25-29	62.01 %	F	4	UP Coaching	First Timer!	15
21	Anthony PALERMO	23:53	VM40-44	58.48 %	M	17		New PB!	13
22	Darren SMITH	24:19	VM50-54	60.66 %	M	18		PB stays at 00:23:46	7
23	Dakota DARROW	24:32	SM18-19	54.35 %	M	19		New PB!	8
24	Rick PATZOLD	24:37	VM50-54	60.39 %	M	20		PB stays at 00:22:48	69 

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25	Ben HAYNES	24:52	VM40-44	56.17 %	M	21		D2F Bathurst	First Timer!	15
26	Phill CHAPMAN	25:01	VM60-64	64.09 %	M	22			PB stays at 00:22:25	177  
27	Adam BOSEVSKI	25:04	JM11-14	61.04 %	M	23			PB stays at 00:23:50	34 
28	Joel MURTIN	25:06	SM30-34	51.99 %	M	24			PB stays at 00:22:57	66 
29	Andrew MCKENZIE	25:08	VM40-44	55.11 %	M	25			PB stays at 00:23:12	104  
30	Jeremy HARRISON	25:15	VM40-44	55.31 %	M	26			PB stays at 00:23:25	32
31	Veronika ROMANKIN-ARNDT	25:30	VW50-54	66.54 %	F	5			PB stays at 00:23:43	108 
32	Richard WADE	25:31	VM45-49	56.89 %	M	27			First Timer!	58 
33	Matthew JURAK	25:31	SM25-29	50.62 %	M	28			First Timer!	1
34	Patricia O'DEA	25:32	VW55-59	73.89 %	F	6		Kembla Joggers AC	PB stays at 00:24:01	112 
35	Andrew KRAJEWSKI	25:43	VM70-74	68.57 %	M	29		Kembla Joggers AC	PB stays at 00:24:14	85 
36	Witold KRAJEWSKI	25:54	VM65-69	65.96 %	M	30		Kembla Joggers AC	PB stays at 00:21:03	156 
37	Melissa BROTHERSON-CLARKE	25:58	VW35-39	57.77 %	F	7		Derek Zoolander Centre for Kids Who Can't Run Good	PB stays at 00:23:14	76 
38	Pete PARKINSON	25:59	VM50-54	57.67 %	M	31			PB stays at 00:20:26	72 
39	Philip HOLLAND	26:01	VM45-49	54.90 %	M	32		Kembla Joggers AC	PB stays at 00:21:21	146 
40	Aaron MANN	26:05	SM20-24	49.46 %	M	33			PB stays at 00:22:04	53 
41	Peter DALLEY	26:17	VM45-49	54.79 %	M	34			PB stays at 00:24:21	179  
42	Gordon NOLAN	26:32	VM40-44	52.64 %	M	35			PB stays at 00:23:53	35
43	Max DELLER	26:34	JM11-14	57.59 %	M	36			PB stays at 00:22:25	78 
44	Tan BOURNE	26:34	VM55-59	58.85 %	M	37			PB stays at 00:23:34	133 
45	Tony KOLOSKI	26:35	VM45-49	53.73 %	M	38			PB stays at 00:23:49	9
46	Martin CHURCH	26:41	VM45-49	54.84 %	M	39			New PB!	11
47	Rachel WOOD	26:51	SW30-34	55.12 %	F	8		Running Mums Australia	PB stays at 00:23:55	65  
48	Mark DOS SANTOS	27:00	VM40-44	51.30 %	M	40			New PB!	11
49	Brad GREEN	27:01	VM35-39	49.11 %	M	41			PB stays at 00:24:39	75  
50	Nathan GUNDLACH	27:03	SM25-29	47.69 %	M	42			PB stays at 00:20:57	88  

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51	Peter MASKIELL	27:06	VM65-69	63.04 %	M	43	Illawong & Districts Senior Athletics	PB stays at 00:23:59	160 
52	Karon LARDER	27:14	VW50-54	62.30 %	F	9		PB stays at 00:24:10	48
53	Reggie KESSELL	27:21	JM15-17	50.88 %	M	44		PB stays at 00:24:39	33 
54	Aaron MAYO	27:25	JM11-14	51.73 %	M	45		PB stays at 00:24:20	7
55	Harry GOODHEW	27:26	SM18-19	48.06 %	M	46		PB stays at 00:24:58	18
56	Aaron PEPPER	27:27	SM30-34	47.24 %	M	47		PB stays at 00:22:13	61 
57	Liam PASS	27:43	JM11-14	51.17 %	M	48	Kembla Joggers AC	PB stays at 00:19:04	43 
58	Byron VINKOVIC	27:45	JM11-14	51.11 %	M	49		PB stays at 00:24:42	64 
59	Richard STEELE	27:47	VM60-64	57.71 %	M	50		PB stays at 00:23:58	103 
60	Unknown								
61	Sue DAVIES	28:02	VW55-59	66.35 %	F	10		PB stays at 00:24:04	107   
62	Patricia SMITH	28:14	VW45-49	57.38 %	F	11		PB stays at 00:25:33	49
63	Maree HEALEY	28:16	SW30-34	52.42 %	F	12		PB stays at 00:25:37	68  
64	Beth DAVIES	28:27	SW20-24	52.02 %	F	13		PB stays at 00:25:21	51 
65	Keira-Lee MEYERS	28:30	JW11-14	56.02 %	F	14		PB stays at 00:22:53	58 
66	Karlie GENTLES	28:30	JW11-14	55.15 %	F	15	Kembla Joggers AC	PB stays at 00:20:46	80 
67	Kellie MURRAY	28:35	SW25-29	51.78 %	F	16		PB stays at 00:26:56	142   
68	William MASON	28:37	JM10	59.46 %	M	52		PB stays at 00:22:55	23 
69	Sarah MASON	28:38	SW30-34	52.04 %	F	17		PB stays at 00:26:37	21
70	Lucy QIU	28:56	VW40-44	54.38 %	F	18		First Timer!	45 
71	Nathan GINGER	29:07	SM30-34	44.65 %	M	53		PB stays at 00:22:22	78 
72	Kimberley SMITH	29:16	JW11-14	55.64 %	F	19		PB stays at 00:28:22	26 
73	Tanya FRASER	29:23	VW35-39	51.22 %	F	20		PB stays at 00:23:10	45
74	Merike HARVEY	29:26	VW45-49	55.04 %	F	21		PB stays at 00:27:11	93 
75	Unknown								
76	Noel FAULKNER	29:36	VM50-54	51.46 %	M	55		PB stays at 00:24:12	89 

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77	Oliver DE JONG	29:37	JM11-14	51.66 %	M	56		PB stays at 00:25:27	32 
78	Leo ATKINS	29:39	JM11-14	51.60 %	M	57		First Timer!	11 
79	Joel PALERMO	29:40	JM11-14	51.57 %	M	58		First Timer!	10 
80	Sherrie VINKOVIC	29:46	VW40-44	51.40 %	F	22		PB stays at 00:27:26	89 
81	Stephen BELLHOUSE	29:52	VM40-44	46.37 %	M	59		PB stays at 00:24:37	28
82	Chris FRASER	29:53	VM45-49	47.80 %	M	60	Kembla Joggers AC	PB stays at 00:25:30	181   
83	Hazel ATKINS	29:59	JW11-14	55.48 %	F	23		First Timer!	11 
84	Nikolai ROMANKIN	30:02	VM45-49	48.34 %	M	61		PB stays at 00:24:10	51 
85	Therese CAMPBELL	30:04	VW55-59	60.20 %	F	24		PB stays at 00:28:07	111 
86	Michael BEARE	30:06	VM60-64	54.71 %	M	62		PB stays at 00:27:15	21
87	Kerry GOOD	30:08	VW55-59	62.61 %	F	25		PB stays at 00:28:36	70 
88	Robert DE JONG	30:08	VM40-44	46.35 %	M	63		First Timer!	2
89	Walter CISNEROS	30:09	SM30-34	43.50 %	M	64		PB stays at 00:29:07	4
90	Dean JOHN	30:13	VM55-59	50.85 %	M	65		PB stays at 00:27:06	136 
91	Alisha MUSKER	30:16	VW35-39	50.22 %	F	26		PB stays at 00:28:30	13
92	Peter GUNDLACH	30:16	VM55-59	51.21 %	M	66		PB stays at 00:28:13	85 
93	Jynaya DOS SANTOS	30:17	JW11-14	54.93 %	F	27		PB stays at 00:25:45	16 
94	Samuel PALERMO	30:17	JM10	56.19 %	M	67		First Timer!	9
95	Vera BOSEVSKI	30:34	VW40-44	51.09 %	F	28		PB stays at 00:26:41	108 
96	Ken KOSTOVSKI	30:41	VM40-44	44.81 %	M	68		New PB!	13
97	Ted WOODLEY	30:44	VM65-69	55.59 %	M	69	Garingal Orienteers	First Timer!	23
98	Melissa IRISH	30:50	VW40-44	50.65 %	F	29		PB stays at 00:29:14	57 
99	Regina PASS	30:53	VW45-49	51.92 %	F	30		PB stays at 00:27:52	47
100	Zane MILNES	30:57	JM10	51.00 %	M	70		PB stays at 00:25:04	27 
101	Monique KOLOSKI	31:01	JW11-14	52.50 %	F	31		PB stays at 00:27:30	11 
102	Kevin SMITH	31:06	VM45-49	46.68 %	M	71		PB stays at 00:27:29	107 
103	Ross CAMPBELL	31:10	VM35-39	42.83 %	M	72		PB stays at 00:26:45	28

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104	Julie TURNER	31:20	VW60-64	61.91 %	F	32			PB stays at 00:28:53	211 
105	Erica STOCKER	31:27	VW50-54	53.31 %	F	33			PB stays at 00:28:02	74 
106	Craig NEALON	31:28	VM55-59	49.26 %	M	73			PB stays at 00:26:18	110 
107	Mylinh RILEY	31:34	VW35-39	47.68 %	F	34			PB stays at 00:29:28	15
108	Unknown									
109	Mark JARMAN	31:38	VM55-59	48.58 %	M	75			PB stays at 00:26:36	150 
110	Kalem HAWKE	31:50	JM10	53.46 %	M	76			PB stays at 00:26:28	18 
111	Indiah CUNNINGHAM	31:52	JW11-14	52.20 %	F	35			PB stays at 00:25:32	17 
112	Danine CUNNINGHAM	31:52	VW35-39	47.49 %	F	36			PB stays at 00:25:44	33
113	Claudia GAMBIN	32:01	VW40-44	48.78 %	F	37	SQUADRUN		PB stays at 00:28:05	45 
114	Rebecca HAWKE	32:10	VW45-49	49.38 %	F	38			New PB!	11
115	Unknown									
116	Jenny GROGAN	32:50	VW35-39	45.84 %	F	39			PB stays at 00:26:31	29
117	Brittany DALY	32:54	SW20-24	44.98 %	F	40	The Plodders		First Timer!	54 
118	Lynn Tague	33:00	VW65-69	63.33 %	F	41	Kembla Joggers AC		PB stays at 00:30:47	155 
119	Michelle NICOL	33:14	VW35-39	45.29 %	F	42			PB stays at 00:28:57	52 
120	Robert SCIBERRAS	33:25	VM50-54	45.59 %	M	78	Kembla Joggers AC		PB stays at 00:22:23	136 
121	John MINTOFF	33:26	VM45-49	43.07 %	M	79	Kembla Joggers AC		PB stays at 00:20:09	140 
122	Alira MAYO	33:42	JW10	52.08 %	F	43			PB stays at 00:29:32	9
123	Jon SPICER	33:43	VM45-49	42.36 %	M	80			PB stays at 00:27:09	41
124	Linda PORRITT	33:59	VW55-59	52.57 %	F	44			PB stays at 00:27:14	135 
125	Lee WRIGHT	34:31	SW30-34	43.17 %	F	45			PB stays at 00:30:59	93 
126	Claudia VARELA	34:58	VW35-39	43.04 %	F	46			New PB!	6
127	Imogen DOS SANTOS	34:58	JW11-14	46.57 %	F	47			PB stays at 00:28:49	18 
128	Danielle GRANT	35:14	VW35-39	42.95 %	F	48			PB stays at 00:31:32	8
129	Noah GRANT	35:14	JM10	44.80 %	M	81			First Timer!	3
130	Craig BATTY	35:15	VM40-44	39.62 %	M	82			PB stays at 00:27:45	125 

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131	Heather SMITH	35:37	VW50-54	49.51 %	F	49		PB stays at 00:29:30	50 
132	Unknown								
133	Leslie BROOKS	35:39	VM65-69	47.50 %	M	84		PB stays at 00:34:01	20
134	Melissa THOMPSON	35:48	VW35-39	42.46 %	F	50		PB stays at 00:28:47	41
135	Unknown								
136	Jason GREEN	36:36	VM40-44	37.30 %	M	86		PB stays at 00:32:07	75 
137	Rebecca MARSHALL	36:50	VW40-44	41.76 %	F	51		PB stays at 00:31:33	89 
138	Tracy MINTOFF	37:12	VW45-49	43.10 %	F	52	Kembla Joggers AC	PB stays at 00:32:42	140 
139	Amity MAYO	37:19	JW11-14	44.57 %	F	53		PB stays at 00:30:13	6
140	Stephen MAYO	37:20	VM35-39	36.03 %	M	87		PB stays at 00:24:32	8
141	Mathew KOSTOVSKI	37:32	JM15-17	37.08 %	M	88		First Timer!	11 
142	Rosy MILNES	37:39	VW35-39	40.37 %	F	54		PB stays at 00:34:56	33
143	Rosalind MASKIELL	37:58	VW60-64	50.40 %	F	55	Illawong & Districts Senior Athletics	PB stays at 00:31:41	129 
144	Unknown								
145	Luke TAYLOR	38:14	JM10	44.51 %	M	90		PB stays at 00:30:19	39 
146	Russell TAYLOR	38:15	VM35-39	35.42 %	M	91		PB stays at 00:23:05	47
147	Luke VAN DER KNAAP	38:25	SM18-19	34.32 %	M	92		First Timer!	1
148	Barbara MAXWELL	38:27	VW70-74	60.90 %	F	56	Ulladulla RATS	PB stays at 00:31:16	100 
149	Jessica WEEKES	38:36	SW20-24	38.34 %	F	57		PB stays at 00:33:51	87 
150	Corinn GINGER	38:56	SW30-34	38.10 %	F	58		PB stays at 00:30:55	92 
151	Unknown								
152	Kelly MEYERS	38:59	VW35-39	38.48 %	F	59		PB stays at 00:33:08	52 
153	Kylie GRIFFITHS	39:06	SW30-34	38.11 %	F	60		PB stays at 00:33:17	101 
154	Unknown								
155	Toni MOSTYN	39:30	VW55-59	47.76 %	F	61		PB stays at 00:35:45	39
156	Mark DE JONG	39:48	VM40-44	35.34 %	M	95		PB stays at 00:29:35	45
157	Poppy TAYLOR	40:30	JW10	43.33 %	F	62		PB stays at 00:30:16	37 
158	Ross HAWKE	40:58	VM45-49	35.72 %	M	96		PB stays at 00:36:05	11

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159	Cheryl EMMERICH	41:22	VW50-54	41.54 %	F	63		PB stays at 00:36:30	147 
160	Anne KESSELL	42:17	VW50-54	39.65 %	F	64		PB stays at 00:35:57	88 
161	Unknown								
162	Molly Faye FENTON	42:23	SW18-19	35.31 %	F	65		New PB!	16
163	Michael GENTLE	42:39	VM45-49	33.49 %	M	98	St George District Athletic Club	PB stays at 00:31:18	66 
164	Indiana DOS SANTOS	43:01	JW10	40.80 %	F	66		PB stays at 00:30:28	17 
165	Angel BOSEVSKI	43:03	JW11-14	38.64 %	F	67		PB stays at 00:28:00	30 
166	Chris BOSEVSKI	43:04	JM10	36.65 %	M	99		PB stays at 00:25:27	51 
167	David FOSTER	43:06	VM65-69	39.29 %	M	100		First Timer!	58 
168	Cooper TAYLOR	43:08	JM10	43.35 %	M	101		PB stays at 00:33:44	33 
169	Megan TAYLOR	43:09	VW35-39	35.23 %	F	68		PB stays at 00:30:28	38
170	Hetty ALLEN	43:32	VW70-74	51.15 %	F	69		PB stays at 00:41:21	28
171	Oriana ANASTAS	43:34	VW45-49	37.18 %	F	70	The Running Movement	PB stays at 00:33:39	92 
172	Bonni Mate	43:35	JW11-14	36.06 %	F	71		PB stays at 00:26:15	126 
173	Joanne ALEXANDER	43:35	VW45-49	36.44 %	F	72	The Running Movement	PB stays at 00:30:42	160 
174	Rhonda CHURCHILL	44:01	VW50-54	39.57 %	F	73		PB stays at 00:38:57	101 
175	Myles ZEVENBERGEN	44:21	JM10	35.59 %	M	102	Townsville Road Runners	First Timer!	43 
176	Christina ZEVENBERGEN	44:29	VW35-39	34.02 %	F	74	Townsville Road Runners	First Timer!	77 
177	Margaret LEWIS	44:34	VW55-59	41.17 %	F	75		PB stays at 00:38:58	149 
178	Damian RYAN	46:32	VM50-54	31.70 %	M	103	we've got the runs	PB stays at 00:37:45	18
179	George PAPADIMAS	46:34	VM50-54	31.93 %	M	104		PB stays at 00:23:02	200 
180	Sarah PAPADIMAS	46:37	VW45-49	35.54 %	F	76		PB stays at 00:35:49	75 
181	Nicole PAPADIMAS	46:37	JW15-17	32.43 %	F	77		PB stays at 00:27:37	130 
182	Meghan VINCENT	47:25	SW25-29	31.21 %	F	78		PB stays at 00:27:14	32
183	Ross VINCENT	47:28	SM25-29	27.21 %	M	105		PB stays at 00:35:27	12
184	Jeanette ATKINS	47:33	VW50-54	37.08 %	F	79		First Timer!	11
185	Suzanne ALEXANDER	48:01	VW50-54	35.79 %	F	80	Running Mums Australia	PB stays at 00:36:19	133 

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186	Liz MELDRUM	49:38	VW50-54	35.09 %	F	81		Kembla Joggers AC	PB stays at 00:24:46	98 
187	Kyra TURNER	50:15	JW11-14	32.40 %	F	82			PB stays at 00:26:15	29 
188	Megan POWELL	50:49	SW25-29	29.12 %	F	83			PB stays at 00:26:38	126 
189	Merrick LAW	50:51	SM25-29	25.37 %	M	106		RunningWorks	PB stays at 00:18:53	115 
190	Amanda DWYER	50:57	VW35-39	29.44 %	F	84			New PB!	7
191	Saxon VINKOVIC	51:10	JM11-14	29.06 %	M	107			PB stays at 00:31:44	69 
192	Kaitlyn NEWELL-GLASER	51:15	JW10	34.24 %	F	85			PB stays at 00:38:51	22 
193	Joshua WIFFEN	51:16	VM35-39	26.24 %	M	108			PB stays at 00:20:25	34
194	Layne BROWN	51:18	SM25-29	25.18 %	M	109			PB stays at 00:30:51	33 
195	Zoe SMITH	51:32	VW75-79	50.68 %	F	86			New PB!	2
196	Kyani DOS SANTOS	52:17	JW10	37.36 %	F	87			PB stays at 00:33:22	17 
197	Melissa DOS SANTOS	52:20	VW40-44	29.39 %	F	88			PB stays at 00:32:04	14
198	Unknown									
199	Unknown									
200	Unknown									
201	Kristie TURNER	53:25	VW35-39	28.33 %	F	89			PB stays at 00:25:52	64 
202	Elizabeth O'CALLAGHAN	53:54	VW50-54	31.48 %	F	90			PB stays at 00:40:37	67 
203	Unknown									
204	Liz UMPLEBY	54:34	VW45-49	30.36 %	F	91			PB stays at 00:54:18	10
205	Julie HOBSON	54:35	VW45-49	29.98 %	F	92			PB stays at 00:50:54	13
206	Scott TAYLOR	54:38	VM55-59	28.86 %	M	114			PB stays at 00:53:29	15
207	Anthony BYRNE	55:13	SM30-34	23.75 %	M	115			PB stays at 00:29:07	96 
208	Corey GENTLE	1:07:14	JM11-14	22.11 %	M	116		St George District Athletic Club	PB stays at 00:33:50	18 
209	Nicole GENTLE	1:07:14	SW20-24	22.01 %	F	93		St George District Athletic Club	PB stays at 00:32:28	6
210	Maddison NEWELL-GLASER	1:09:15	JW10	28.21 %	F	94			PB stays at 00:41:17	20 
211	Karen NEWELL	1:09:15	VW40-44	22.72 %	F	95			PB stays at 00:25:40	29
212	Gordon TURNER	1:09:16	VM65-69	25.17 %	M	117			PB stays at 00:28:04	206 

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen: Amelia AKONNAH, Will ALARDS, Sue DAVIES, Harry FRASER, Chris FRASER, Aaron GENTLE, Beth HORNER, Grace LIM, Kelly MINTOFF, Rafael MORIANA, Craig NEALON, Gail O'SULLIVAN, Peter PIKE, Robert SCIBERRAS, Em SCOLLARY, Kim SCOLLARY, Oliver SPAKE, Adrian THORNTON, Gordon TURNER, Julie TURNER, Michelle T WEEKES, Brett WRIGHT

Why not [get involved and volunteer?](#)

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)eNIor and (V)eteran); the second letter represents gender (M)en and (W)oMen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
 - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouroffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218

Number of first finishers: 127

Average number of runners per week: 185.6

Average run time: 00:34:28

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)

Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)

Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)

Number of runners: 4,874

Number of clubs: 202

Average number of runs per runner: 8.3

Total hours run: 2Years 239Days 3Hrs 5Min 16Secs

Number of runs: 40,471

Number of PBs: 6,352

Biggest Attendance: 363

Total distance run: 202,355km

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Stats last updated : Fri 24 Aug 2018 00:48:34 UTC