Shellharbour parkrun # 135 - 21/01/2017

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
1	Bradley HOLLAND	18:18	SM18-19	72.04 %	M	1	Kembla Joggers AC	New PB!	41	
2	Ben WITNEY	19:49	JM11-14	75.02 %	M	2		First Timer!	37	
3	Andrew PROFKE	20:13	VM35-39	65.21 %	M	3		PB stays at 00:20:10	31	
4	Ian KENNEDY	20:45	VM40-44	66.75 %	M	4		PB stays at 00:19:15	90	
5	Ben CRONIN	21:15	VM35-39	62.04 %	M	5		PB stays at 00:20:57	50	
6	Ray HOBSON	21:40	VM50-54	68.62 %	M	6		PB stays at 00:21:08	140	
7	Dean BOYTON	21:45	VM45-49	65.21 %	M	7	Kembla Joggers AC	PB stays at 00:20:37	184	
8	Neal AMES	21:50	VM50-54	68.63 %	M	8	Western Suburbs Triathlon Club	PB stays at 00:21:13	199	
9	Teresha MOXHAM	21:58	VW35-39	68.06 %	F	1	Kembla Joggers AC	PB stays at 00:20:24	141	
10	Chris LLEWELLYN	22:23	VM40-44	62.84 %	M	9		PB stays at 00:19:49	61	
11	Patrice SIVILLS	22:52	JM11-14	65.01 %	M	10	Athletics Wollongong	PB stays at 00:21:46	16	
12	Peter RIIKONEN	22:54	VM35-39	58.30 %	M	11		PB stays at 00:22:22	21	
13	Dakota DARROW	22:59	SM18-19	58.01 %	M	12		New PB!	8	
14	Ryan LAMBERT	23:01	SM25-29	56.12 %	M	13		PB stays at 00:21:39	17	
15	Duarte NORONHA	23:04	VM45-49	61.92 %	M	14		PB stays at 00:21:36	33	
16	Kerry HOLLAND	23:08	VM60-64	69.31 %	M	15		PB stays at 00:22:27	120	
17	Shane SZAKACS	23:11	VM40-44	59.31 %	M	16	Kembla Joggers AC	PB stays at 00:22:49	65	
18	Joshua WIFFEN	23:19	VM35-39	57.68 %	M	17		PB stays at 00:20:25	34	
19	Gary GRIFFITHS	23:24	VM35-39	56.70 %	M	18		PB stays at 00:22:56	70	
20	Jeremy HARRISON	23:25	VM40-44	59.64 %	M	19		New PB!	32	
21	Derek EDWARDS	23:28	VM50-54	63.85 %	M	20	Nowra Athletics Club	PB stays at 00:22:54	92	
22	Luis GONCALVES	23:36	VM40-44	59.18 %	M	21		PB stays at 00:22:08	87	
23	Glen HYMAN	23:43	VM35-39	55.94 %	M	22		PB stays at 00:21:26	115	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
24	Karlie GENTLES	23:43	JW11-14	66.27 %	F	2	Kembla Joggers AC	PB stays at 00:20:46	80	50
25	Mick GOODHEW	24:00	VM45-49	60.49 %	M	23		PB stays at 00:22:34	34	
26	Taliah MOXHAM	24:04	JW15-17	64.40 %	F	3	Kembla Joggers AC	PB stays at 00:21:00	69	50
27	Olivia SIVILLS	24:10	JW11-14	67.38 %	F	4	Athletics Wollongong	PB stays at 00:21:53	18	10
28	Rick PATZOLD	24:12	VM50-54	61.91 %	M	24		PB stays at 00:22:48	69	50
29	Benjamin MARCHANT	24:27	SM30-34	53.03 %	M	25		First Timer!	29	
30	Paul MILLER	24:31	VM35-39	54.86 %	M	26		PB stays at 00:21:20	53	50
31	Aaron MANN	24:39	SM20-24	52.33 %	M	27		PB stays at 00:22:04	53	50
32	Charli HURST	24:45	JW11-14	64.51 %	F	5	Kembla Joggers AC	PB stays at 00:21:51	10	10
33	Tony KOLOSKI	24:47	VM45-49	57.63 %	M	28		PB stays at 00:23:49	9	
34	Dylan GRIFFITHS	24:55	JM11-14	61.40 %	M	29		PB stays at 00:21:34	79	50
35	Peter PIKE	24:55	VM50-54	59.67 %	M	30		PB stays at 00:22:50	87	50
36	Leah ARGENT	25:02	SW30-34	59.19 %	F	6		New PB!	53	50
37	Cameron WHITTAKER	25:14	SM30-34	51.52 %	M	31		First Timer!	2	
38	Philip HOLLAND	25:14	VM45-49	56.61 %	M	32	Kembla Joggers AC	PB stays at 00:21:21	146	100
39	Unknown									
40	Phill CHAPMAN	25:17	VM60-64	64.01 %	M	34		PB stays at 00:22:25	177	100 25
41	Joel MURTIN	25:18	SM30-34	51.58 %	M	35		PB stays at 00:22:57	66	50
42	Pete PARKINSON	25:19	VM50-54	59.18 %	M	36		PB stays at 00:20:26	72	50
43	Robert SCIBERRAS	25:30	VM50-54	59.74 %	M	37	Kembla Joggers AC	PB stays at 00:22:23	136	100 25
44	Andrew MCKENZIE	25:32	VM40-44	54.24 %	M	38		PB stays at 00:23:12	104	100
45	Ed GATTAS	25:32	VM50-54	59.66 %	M	39		PB stays at 00:24:22	17	
46	Mitchell FORMOSA	25:33	SM25-29	50.55 %	M	40		PB stays at 00:23:37	22	
47	Shawn CURTIS	25:33	VM40-44	53.82 %	M	41		First Timer!	1	
48	Nathan GUNDLACH	25:41	SM25-29	50.23 %	M	42		New PB!	88	50
49	Andrew KRAJEWSKI	25:43	VM70-74	68.57 %	M	43	Kembla Joggers AC	PB stays at 00:24:14	85	50
50	Malinda ITCHINS	25:44	SW30-34	57.58 %	F	7		First Timer!	1	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
51	Dan HOY	25:46	VM35-39	51.49 %	M	44		New PB!	152	
52	Matthew MOOLMAN	25:54	SM25-29	49.87 %	M	45		New PB!	4	
53	Roanna WHITTLE	25:58	SW30-34	57.12 %	F	8	Running Mums Australia	New PB!	22	
54	Paul ZAMMIT	26:02	SM30-34	49.68 %	M	46		New PB!	24	
55	Dominic QUINN	26:05	VM35-39	50.86 %	M	47		New PB!	4	
56	Peter MASKIELL	26:12	VM65-69	65.20 %	M	48	Illawong & Districts Senior Athletics	PB stays at 00:23:59	160	
57	Mark DOS SANTOS	26:28	VM40-44	52.33 %	M	49		New PB!	11	
58	Harry GOODHEW	26:29	SM18-19	49.78 %	M	50		PB stays at 00:24:58	18	
59	Nate BERRY	26:32	JM11-14	53.45 %	M	51		PB stays at 00:25:44	2	
60	Peter BERRY	26:33	VM40-44	51.79 %	M	52	Kembla Joggers AC	PB stays at 00:20:22	26	
61	Joshua QUINNELL	26:35	JM11-14	55.92 %	M	53		New PB!	21	
62	Chris PASS	26:42	VM45-49	54.81 %	M	54		PB stays at 00:24:33	51	
63	Hazel ATKINS	26:47	JW11-14	62.10 %	F	9		New PB!	11	
64	Jynaya DOS SANTOS	26:47	JW11-14	62.10 %	F	10		New PB!	16	
65	Noel FAULKNER	26:50	VM50-54	56.77 %	M	55		PB stays at 00:24:12	89	
66	Unknown									
67	Nathan GINGER	26:57	SM30-34	48.24 %	M	57		PB stays at 00:22:22	78	
68	Carolyn LONG	26:59	VW45-49	60.65 %	F	11	Running Mums Australia	PB stays at 00:24:39	117	
69	Jody BROOKS	27:08	VW40-44	57.13 %	F	12		PB stays at 00:25:14	65	
70	Samuel RATHBOME	27:16	SM25-29	47.31 %	M	58		First Timer!	7	
71	Jessica COOMBS	27:16	SW30-34	54.65 %	F	13		New PB!	30	
72	Tim CORNFORD	27:22	VM40-44	50.24 %	M	59		PB stays at 00:24:07	41	
73	Dean KLEINSCHAFER	27:24	VM35-39	49.45 %	M	60		First Timer!	23	
74	Margaret CARR	27:35	VW60-64	71.36 %	F	14		PB stays at 00:25:37	97	
75	Brett WRIGHT	27:42	VM45-49	51.20 %	M	61		PB stays at 00:26:48	71	
76	Dimitri SEMOS	27:44	JM11-14	51.14 %	M	62		PB stays at 00:24:50	61	
77	Allan GAMBLE	27:50	VM35-39	47.37 %	M	63		PB stays at 00:25:43	22	
78	Jack SHEPARD	27:51	SM18-19	47.88 %	M	64		PB stays at 00:26:01	4	
79	India AKONNAH	27:51	JW11-14	58.47 %	F	15		PB stays at 00:22:23	31	
80	Kaiden MARKOVIC	27:59	JM11-14	54.68 %	M	65		PB stays at 00:27:09	6	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
81	Daniel RIVINOJA	28:01	SM25-29	46.04 %	M	66		PB stays at 00:27:33	31	
82	Ty KACZMAREK	28:05	SM30-34	46.29 %	M	67		First Timer!	1	
83	Sara ROWLEY	28:07	VW35-39	53.35 %	F	16		New PB!	118	
84	Beth DAVIES	28:08	SW20-24	52.61 %	F	17		PB stays at 00:25:21	51	
85	Mark JARMAN	28:10	VM55-59	54.56 %	M	68		PB stays at 00:26:36	150	
86	Leo ATKINS	28:13	JM11-14	54.22 %	M	69		PB stays at 00:25:50	11	
87	Reggie KESSELL	28:15	JM15-17	49.26 %	M	70		PB stays at 00:24:39	33	
88	Jared WOOD	28:16	JM10	57.84 %	M	71		PB stays at 00:24:57	32	
89	Joel PALERMO	28:18	JM11-14	54.06 %	M	72		PB stays at 00:26:10	10	
90	Cooper MARKOVIC	28:20	JM10	60.06 %	M	73		New PB!	12	
91	Rachel WOOD	28:22	SW30-34	52.17 %	F	18	Running Mums Australia	PB stays at 00:23:55	65	
92	George PAPADIMAS	28:23	VM50-54	52.38 %	M	74		PB stays at 00:23:02	200	
93	Michael BEARE	28:27	VM60-64	57.88 %	M	75		New PB!	21	
94	Brad GREEN	28:29	VM35-39	46.58 %	M	76		PB stays at 00:24:39	75	
95	Maree HEALEY	28:31	SW30-34	51.96 %	F	19		PB stays at 00:25:37	68	
96	Ken KOSTOVSKI	28:38	VM40-44	48.02 %	M	77		New PB!	13	
97	Witold KRAJEWSKI	28:47	VM65-69	59.35 %	M	78	Kembla Joggers AC	PB stays at 00:21:03	156	
98	Emily KOSTOVSKI	28:52	JW11-14	56.41 %	F	20		PB stays at 00:25:45	12	
99	Monique KOLOSKI	28:53	JW11-14	56.38 %	F	21		New PB!	11	
100	Max LINTON	28:57	JM10	61.49 %	M	79		PB stays at 00:22:53	12	
101	Samuel PALERMO	29:00	JM10	56.38 %	M	80		New PB!	9	
102	Anthony PALERMO	29:01	VM40-44	48.48 %	M	81		PB stays at 00:22:37	13	
103	Therese CAMPBELL	29:09	VW55-59	62.09 %	F	22		PB stays at 00:28:07	111	
104	Louie CHILVERS	29:26	JM11-14	49.26 %	M	82		First Timer!	1	
105	Merike HARVEY	29:28	VW45-49	54.98 %	F	23		PB stays at 00:27:11	93	
106	Merrick LAW	29:32	SM25-29	43.68 %	M	83	RunningWorks	PB stays at 00:18:53	115	
107	Megan POWELL	29:32	SW25-29	50.11 %	F	24		PB stays at 00:26:38	126	
108	Damon ROTHWELL	29:37	VM55-59	52.79 %	M	84		PB stays at 00:27:14	84	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
109	Melanie KELLY	29:41	VW35-39	50.70 %	F	25		PB stays at 00:27:37	15	
110	Unknown									
111	Peter GUNDLACH	30:01	VM55-59	51.64 %	M	86		PB stays at 00:28:13	85	50
112	Dean JOHN	30:06	VM55-59	51.50 %	M	87		PB stays at 00:27:06	136	100
113	Amanda SPEELMAN	30:13	SW25-29	48.98 %	F	26		First Timer!	1	
114	Benjamin DAVIES	30:26	SM30-34	43.10 %	M	88		PB stays at 00:21:27	26	
115	Unknown									
116	Liz MELDRUM	30:37	VW50-54	56.89 %	F	27	Kembla Joggers AC	PB stays at 00:24:46	98	50
117	Rebecca HAWKE	30:39	VW45-49	51.82 %	F	28		New PB!	11	
118	Ashton MORAN	30:46	JM10	55.31 %	M	90		PB stays at 00:27:56	13	10
119	Unknown									
120	Beth HORNER	30:49	VW35-39	49.11 %	F	29		PB stays at 00:28:56	45	
121	Lachlan GREATZ	30:50	JM10	51.19 %	M	92		PB stays at 00:27:23	12	10
122	Courtney MCVEIGH	30:52	SW20-24	47.95 %	F	30		PB stays at 00:28:58	18	
123	Erica STOCKER	30:54	VW50-54	54.26 %	F	31		PB stays at 00:28:02	74	50
124	Melanie SCHREIBER	30:59	SW30-34	48.09 %	F	32		PB stays at 00:28:50	47	
125	Theresa WHITTAKER	31:00	VW35-39	48.82 %	F	33		First Timer!	5	
126	Melanie LAW	31:15	SW25-29	47.36 %	F	34		PB stays at 00:29:10	30	
127	Kerry GOOD	31:17	VW55-59	60.31 %	F	35		PB stays at 00:28:36	70	50
128	Unknown									
129	Daniel JONES	31:25	SM30-34	41.27 %	M	94		PB stays at 00:27:25	11	
130	Julie WELLS	31:31	VW55-59	56.69 %	F	36		PB stays at 00:27:41	91	50
131	Debbie HOLLAND	31:32	VW45-49	51.37 %	F	37		PB stays at 00:27:01	98	50
132	Daniel MARSKELL	31:35	SM20-24	40.84 %	M	95		First Timer!	2	
133	Callum WOOD	32:02	JM10	49.27 %	M	96		PB stays at 00:28:33	27	10
134	Amelia AKONNAH	32:06	JW11-14	51.82 %	F	38		PB stays at 00:23:57	51	50
135	Kobi LORKIN	32:07	JM10	58.23 %	M	97		PB stays at 00:27:28	23	10
136	Donna REID	32:12	VW45-49	50.31 %	F	39		PB stays at 00:29:15	83	50

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
137	Claudia GAMBIN	32:16	VW40-44	48.40 %	F	40	SQUADRUN	PB stays at 00:28:05	45	
138	Sean WOOD	32:18	VM45-49	44.22 %	M	98		PB stays at 00:29:51	23	
139	Rhiannon FOTHERINGHAM	32:24	SW25-29	45.68 %	F	41		PB stays at 00:25:14	49	
140	Tyla HURST	32:34	JW10	52.41 %	F	42		PB stays at 00:25:49	9	
141	Amie MOORE	32:34	SW30-34	45.75 %	F	43		PB stays at 00:29:33	3	
142	Debbie LORKIN	32:35	VW35-39	46.65 %	F	44		PB stays at 00:30:03	41	
143	Jessica HOLLAND	32:44	JW11-14	48.01 %	F	45		PB stays at 00:26:45	64	50
144	Imogen DOS SANTOS	32:46	JW11-14	49.69 %	F	46		New PB!	18	10
145	Melissa DOS SANTOS	32:53	VW40-44	46.78 %	F	47		New PB!	14	
146	Unknown									
147	Corinn GINGER	33:24	SW30-34	44.41 %	F	48		New PB!	92	50 25
148	Unknown									
149	Gwynne MURKIN	33:41	VM55-59	45.62 %	M	101		PB stays at 00:25:50	28	
150	Isobel CURRIE	33:53	JW11-14	48.06 %	F	49		PB stays at 00:30:10	7	
151	Steven CURRIE	33:54	VM40-44	41.49 %	M	102		PB stays at 00:25:20	17	
152	Kerry SUTHERLAND	33:57	VW50-54	49.98 %	F	50		New PB!	6	
153	Kevin SMITH	34:03	VM45-49	42.63 %	M	103		PB stays at 00:27:29	107	100
154	Steve CAMPBELL	34:08	VM50-54	44.29 %	M	104		PB stays at 00:29:47	61	50
155	Thomas HUGHES	34:14	JM11-14	44.69 %	M	105		PB stays at 00:27:16	69	50
156	Michelle QUINNELL	34:15	VW35-39	44.38 %	F	51		PB stays at 00:33:09	18	
157	Unknown									
158	Anita MURKIN	34:22	VW50-54	50.00 %	F	52		PB stays at 00:24:30	14	
159	Unknown									
160	Kalem HAWKE	34:32	JM10	49.28 %	M	108		PB stays at 00:26:28	18	10
161	Heather SMITH	34:51	VW50-54	50.60 %	F	53		PB stays at 00:29:30	50	50
162	Ann GRAFENHORST	34:53	SW30-34	42.47 %	F	54		First Timer!	1	
163	Nash MILLER	34:56	JM11-14	43.80 %	M	109		First Timer!	7	
164	Craig BATTY	35:01	VM40-44	40.17 %	M	110		PB stays at 00:27:45	125	100
165	Kyra TURNER	35:15	JW11-14	46.19 %	F	55		PB stays at 00:26:15	29	10 25

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
166	Kristie TURNER	35:16	VW35-39	42.91 %	F	56		PB stays at 00:25:52	64	
167	Amy PARTRIDGE	35:24	SW25-29	41.81 %	F	57		New PB!	9	
168	Lee WRIGHT	35:33	VW35-39	42.05 %	F	58		PB stays at 00:30:59	93	
169	Nathan COUCHMAN	35:35	SM20-24	36.25 %	M	111		First Timer!	36	
170	Amy PEDRON	35:36	SW30-34	41.76 %	F	59		PB stays at 00:32:31	22	
171	Karleen CURTIS	35:36	VW40-44	42.98 %	F	60		First Timer!	3	
172	Jason GREEN	35:40	VM40-44	38.27 %	M	112		PB stays at 00:32:07	75	
173	Leanne CORNFORD	35:48	VW40-44	42.74 %	F	61		PB stays at 00:31:40	46	
174	Anthony BYRNE	35:56	SM30-34	36.50 %	M	113		PB stays at 00:29:07	96	
175	Jessica WEEKES	36:02	SW20-24	41.07 %	F	62		New PB!	87	
176	Suzy MORAN	36:02	VW35-39	42.00 %	F	63		PB stays at 00:31:03	9	
177	Michelle T WEEKES	36:04	VW50-54	47.64 %	F	64		PB stays at 00:30:14	89	
178	Nicole PAPADIMAS	36:15	JW15-17	41.70 %	F	65		PB stays at 00:27:37	130	
179	Ryan BRADBURY	36:19	VM35-39	37.04 %	M	114		PB stays at 00:32:16	8	
180	Lachlan BRADBURY	36:19	JM10	45.02 %	M	115		PB stays at 00:32:17	6	
181	Mathew KOSTOVSKI	36:20	JM15-17	38.30 %	M	116		PB stays at 00:25:45	11	
182	Lauren HURST	36:22	VW35-39	41.80 %	F	66		PB stays at 00:27:08	10	
183	Jill FARQUHAR	36:23	VW50-54	48.47 %	F	67		PB stays at 00:35:31	17	
184	Karen APPLEBY	36:24	VW35-39	41.07 %	F	68		PB stays at 00:34:20	9	
185	Poppy TAYLOR	36:30	JW10	48.08 %	F	69		PB stays at 00:30:16	37	
186	Russell TAYLOR	36:31	VM35-39	37.11 %	M	117		PB stays at 00:23:05	47	
187	Rebecca MARSHALL	36:34	VW40-44	42.07 %	F	70		PB stays at 00:31:33	89	
188	Louise AITKIN	36:35	VW45-49	44.28 %	F	71		PB stays at 00:33:41	87	
189	Genee WOOD	36:38	VW45-49	43.36 %	F	72		PB stays at 00:33:23	37	
190	Emma TURNER	36:49	VW40-44	42.42 %	F	73		PB stays at 00:29:28	127	
191	Sebastian PRIOR	36:50	JM10	46.20 %	M	118		First Timer!	9	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
192	Katie PRIOR	36:51	VW35-39	40.84 %	F	74		First Timer!	31	
193	Indiana DOS SANTOS	37:01	JW10	47.41 %	F	75		New PB!	17	
194	Nicole ELLIOTT	37:06	SW30-34	39.89 %	F	76		PB stays at 00:29:15	20	
195	Molly Faye FENTON	37:14	SW18-19	40.20 %	F	77		New PB!	16	
196	Claudia VARELA	37:15	VW35-39	40.40 %	F	78		PB stays at 00:34:58	6	
197	Tahlia GRIFFITHS	37:35	JW10	48.20 %	F	79		PB stays at 00:29:00	59	
198	Emma PEACHMAN	38:02	SW30-34	38.96 %	F	80		PB stays at 00:35:23	52	
199	Kevin GAMBLE	38:04	SM25-29	33.89 %	M	119		PB stays at 00:32:53	26	
200	Ellie LEZCANO	38:15	VW35-39	39.08 %	F	81		First Timer!	4	
201	Michael GENTLE	38:19	VM45-49	37.28 %	M	120	St George District Athletic Club	PB stays at 00:31:18	66	
202	Kylie GRIFFITHS	38:20	SW30-34	38.87 %	F	82		PB stays at 00:33:17	101	
203	Gail O'SULLIVAN	38:34	VW60-64	51.77 %	F	83		PB stays at 00:33:21	80	
204	Daniel SIMPSON	39:03	JM11-14	39.18 %	M	121		PB stays at 00:38:48	3	
205	Kyani DOS SANTOS	39:05	JW10	49.98 %	F	84		New PB!	17	
206	Kate JOHNSON	39:07	SW30-34	38.01 %	F	85		New PB!	2	
207	Cheryl EMMERICH	39:21	VW50-54	43.67 %	F	86		PB stays at 00:36:30	147	
208	Deanne POORT	39:24	VW35-39	38.41 %	F	87		New PB!	3	
209	Ebony POORT	39:24	JW15-17	39.34 %	F	88		First Timer!	1	
210	Tracey JONES	39:34	VW50-54	43.43 %	F	89		PB stays at 00:31:36	75	
211	Suzanne MIDDLETON	39:38	VW45-49	40.87 %	F	90		PB stays at 00:36:57	31	
212	Sarah MILLER	39:42	SW30-34	37.45 %	F	91		First Timer!	19	
213	Peter MILLER	39:43	VM35-39	33.19 %	M	122		First Timer!	4	
214	Nicole RUTLEDGE	39:47	SW25-29	37.20 %	F	92		New PB!	6	
215	Lynn BITABARA	39:58	VW40-44	39.37 %	F	93		PB stays at 00:33:13	16	
216	Karen BATTY	40:00	VW45-49	40.50 %	F	94		New PB!	14	
217	Adrian THORNTON	40:19	SM30-34	32.16 %	M	123		PB stays at 00:28:36	25	
218	Luke TAYLOR	40:27	JM10	42.07 %	M	124		PB stays at 00:30:19	39	
219	Megan BYRON	40:30	VW40-44	38.85 %	F	95		First Timer!	36	
220	Andrew BYRON	40:31	VM45-49	35.25 %	M	125		First Timer!	43	
221	Jeanette ATKINS	40:38	VW50-54	43.40 %	F	96		New PB!	11	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
222	Taryn CAMPBELL	40:42	SW30-34	36.53 %	F	97		PB stays at 00:39:37	17	
223	Darren QUINNELL	40:43	VM45-49	34.83 %	M	126		PB stays at 00:34:31	4	
224	Katie CAMPBELL	40:44	SW30-34	36.50 %	F	98	Savvy Fitness	PB stays at 00:39:31	22	
225	Karan JORGENSEN	40:45	VW45-49	39.75 %	F	99		PB stays at 00:27:09	44	
226	Nicole GENTLE	40:55	SW20-24	36.17 %	F	100	St George District Athletic Club	PB stays at 00:32:28	6	
227	Unknown									
228	Cooper TAYLOR	41:06	JM10	45.50 %	M	128		PB stays at 00:33:44	33	10
229	Megan TAYLOR	41:06	VW35-39	36.98 %	F	101		PB stays at 00:30:28	38	
230	Rhonda CHURCHILL	41:48	VW50-54	41.67 %	F	102		PB stays at 00:38:57	101	100
231	Mel CORBY	41:49	VW45-49	37.98 %	F	103		New PB!	2	
232	Kate RICHARDSON	41:58	SW25-29	35.27 %	F	104		First Timer!	2	
233	Shankar GOPALAN	42:13	VM50-54	36.08 %	M	129		First Timer!	6	
234	Di JOHNSTON	42:38	VW45-49	37.26 %	F	105		New PB!	13	
235	Samual NICOL	43:09	JM10	39.44 %	M	130		PB stays at 00:38:40	8	
236	Glenn CORBY	43:10	VM50-54	34.44 %	M	131		PB stays at 00:42:39	2	
237	Anne KESSELL	43:26	VW50-54	38.60 %	F	106		PB stays at 00:35:57	88	50
238	Howard BAYLIS	43:48	VM65-69	39.38 %	M	132		New PB!	5	
239	Ashley ROULSTON	43:55	JM11-14	34.84 %	M	133		PB stays at 00:37:00	7	
240	Unknown									
241	Kirston MILES	44:14	SW30-34	33.46 %	F	107		First Timer!	1	
242	Unknown									
243	Unknown									
244	Vicki CAMPBELL	45:00	VW60-64	43.74 %	F	108		New PB!	5	
245	Unknown									
246	Elizabeth O'CALLAGHAN	45:05	VW50-54	37.63 %	F	109		PB stays at 00:40:37	67	50
247	Harper NICOL	45:10	JM10	34.94 %	M	138		PB stays at 00:33:17	9	
248	Alicia NICOL	45:11	VW35-39	33.31 %	F	110		PB stays at 00:35:10	14	
249	Unknown									
250	Caleb BOAFO	46:09	JM10	35.43 %	M	140		First Timer!	4	
251	Leah SIMPSON	46:15	JW11-14	33.98 %	F	111		PB stays at 00:46:02	3	
252	Logan MILNES	46:24	JM10	42.60 %	M	141		PB stays at 00:41:23	8	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
253	Zane MILNES	46:25	JM11-14	32.96 %	M	142		PB stays at 00:25:04	27	
254	Shanae MILNES	46:26	JW11-14	33.85 %	F	112		PB stays at 00:30:56	13	
255	Rosy MILNES	46:26	VW35-39	32.74 %	F	113		PB stays at 00:34:56	33	
256	Rachel ROSS	46:42	SW25-29	31.69 %	F	114		New PB!	3	
257	Tamara JAMES	46:45	SW25-29	31.66 %	F	115		New PB!	8	
258	Mel DENMAN	46:47	VW45-49	34.27 %	F	116	Running Mums Australia	First Timer!	50	
259	Bonnita MATE	47:00	JW11-14	33.44 %	F	117		PB stays at 00:26:15	126	
260	Bayley MATE	47:03	JM10	39.74 %	M	143		PB stays at 00:46:32	4	
261	Unknown									
262	Rebecca RIVINOJA	47:28	SW30-34	31.18 %	F	118		PB stays at 00:45:42	16	
263	Corey GENTLE	47:41	JM11-14	31.18 %	M	145	St George District Athletic Club	PB stays at 00:33:50	18	
264	Isaac LIM	47:56	JM11-14	31.02 %	M	146		PB stays at 00:34:14	8	
265	Allan MURRAY	48:17	VM60-64	33.21 %	M	147		PB stays at 00:41:59	35	
266	James LIM	48:23	VM40-44	28.42 %	M	148		First Timer!	2	
267	Rachelle WILSON	48:23	SW20-24	30.59 %	F	119		First Timer!	6	
268	Melissa CHARNOCK	48:46	VW35-39	30.86 %	F	120		New PB!	8	
269	Elisha JOHNSTON	48:47	SW30-34	30.54 %	F	121		New PB!	3	
270	Sue DAVIES	49:00	VW55-59	37.96 %	F	122		PB stays at 00:24:04	107	
271	Steve DAVIES	49:01	VM60-64	32.71 %	M	149		PB stays at 00:24:35	50	
272	Sue GONCALVES	49:40	VW40-44	31.68 %	F	123		PB stays at 00:41:09	28	
273	Gaylia YOUNG	49:42	VW50-54	34.14 %	F	124	HerCoach-HisCoach	PB stays at 00:34:03	76	
274	Keith HAWKINS	50:04	VM60-64	32.32 %	M	150		PB stays at 00:45:18	17	
275	Evangeline LIM	50:07	JW10	38.98 %	F	125		First Timer!	1	
276	Rachel LIM	50:07	VW40-44	30.53 %	F	126		First Timer!	3	
277	Nissi BOAFO	50:28	JW11-14	32.96 %	F	127		First Timer!	3	
278	Conner BRADBURY	50:32	JM10	35.22 %	M	151		New PB!	3	
279	Rebecca BRADBURY	50:34	VW35-39	30.06 %	F	128		New PB!	2	
280	Amanda BOAFO	50:39	VW35-39	29.62 %	F	129		First Timer!	8	
281	Bernard BOAFO	52:39	VM35-39	25.55 %	M	152		First Timer!	5	
282	Jane WARREN	52:44	VW45-49	31.42 %	F	130		PB stays at 00:45:38	49	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
283	Nicole RILEY	53:05	VW35-39	28.63 %	F	131		First Timer!	9	
284	Claire FELTHAM	53:06	SW25-29	27.87 %	F	132		First Timer!	1	
285	Unknown									
286	Unknown									
287	Unknown									
288	Julie NORRIS	54:19	VW45-49	30.50 %	F	133		PB stays at 00:43:56	44	
289	Julie HOBSON	54:31	VW45-49	30.39 %	F	134		PB stays at 00:50:54	13	
290	Liz UMPLEBY	54:31	VW45-49	30.39 %	F	135		PB stays at 00:54:18	10	
291	Sara LACHLAN	54:40	SW25-29	27.07 %	F	136		New PB!	2	
292	Alanah KEANE	54:48	JW15-17	28.28 %	F	137		PB stays at 00:52:18	13	10
293	Kaitlyn NEWELL-GLASER	54:50	JW10	32.01 %	F	138		PB stays at 00:38:51	22	10
294	Maddison NEWELL-GLASER	54:53	JW10	35.59 %	F	139		PB stays at 00:41:17	20	10
295	Karen NEWELL	54:54	VW40-44	28.66 %	F	140		PB stays at 00:25:40	29	
296	Kaye FRANKS	54:57	VW35-39	27.54 %	F	141		First Timer!	8	
297	Sue KEANE	54:57	VW55-59	32.94 %	F	142	The Running Movement	PB stays at 00:37:01	136	100 25
298	Joanne ALEXANDER	55:05	VW45-49	28.84 %	F	143	The Running Movement	PB stays at 00:30:42	160	100 25
299	Unknown									
300	Unknown									
301	Unknown									
302	Naomi WILTON	57:17	SW30-34	25.95 %	F	144		New PB!	2	
303	Shagun SETHI	1:01:07	VW45-49	26.23 %	F	145		First Timer!	1	
304	Cameron MCINTYRE	1:02:12	JW10	30.17 %	F	146		PB stays at 00:40:00	30	10
305	Glenda BAYLIS	1:02:13	VW65-69	33.59 %	F	147		First Timer!	1	
306	Sam MCINTYRE	1:02:15	VW35-39	24.10 %	F	148		PB stays at 00:31:00	60	50
307	Suzanne ALEXANDER	1:02:45	VW50-54	27.38 %	F	149	Running Mums Australia	PB stays at 00:36:19	133	100 25
308	Julie PARKINSON	1:04:15	VW50-54	26.74 %	F	150		PB stays at 00:44:05	55	50
309	Andy PARKINSON	1:04:18	VM50-54	23.12 %	M	159		PB stays at 00:25:32	70	50

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen:India AKONNAH, Joanne ALEXANDER, Anthony BYRNE, Dayna DELLER, Max DELLER, Ivy DELLER, Leah GOULD-ANTHONY, Flynn GOULD-ANTHONY, Brianna KNOWLES, Grace LIM, Emily LIM, Jed LORKIN, Ryley LORKIN, Bonnita MATE, Clare MCKENZIE, John MINTOFF, Tracy MINTOFF, Kelly MINTOFF, Kellie MURRAY, Julie PARKINSON, Andy PARKINSON, Pete PARKINSON, Craig SAKEY, Robert SCIBERRAS, Em SCOLLARY, Brendan SCOLLARY, Oliver SPAKE, Adrian THORNTON

Why not get involved and volunteer?

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on Latest Results, or by picking a specific week from the Event History table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (Veteran); the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
  - Gives an indication of how well the runner has done relative to their age and gender see the FAQ article for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouroffice@parkrun.com
Any questions? Please visit our support site

Number of events: 218	Number of runners: 4,874	Number of runs: 40,471
Number of first finishers: 127	Number of clubs: 202	Number of PBs: 6,352
Average number of runners per week: 185.6	Average number of runs per runner: 8.3	Biggest Attendance: 363
Average run time: 00:34:28	Total hours run: 2Years 239Days 3Hrs 5Min 16Secs	Total distance run: 202,355km

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)

Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)

Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)