























Shellharbour parkrun # 137 - 04/02/2017

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Bradley HOLLAND	19:32	SM18-19	67.49 %	M	1	Kembla Joggers AC	PB stays at 00:18:18	41
2	Rob MASON	20:01	VM35-39	67.69 %	M	2		New PB!	14
3	Andrew PROFKE	20:21	VM35-39	64.78 %	M	3		PB stays at 00:20:10	31
4	Tom BATTY	21:52	SM30-34	59.15 %	M	4		First Timer!	2
5	Gary POTTER	21:55	VM45-49	66.24 %	M	5	Pub Runners	First Timer!	49
6	Dean BOYTON	21:56	VM45-49	64.67 %	M	6	Kembla Joggers AC	PB stays at 00:20:37	184
7	Nikita ROMANKIN	21:58	JM11-14	66.01 %	M	7		PB stays at 00:19:51	57
8	Oliver SPAKE	22:07	SM30-34	59.01 %	M	8		PB stays at 00:20:07	124
9	Chris LLEWELLYN	22:11	VM40-44	63.41 %	M	9		PB stays at 00:19:49	61
10	Teresha MOXHAM	22:22	VW35-39	67.06 %	F	1	Kembla Joggers AC	PB stays at 00:20:24	141
11	Dylan GRIFFITHS	22:45	JM11-14	67.25 %	M	10		PB stays at 00:21:34	79
12	Matthew LILLAS	22:48	SM30-34	57.53 %	M	11		New PB!	2
13	Adam SKINNER	22:53	SM30-34	57.03 %	M	12		First Timer!	14
14	Taliah MOXHAM	22:57	JW15-17	67.54 %	F	2	Kembla Joggers AC	PB stays at 00:21:00	69
15	Ray HOBSON	23:08	VM50-54	64.27 %	M	13		PB stays at 00:21:08	140
16	Trent MACLEAY	23:11	VM35-39	58.02 %	M	14		First Timer!	46
17	Jack KESSELL	23:11	SM18-19	56.87 %	M	15		New PB!	102
18	Wayne TURNER	23:12	SM30-34	56.03 %	M	16		PB stays at 00:21:21	74
19	Kerry HOLLAND	23:16	VM60-64	68.91 %	M	17		PB stays at 00:22:27	120
20	Paul DE NOBREGA	23:16	VM50-54	64.40 %	M	18	Kembla Joggers AC	PB stays at 00:22:48	121
21	Anthony PALERMO	23:17	VM40-44	60.42 %	M	19		New PB!	13
22	Unknown								
23	Andrew STUART	23:31	SM20-24	55.42 %	M	21		PB stays at 00:21:42	9
24	Derek EDWARDS	23:32	VM50-54	63.67 %	M	22	Nowra Athletics Club	PB stays at 00:22:54	92
25	Griffin SPICKNALL	23:43	JM15-17	58.68 %	M	23		PB stays at 00:20:41	36

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
26	Barry JONES	23:43	VM40-44	57.98 %	M	24		PB stays at 00:22:15	41
27	Robert SCIBERRAS	23:50	VM50-54	63.92 %	M	25	Kembla Joggers AC	PB stays at 00:22:23	136  
28	Unknown								
29	Glen HYMAN	24:01	VM35-39	55.24 %	M	27		PB stays at 00:21:26	115  
30	Gary GRIFFITHS	24:13	VM35-39	54.78 %	M	28		PB stays at 00:22:56	70 
31	Jesse MCCOULLOUGH	24:16	SM30-34	53.78 %	M	29		PB stays at 00:23:10	26 
32	Andrew FREEMAN	24:17	VM50-54	60.74 %	M	30		PB stays at 00:22:37	82  
33	Luis GONCALVES	24:19	VM40-44	57.44 %	M	31		PB stays at 00:22:08	87 
34	Matt ZAMMIT	24:22	SM25-29	52.94 %	M	32		First Timer!	4
35	Jacob PRINCE	24:25	SM20-24	52.83 %	M	33		PB stays at 00:21:42	50 
36	Sarah GARDNER	24:32	VW40-44	62.36 %	F	3		New PB!	39
37	Paul MILLER	24:41	VM35-39	54.49 %	M	34		PB stays at 00:21:20	53 
38	Brett STANFORD	24:50	VM35-39	54.16 %	M	35		PB stays at 00:23:44	20
39	Darryl SMITH	24:53	VM45-49	57.00 %	M	36	Campbelltown Joggers	First Timer!	166   
40	Rick PATZOLD	24:55	VM50-54	60.13 %	M	37		PB stays at 00:22:48	69 
41	Karlie GENTLES	24:58	JW15-17	62.08 %	F	4	Kembla Joggers AC	PB stays at 00:20:46	80 
42	Connor MCCANN	25:01	JM10	63.09 %	M	38		PB stays at 00:21:45	21 
43	Leah ARGENT	25:07	SW30-34	58.99 %	F	5		PB stays at 00:23:09	53 
44	Michael BILBOE	25:12	VM35-39	53.37 %	M	39	Savvy Fitness	PB stays at 00:20:52	62  
45	Phill CHAPMAN	25:14	VM60-64	64.13 %	M	40		PB stays at 00:22:25	177  
46	Veronika ROMANKIN-ARNDT	25:14	VW50-54	67.24 %	F	6		PB stays at 00:23:43	108 
47	Aaron PEPPER	25:20	SM30-34	51.18 %	M	41		PB stays at 00:22:13	61 
48	Unknown								
49	Dean KLEINSCHAFFER	25:32	VM35-39	53.07 %	M	43		New PB!	23
50	Macleay KESBY	25:34	JM10	63.95 %	M	44		New PB!	6
51	Rogan LAMEY	25:36	JM11-14	55.40 %	M	45		First Timer!	1
52	Andrew KRAJEWSKI	25:41	VM70-74	68.66 %	M	46	Kembla Joggers AC	PB stays at 00:24:14	85 
53	Bryce O'CONNOR	25:51	VM35-39	52.42 %	M	47		PB stays at 00:24:53	14

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
54	Sam GALLOWAY	25:59	VM40-44	52.53 %	M	48		First Timer!	1
55	Unknown								
56	Ethan TOBIN	26:00	JM11-14	58.85 %	M	50		PB stays at 00:22:58	7
57	Tanya FRASER	26:02	VW35-39	58.13 %	F	7		PB stays at 00:23:10	45
58	Patricia O'DEA	26:04	VW55-59	72.38 %	F	8	Kembla Joggers AC	PB stays at 00:24:01	112
59	Ed ORMOND	26:20	VM45-49	53.86 %	M	51		First Timer!	5
60	Nikolai ROMANKIN	26:21	VM45-49	55.09 %	M	52		PB stays at 00:24:10	51
61	Chloe PATEMAN	26:26	JW15-17	58.64 %	F	9		PB stays at 00:20:31	93
62	Peter MASKIELL	26:28	VM65-69	64.55 %	M	53	Illawong & Districts Senior Athletics	PB stays at 00:23:59	160
63	Kye ROBINSON	26:31	JM11-14	56.07 %	M	54		PB stays at 00:20:10	33
64	Paul ZAMMIT	26:32	SM30-34	48.74 %	M	55		PB stays at 00:25:35	24
65	Andrew MCKENZIE	26:35	VM40-44	52.10 %	M	56		PB stays at 00:23:12	104
66	Will ALARDS	26:36	VM45-49	55.01 %	M	57		PB stays at 00:22:24	100
67	Max DELLER	26:39	JM11-14	57.41 %	M	58		PB stays at 00:22:25	78
68	Denis SHARROCK	26:42	VM65-69	63.98 %	M	59	Campbelltown Joggers	First Timer!	181
69	Nathan GINGER	26:49	SM30-34	48.48 %	M	60		PB stays at 00:22:22	78
70	Nathan GUNDLACH	26:51	SM25-29	48.04 %	M	61		PB stays at 00:20:57	88
71	Keira-Lee MEYERS	26:58	JW11-14	59.21 %	F	10		PB stays at 00:22:53	58
72	Nick PARTRIDGE	26:59	SM30-34	48.18 %	M	62		New PB!	20
73	Keiran SPILLANE	27:01	VM40-44	52.07 %	M	63		PB stays at 00:22:16	73
74	Nathan BALLINGER	27:03	VM35-39	48.74 %	M	64		PB stays at 00:25:24	19
75	Carolyn LONG	27:05	VW45-49	60.43 %	F	11	Running Mums Australia	PB stays at 00:24:39	117
76	Richard STEELE	27:19	VM60-64	58.69 %	M	65		PB stays at 00:23:58	103
77	Peter PIKE	27:26	VM50-54	54.19 %	M	66		PB stays at 00:22:50	87
78	George PAPADIMAS	27:27	VM50-54	54.16 %	M	67		PB stays at 00:23:02	200
79	Matthew APOLO	27:33	SM30-34	47.19 %	M	68		First Timer!	1
80	Leo ATKINS	27:39	JM11-14	55.33 %	M	69		PB stays at 00:25:50	11

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
81	Joel PALERMO	27:40	JM11-14	55.30 %	M	70		PB stays at 00:26:10	10
82	Karon LARDER	27:41	VW50-54	61.29 %	F	12		PB stays at 00:24:10	48
83	Sue DAVIES	27:42	VW55-59	67.15 %	F	13		PB stays at 00:24:04	107
84	Daniel RIVINOJA	27:52	SM25-29	46.29 %	M	71		PB stays at 00:27:33	31
85	Noel FAULKNER	28:04	VM50-54	54.28 %	M	72		PB stays at 00:24:12	89
86	Peter DALLEY	28:05	VM45-49	51.28 %	M	73		PB stays at 00:24:21	179
87	Levi RANDLE	28:13	JM11-14	51.39 %	M	74		PB stays at 00:20:50	25
88	Unknown								
89	Unknown								
90	Jack SHEPARD	28:22	SM18-19	47.00 %	M	77		PB stays at 00:26:01	4
91	Cody MACLEAY	28:23	JM11-14	53.90 %	M	78		First Timer!	45
92	Rachael CAVALLIN	28:25	SW30-34	52.32 %	F	14		First Timer!	20
93	Dimitri SEMOS	28:31	JM11-14	49.74 %	M	79		PB stays at 00:24:50	61
94	Christen CHISHOLM	28:33	VW40-44	53.88 %	F	15		First Timer!	16
95	Liam MANN	28:50	SM20-24	44.74 %	M	80		PB stays at 00:24:14	30
96	Gordon TURNER	28:58	VM65-69	60.18 %	M	81		PB stays at 00:28:04	206
97	Katya ROMANKIN	28:59	JW11-14	54.23 %	F	16		PB stays at 00:25:27	55
98	Maree HEALEY	29:00	SW30-34	51.09 %	F	17		PB stays at 00:25:37	68
99	Dr Julian R NORTH	29:01	VM35-39	46.01 %	M	82		First Timer!	2
100	Stuart SMITH	29:02	SM30-34	45.18 %	M	83		First Timer!	7
101	Unknown								
102	Amy ZAMMIT	29:05	SW30-34	50.89 %	F	18		New PB!	11
103	Peter SMITH	29:06	VM35-39	45.59 %	M	85		First Timer!	19
104	Unknown								
105	Melanie KELLY	29:09	VW35-39	51.63 %	F	19		PB stays at 00:27:37	15
106	Jarrold MACLEAY	29:14	JM10	55.93 %	M	87		First Timer!	41
107	Michael BEARE	29:19	VM60-64	56.17 %	M	88		PB stays at 00:27:15	21
108	Merike HARVEY	29:26	VW45-49	55.61 %	F	20		PB stays at 00:27:11	93
109	Witold KRAJEWSKI	29:31	VM65-69	57.88 %	M	89	Kembla Joggers AC	PB stays at 00:21:03	156









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110	Gordon NOLAN	29:32	VM40-44	47.63 %	M	90		PB stays at 00:23:53	35
111	Hazel ATKINS	29:43	JW11-14	55.97 %	F	21		PB stays at 00:25:11	11
112	Therese CAMPBELL	29:51	VW55-59	60.64 %	F	22		PB stays at 00:28:07	111
113	Rachel WOOD	29:52	SW30-34	49.55 %	F	23	Running Mums Australia	PB stays at 00:23:55	65
114	Brad GREEN	29:53	VM35-39	44.39 %	M	91		PB stays at 00:24:39	75
115	Mark JARMAN	29:54	VM55-59	51.39 %	M	92		PB stays at 00:26:36	150
116	Jody BROOKS	29:56	VW40-44	51.78 %	F	24		PB stays at 00:25:14	65
117	Karleen CURTIS	29:56	VW40-44	51.11 %	F	25		New PB!	3
118	Reggie KESSELL	30:01	JM15-17	46.36 %	M	93		PB stays at 00:24:39	33
119	Unknown								
120	William MASON	30:03	JM10	56.63 %	M	95		PB stays at 00:22:55	23
121	Nick GRINDLE	30:05	VM50-54	49.81 %	M	96		PB stays at 00:26:12	61
122	Monique KOLOSKI	30:16	JW11-14	53.80 %	F	26		PB stays at 00:27:30	11
123	Unknown								
124	Kristie TURNER	30:27	VW35-39	49.70 %	F	27		PB stays at 00:25:52	64
125	Jenny GROGAN	30:32	VW35-39	49.29 %	F	28		PB stays at 00:26:31	29
126	Ken KOSTOVSKI	30:35	VM40-44	44.96 %	M	98		PB stays at 00:27:18	13
127	Michelle PATEMAN	30:36	VW40-44	51.42 %	F	29		PB stays at 00:28:07	98
128	Declan PRIOR	30:47	JM10	51.27 %	M	99		First Timer!	15
129	Kevin SMITH	30:51	VM45-49	47.06 %	M	100		PB stays at 00:27:29	107
130	Mathew KOSTOVSKI	30:53	JM15-17	45.06 %	M	101		PB stays at 00:25:45	11
131	Sarah MASON	30:54	SW30-34	48.22 %	F	30		PB stays at 00:26:37	21
132	Julie WELLS	30:56	VW55-59	57.76 %	F	31		PB stays at 00:27:41	91
133	Megan POWELL	30:57	SW25-29	47.82 %	F	32		PB stays at 00:26:38	126
134	Merrick LAW	30:59	SM25-29	41.64 %	M	102	RunningWorks	PB stays at 00:18:53	115
135	Sherrie VINKOVIC	31:00	VW40-44	49.35 %	F	33		PB stays at 00:27:26	89

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136	Lachlan GREATZ	31:01	JM10	50.89 %	M	103		PB stays at 00:27:23	12
137	Melanie SCHREIBER	31:01	SW30-34	48.04 %	F	34		PB stays at 00:28:50	47
138	Kaiden MARKOVIC	31:05	JM11-14	49.22 %	M	104		PB stays at 00:27:09	6
139	Debbie HOLLAND	31:10	VW45-49	51.98 %	F	35		PB stays at 00:27:01	98
140	Linda PORRITT	31:13	VW55-59	57.23 %	F	36		PB stays at 00:27:14	135
141	Michael WOOD	31:18	SM30-34	41.53 %	M	105		First Timer!	1
142	Cooper MARKOVIC	31:21	JM10	54.28 %	M	106		PB stays at 00:26:18	12
143	Chris SHELTON	31:23	SM30-34	41.58 %	M	107		First Timer!	16
144	Kell FLETCHER	31:24	SM30-34	41.40 %	M	108		New PB!	14
145	Jenni MACLEAY	31:26	VW35-39	47.88 %	F	37		First Timer!	44
146	Craig NEALON	31:38	VM55-59	49.00 %	M	109		PB stays at 00:26:18	110
147	Julia CATSINAS	31:40	SW25-29	46.74 %	F	38		PB stays at 00:26:57	12
148	Kalem HAWKE	31:47	JM10	53.54 %	M	110		PB stays at 00:26:28	18
149	Lyndsay MCCOULLOUGH	31:56	SW30-34	46.40 %	F	39		PB stays at 00:28:45	29
150	Donna REID	32:07	VW45-49	50.44 %	F	40		PB stays at 00:29:15	83
151	Debbie BRUCE	32:09	SW30-34	46.35 %	F	41		PB stays at 00:26:54	21
152	Rebecca HAWKE	32:10	VW45-49	49.84 %	F	42		PB stays at 00:29:12	11
153	Robyn CALLAGHAN	32:13	VW45-49	49.30 %	F	43	Pub Runners	First Timer!	5
154	Michelle ROBINSON	32:20	VW45-49	49.12 %	F	44		PB stays at 00:26:31	35
155	Julie TURNER	32:21	VW60-64	59.97 %	F	45		PB stays at 00:28:53	211
156	Jason KEFT	32:23	VM40-44	42.77 %	M	111		PB stays at 00:24:16	22
157	Amanda MANSELL	32:24	VW35-39	46.71 %	F	46		PB stays at 00:28:36	20
158	Melissa DOS SANTOS	32:29	VW40-44	47.36 %	F	47		New PB!	14
159	Mylene CARON	32:32	VW40-44	47.03 %	F	48		First Timer!	4
160	Jessica HOLLAND	32:34	JW11-14	48.26 %	F	49		PB stays at 00:26:45	64
161	Shayne ATKIN	33:01	JW10	53.15 %	F	50	Kembla Joggers AC	PB stays at 00:31:44	8
162	Kerry GOOD	33:04	VW55-59	57.06 %	F	51		PB stays at 00:28:36	70

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163	Mylinh RILEY	33:15	VW35-39	45.26 %	F	52		PB stays at 00:29:28	15
164	Brendan CARTER	33:17	SM30-34	39.21 %	M	112		First Timer!	22
165	Kesara MCLAURIN	33:31	JW11-14	46.89 %	F	53		New PB!	3
166	Declan MCCANN	33:54	JM10	50.20 %	M	113		PB stays at 00:24:25	12
167	Unknown								
168	Steve DAVIES	33:59	VM60-64	47.18 %	M	115		PB stays at 00:24:35	50
169	Steven TOOHEY	34:00	SM30-34	38.38 %	M	116		First Timer!	2
170	Ella LINDSAY	34:04	SW30-34	43.54 %	F	54		First Timer!	7
171	Kris RATH	34:04	SM25-29	37.87 %	M	117		First Timer!	4
172	Pete TIMMINS	34:07	VM55-59	45.04 %	M	118		PB stays at 00:30:05	8
173	Lynn TAGUE	34:13	VW65-69	62.01 %	F	55	Kembla Joggers AC	PB stays at 00:30:47	155
174	Sarah MILLER	34:15	SW30-34	43.41 %	F	56		New PB!	19
175	Sarah BARNARD	34:20	VW35-39	43.83 %	F	57		PB stays at 00:33:27	15
176	Hannah MCLAURIN	34:21	SW20-24	43.09 %	F	58		New PB!	3
177	Nathan CLUNE	34:22	SM20-24	37.92 %	M	119		New PB!	3
178	Callum SPILLANE	34:24	JM11-14	44.48 %	M	120		PB stays at 00:26:42	81
179	Jenny SPILLANE	34:26	VW40-44	45.01 %	F	59	Running Mums Australia	PB stays at 00:23:27	88
180	Nathan COUCHMAN	34:43	SM20-24	37.16 %	M	121		New PB!	36
181	Craig PARKER	34:45	SM30-34	37.41 %	M	122		PB stays at 00:27:52	7
182	Richard LEWIS	34:48	VM45-49	40.76 %	M	123		PB stays at 00:33:35	2
183	Steve CAMPBELL	34:50	VM50-54	43.40 %	M	124		PB stays at 00:29:47	61
184	Lucas CAMPBELL	34:55	JM10	45.20 %	M	125		PB stays at 00:25:40	5
185	Eamon MCCANN	35:05	JM10	53.30 %	M	126		PB stays at 00:26:35	14
186	Jon EDWARDS	35:19	VM35-39	37.56 %	M	127		First Timer!	55
187	Unknown								
188	Jason GREEN	35:25	VM40-44	38.82 %	M	129		PB stays at 00:32:07	75
189	Imogen DOS SANTOS	35:26	JW11-14	45.95 %	F	60		PB stays at 00:28:49	18
190	Barbara MAXWELL	35:40	VW70-74	65.65 %	F	61	Ulladulla RATS	PB stays at 00:31:16	100
191	Kobi LORKIN	35:41	JM10	52.41 %	M	130		PB stays at 00:27:28	23

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220	Brian MCCANN	38:42	VM40-44	35.53 %	M	142		PB stays at 00:33:19	10
221	Emma PEACHMAN	38:54	SW30-34	38.09 %	F	79		PB stays at 00:35:23	52
222	Cass SHARP	39:05	VW40-44	39.36 %	F	80		PB stays at 00:32:51	12
223	Michael GENTLE	39:10	VM45-49	36.47 %	M	143	St George District Athletic Club	PB stays at 00:31:18	66
224	Unknown								
225	Georgia TATE	39:25	JW10	44.52 %	F	81	Kembla Joggers AC	PB stays at 00:24:21	11
226	Kelly MEYERS	39:29	VW35-39	37.99 %	F	82		PB stays at 00:33:08	52
227	Megan BYRON	39:33	VW40-44	39.78 %	F	83		New PB!	36
228	Sam MCINTYRE	39:54	VW35-39	37.59 %	F	84		PB stays at 00:31:00	60
229	Nicole RUTLEDGE	39:57	SW25-29	37.05 %	F	85		PB stays at 00:35:03	6
230	Bonnita MATE	39:58	JW11-14	39.32 %	F	86		PB stays at 00:26:15	126
231	Zann KESBY	40:04	VW35-39	37.77 %	F	87		First Timer!	2
232	Ross HAWKE	40:07	VM45-49	36.48 %	M	145		PB stays at 00:36:05	11
233	Di JOHNSTON	41:08	VW45-49	38.61 %	F	88		PB stays at 00:36:29	13
234	Jeanette ATKINS	41:21	VW50-54	42.64 %	F	89		PB stays at 00:39:59	11
235	Cheryl EMMERICH	41:26	VW50-54	41.47 %	F	90		PB stays at 00:36:30	147
236	Anthony BYRNE	41:27	SM30-34	31.64 %	M	146		PB stays at 00:29:07	96
237	Randall ALEXANDER	42:01	VM45-49	33.99 %	M	147	The Running Movement	PB stays at 00:24:21	93
238	Luke TAYLOR	42:05	JM10	40.44 %	M	148		PB stays at 00:30:19	39
239	Russell TAYLOR	42:05	VM35-39	32.20 %	M	149		PB stays at 00:23:05	47
240	Shannon RILEY	42:36	VM35-39	31.57 %	M	150		First Timer!	5
241	Bernard BOAFO	42:46	VM35-39	31.45 %	M	151		New PB!	5
242	Margaret LEWIS	43:15	VW55-59	42.43 %	F	91		PB stays at 00:38:58	149
243	Poppy TAYLOR	43:26	JW10	40.41 %	F	92		PB stays at 00:30:16	37
244	Katelyn SPICKNALL	43:31	JW10	40.33 %	F	93		PB stays at 00:31:09	41
245	Marissa NOLAN	43:35	VW40-44	35.56 %	F	94		PB stays at 00:40:00	26
246	Andrew WARDEN	43:43	VM50-54	34.01 %	M	152	Orienteering ACT	First Timer!	110

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
276	Rebecca RIVINOJA	48:23	SW30-34	30.59 %	F	111		PB stays at 00:45:42	16
277	Laxton MARYLOUISE	48:23	VW50-54	36.45 %	F	112		First Timer!	2
278	Lorna SULEMAN-WRIGHT	48:24	VW40-44	31.78 %	F	113		First Timer!	2
279	Hetty ALLEN	48:28	VW70-74	45.94 %	F	114		PB stays at 00:41:21	28
280	Trevor DICKSON	48:37	VM75-79	41.31 %	M	166		PB stays at 00:40:43	85
281	Jessica KABLE	48:43	JW10	36.02 %	F	115		First Timer!	14
282	Hannah TATE	48:45	JW10	40.07 %	F	116		First Timer!	6
283	Jessica WEEKES	48:45	SW20-24	30.36 %	F	117		PB stays at 00:33:51	87
284	Unknown								
285	Garry PARKER	49:00	VM60-64	33.61 %	M	168		New PB!	3
286	Jessica TATE	49:11	VW35-39	30.60 %	F	118		First Timer!	8
287	Amanda COOK	49:25	VW35-39	30.25 %	F	119		New PB!	16
288	Bree JEDRZEJCZAK	49:25	VW35-39	30.35 %	F	120		New PB!	9
289	Nissi BOAFO	49:35	JW11-14	33.55 %	F	121		New PB!	3
290	Caleb BOAFO	49:43	JM10	32.89 %	M	169		PB stays at 00:46:09	4
291	Amanda BOAFO	50:00	VW35-39	30.00 %	F	122		New PB!	8
292	Fiona MCLAUCHLAN	50:25	VW45-49	31.50 %	F	123	Running Mums Australia	PB stays at 00:37:49	53
293	Saxon VINKOVIC	51:14	JM11-14	29.02 %	M	170		PB stays at 00:31:44	69
294	Rachelle WILSON	51:55	SW20-24	28.51 %	F	124		PB stays at 00:46:49	6
295	Nicole RILEY	52:04	VW35-39	29.19 %	F	125		New PB!	9
296	Dean KESBY	52:30	VM45-49	27.87 %	M	171		First Timer!	3
297	Marshall MCGREGOR	52:40	JM11-14	29.05 %	M	172		PB stays at 00:29:55	18
298	Savannah KESBY	53:29	JW10	31.91 %	F	126		First Timer!	2
299	Unknown								
300	Tara FORMOSA	53:49	SW25-29	27.50 %	F	127		First Timer!	1
301	Peter MILLER	53:57	VM35-39	24.44 %	M	174		PB stays at 00:32:54	4
302	Unknown								
303	Unknown								
304	Sandra BOURKE	54:54	VW50-54	30.90 %	F	128		PB stays at 00:48:39	15
305	Nicole BRITTEN	55:29	VW40-44	28.15 %	F	129		PB stays at 00:49:48	8
306	Melanie COOKE	55:30	VW35-39	27.39 %	F	130		PB stays at 00:33:54	38
307	Chantel RYAN	55:30	SW30-34	26.70 %	F	131		First Timer!	29

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
308	Semone RIDDELL	55:51	VW40-44	28.17 %	F	132		New PB!	2
309	Gaylia YOUNG	56:07	VW50-54	30.23 %	F	133	HerCoach-HisCoach	PB stays at 00:34:03	76   
310	Joanne ALEXANDER	56:07	VW45-49	28.30 %	F	134	The Running Movement	PB stays at 00:30:42	160   
311	Oriana ANASTAS	56:08	VW45-49	28.86 %	F	135	The Running Movement	PB stays at 00:33:39	92  
312	Angela KABLE	56:09	VW40-44	27.40 %	F	136		First Timer!	16
313	Chris FRASER	57:05	VM45-49	25.02 %	M	177	Kembla Joggers AC	PB stays at 00:25:30	181   
314	Kerry FRASER	57:06	VW40-44	27.35 %	F	137		PB stays at 00:39:27	22
315	Katelyn BLISSETT	1:01:42	JW10	28.44 %	F	138		PB stays at 00:43:44	47 
316	Cheryl BLISSETT	1:01:45	VW40-44	25.48 %	F	139		PB stays at 00:43:05	51 
317	Corey GENTLE	1:03:06	JM11-14	23.56 %	M	178	St George District Athletic Club	PB stays at 00:33:50	18 
318	Nicole GENTLE	1:03:06	SW20-24	23.45 %	F	140	St George District Athletic Club	PB stays at 00:32:28	6
319	Unknown								
320	Unknown								
321	Anne KESSELL	1:05:00	VW50-54	25.79 %	F	141		PB stays at 00:35:57	88 
322	Corinn GINGER	1:05:00	SW30-34	22.82 %	F	142		PB stays at 00:30:55	92  

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen: Joanne ALEXANDER, Lyn BAIRD, Anthony BYRNE, Gaillyn COOPER, Sue DAVIES, Corinn GINGER, Leah GOULD-ANTHONY, Flynn GOULD-ANTHONY, Russell HARVEY, Anne KESSELL, Brianna KNOWLES, Kathy LEWIS, Jed LORKIN, Daniel RIVINOJA, Amanda ROGERS, Robert SCIBERRAS, Brendan SCOLLARY, Oliver SPAKE, Lynn TAGUE, Adrian THORNTON, Kyra TURNER, Kristie TURNER

Why not [get involved](#) and [volunteer](#)?

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (V)eteran; the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
 - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouoffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218

Number of runners: 4,874

Number of runs: 40,471

Number of first finishers: 127

Number of clubs: 202

Number of PBs: 6,352

Average number of runners per week: 185.6

Average number of runs per runner: 8.3

Biggest Attendance: 363

Average run time: 00:34:28

Total hours run: 2Years 239Days 3Hrs 5Min 16Secs

Total distance run: 202,355km

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)

Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)

Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)

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