

Shellharbour parkrun # 138 - 11/02/2017

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Rob MASON	20:19	VM35-39	66.69 %	M	1		PB stays at 00:18:48	14 
2	John MINTOFF	20:19	VM45-49	70.88 %	M	2	Kembla Joggers AC	PB stays at 00:20:09	140  
3	Unknown								
4	Ray HOBSON	21:51	VM50-54	68.04 %	M	4		PB stays at 00:21:08	140 
5	Chris LLEWELLYN	22:03	VM40-44	63.79 %	M	5		PB stays at 00:19:49	61 
6	Dean BOYTON	22:07	VM45-49	64.13 %	M	6	Kembla Joggers AC	PB stays at 00:20:37	184   
7	Unknown								
8	Trent MACLEAY	22:53	VM35-39	58.78 %	M	8		New PB!	46
9	Unknown								
10	Anthony PALERMO	22:59	VM40-44	61.20 %	M	10		New PB!	13
11	Callum MOGGACH	23:01	SM25-29	56.05 %	M	11	Canberra Bilbys Triathlon Club	PB stays at 00:23:01	21
12	Russell TAYLOR	23:05	VM35-39	58.70 %	M	12		New PB!	47
13	Peter RIIKONEN	23:13	VM35-39	57.50 %	M	13		PB stays at 00:22:22	21
14	Misha ROMANKIN	23:14	JM15-17	58.97 %	M	14		PB stays at 00:20:30	42 
15	Jesse MCCOULLLOUGH	23:21	SM30-34	55.89 %	M	15		PB stays at 00:23:10	26 
16	Huw MCGILL	23:23	SM18-19	56.38 %	M	16		First Timer!	17 
17	Paul DE NOBREGA	23:23	VM50-54	64.08 %	M	17	Kembla Joggers AC	PB stays at 00:22:48	121 
18	Barry JONES	23:24	VM40-44	58.76 %	M	18		PB stays at 00:22:15	41
19	Craig SAKEY	23:39	VM55-59	64.98 %	M	19	Kembla Joggers AC	PB stays at 00:21:14	120 
20	Andrew FREEMAN	23:41	VM50-54	62.28 %	M	20		PB stays at 00:22:37	82  
21	Unknown								
22	Unknown								
23	Unknown								
24	Nikita ROMANKIN	24:02	JM11-14	60.33 %	M	24		PB stays at 00:19:51	57 
25	Gary GRIFFITHS	24:04	VM35-39	55.12 %	M	25		PB stays at 00:22:56	70 
26	Robert SCIBERRAS	24:07	VM50-54	63.17 %	M	26	Kembla Joggers AC	PB stays at 00:22:23	136  

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27	Mick GOODHEW	24:09	VM45-49	60.11 %	M	27		PB stays at 00:22:34	34
28	Jacob PRINCE	24:12	SM20-24	53.31 %	M	28		PB stays at 00:21:42	50 
29	Scott PHILLIPS	24:19	SM25-29	53.05 %	M	29		First Timer!	1
30	Leah ARGENT	24:22	SW30-34	60.81 %	F	1		New PB!	53 
31	Unknown								
32	Glen HYMAN	24:34	VM35-39	54.00 %	M	31		PB stays at 00:21:26	115  
33	Mitchell FORMOSA	25:04	SM25-29	51.53 %	M	32		PB stays at 00:23:37	22
34	Peter PIKE	25:05	VM50-54	59.27 %	M	33		PB stays at 00:22:50	87  
35	Unknown								
36	Phill CHAPMAN	25:12	VM60-64	64.22 %	M	35		PB stays at 00:22:25	177  
37	Jody BROOKS	25:18	VW40-44	61.26 %	F	2		New PB!	65 
38	Tanya FRASER	25:19	VW35-39	59.78 %	F	3		PB stays at 00:23:10	45
39	Andrew KRAJEWSKI	25:25	VM70-74	69.38 %	M	36	Kembla Joggers AC	PB stays at 00:24:14	85 
40	Andrew MCKENZIE	25:40	VM40-44	53.96 %	M	37		PB stays at 00:23:12	104  
41	Samuel RATHBOME	25:57	SM25-29	49.71 %	M	38		New PB!	7
42	Patricia O'DEA	25:58	VW55-59	72.66 %	F	4	Kembla Joggers AC	PB stays at 00:24:01	112 
43	Aaron PEPPER	26:01	SM30-34	49.84 %	M	39		PB stays at 00:22:13	61 
44	Jason KEFT	26:02	VM40-44	53.20 %	M	40		PB stays at 00:24:16	22
45	Nathan GUNDLACH	26:06	SM25-29	49.43 %	M	41		PB stays at 00:20:57	88  
46	Will ALARDS	26:09	VM45-49	55.96 %	M	42		PB stays at 00:22:24	100 
47	Georgia TATE	26:11	JW10	67.03 %	F	5	Kembla Joggers AC	New PB!	11 
48	Brad TATE	26:11	VM35-39	51.37 %	M	43	Kembla Joggers AC	PB stays at 00:22:48	13 
49	Nikolai ROMANKIN	26:22	VM45-49	55.06 %	M	44		PB stays at 00:24:10	51 
50	Tan BOURNE	26:26	VM55-59	59.14 %	M	45		PB stays at 00:23:34	133 
51	Karon LARDER	26:29	VW50-54	64.07 %	F	6		PB stays at 00:24:10	48
52	Sue DAVIES	26:41	VW55-59	69.71 %	F	7		PB stays at 00:24:04	107   
53	Terry TOMPKIN	26:49	VM40-44	51.27 %	M	46		PB stays at 00:23:25	11

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54	Brad DOUGLASS	26:49	SM30-34	48.48 %	M	47		First Timer!	6	
55	Unknown									
56	Dylan GRIFFITHS	26:58	JM11-14	56.74 %	M	49		PB stays at 00:21:34	79	50
57	Carolyn LONG	26:59	VW45-49	60.65 %	F	8	Running Mums Australia	PB stays at 00:24:39	117	100 25 🏆
58	Dimitri SEMOS	27:07	JM11-14	52.30 %	M	50		PB stays at 00:24:50	61	50
59	Duarte NORONHA	27:13	VM45-49	52.48 %	M	51		PB stays at 00:21:36	33	
60	Peter DALLEY	27:16	VM45-49	52.81 %	M	52		PB stays at 00:24:21	179	100 🏆
61	Rob SHARP	27:21	VM40-44	50.64 %	M	53		PB stays at 00:22:59	20	
62	Liam SYKES	27:32	SM20-24	46.85 %	M	54		First Timer!	17	
63	Joshua QUINNELL	27:45	JM11-14	53.57 %	M	55		PB stays at 00:26:35	21	10
64	Andrew WILSON	27:57	VM40-44	49.19 %	M	56		PB stays at 00:23:55	42	
65	Katya ROMANKIN	27:59	JW11-14	56.16 %	F	9		PB stays at 00:25:27	55	50
66	Cody MACLEAY	28:08	JM11-14	54.38 %	M	57		New PB!	45	10
67	Veronika ROMANKIN-ARNDT	28:08	VW50-54	60.31 %	F	10		PB stays at 00:23:43	108	100
68	Unknown									
69	Daniel BATANCS	28:17	SM20-24	45.61 %	M	59		First Timer!	18	
70	Jarrod MACLEAY	28:18	JM10	57.77 %	M	60		New PB!	41	10
71	Steve LARDER	28:19	VM50-54	53.38 %	M	61		PB stays at 00:24:35	39	
72	Nick MASON	28:22	VM35-39	46.47 %	M	62		New PB!	20	
73	Peter DALY	28:46	VM55-59	53.88 %	M	63		First Timer!	204	100 25 🏆
74	Noel FAULKNER	28:52	VM55-59	53.23 %	M	64		PB stays at 00:24:12	89	50
75	Unknown									
76	Brett WRIGHT	28:57	VM45-49	48.99 %	M	66		PB stays at 00:26:48	71	50
77	Merike HARVEY	28:58	VW45-49	56.50 %	F	11		PB stays at 00:27:11	93	50
78	Jenny SPILLANE	29:15	VW40-44	52.99 %	F	12	Running Mums Australia	PB stays at 00:23:27	88	50 🏆
79	Keiran SPILLANE	29:15	VM40-44	48.09 %	M	67		PB stays at 00:22:16	73	50 🏆
80	Craig NEALON	29:20	VM55-59	52.84 %	M	68		PB stays at 00:26:18	110	100 25 🏆
81	Jon SPICER	29:24	VM45-49	48.58 %	M	69		PB stays at 00:27:09	41	

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82	Michael BEARE	29:27	VM60-64	55.91 %	M	70		PB stays at 00:27:15	21
83	Daniel RIVINOJA	29:29	SM25-29	43.75 %	M	71		PB stays at 00:27:33	31
84	Gordon TURNER	29:30	VM65-69	59.10 %	M	72		PB stays at 00:28:04	206  
85	Craig PARKER	29:32	SM30-34	44.02 %	M	73		New PB!	7
86	Chris SHELTON	29:33	SM30-34	44.16 %	M	74		New PB!	16
87	Scott DAVIES	29:36	VM35-39	45.44 %	M	75		First Timer!	9
88	Kell FLETCHER	29:52	SM30-34	43.53 %	M	76		New PB!	14
89	Chris BOURKE	29:53	VM50-54	49.36 %	M	77		PB stays at 00:26:03	44
90	Therese CAMPBELL	29:55	VW55-59	60.50 %	F	13		PB stays at 00:28:07	111 
91	Quinn LEW	30:09	JM11-14	48.09 %	M	78		First Timer!	43 
92	Nick GRINDLE	30:18	VM50-54	49.45 %	M	79		PB stays at 00:26:12	61 
93	Tom WILLIAMS	30:20	VM45-49	47.47 %	M	80		PB stays at 00:25:26	59  
94	Peter GUNDLACH	30:21	VM55-59	51.07 %	M	81		PB stays at 00:28:13	85 
95	Courtney MCVEIGH	30:22	SW20-24	48.74 %	F	14		PB stays at 00:28:58	18
96	Brianna KNOWLES	30:23	SW25-29	48.71 %	F	15		PB stays at 00:24:25	80 
97	Rhiannon FOTHERINGHAM	30:39	SW25-29	48.29 %	F	16		PB stays at 00:25:14	49
98	Melanie SCHREIBER	30:42	SW30-34	48.53 %	F	17		PB stays at 00:28:50	47
99	Andy PARKINSON	30:45	VM50-54	48.35 %	M	82		PB stays at 00:25:32	70 
100	Pete TIMMINS	30:50	VM55-59	49.84 %	M	83		New PB!	8
101	Elizabeth DALY	30:57	VW50-54	55.52 %	F	18		First Timer!	215 
102	Paul TILSED	31:09	VM35-39	43.50 %	M	84		PB stays at 00:28:13	7
103	Melissa IRISH	31:12	VW40-44	50.43 %	F	19		PB stays at 00:29:14	57 
104	Linda PORRITT	31:14	VW55-59	57.20 %	F	20		PB stays at 00:27:14	135 
105	Damon ROTHWELL	31:21	VM55-59	49.87 %	M	85		PB stays at 00:27:14	84 
106	Michaela STEWART	31:25	SW25-29	47.11 %	F	21	Woodstock Runners	First Timer!	96  
107	Robert STEWART	31:28	SM25-29	41.05 %	M	86	Woodstock Runners	First Timer!	55  
108	Unknown								
109	Brendan CARTER	31:33	SM30-34	41.36 %	M	88		New PB!	22
110	Grace CHISHOLM	31:36	JW10	54.01 %	F	22		New PB!	13 

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111	Jenni MACLEAY	31:42	VW35-39	47.48 %	F	23		PB stays at 00:27:52	44	
112	Christen CHISHOLM	31:57	VW40-44	48.15 %	F	24		PB stays at 00:27:34	16	
113	Andrew BYRON	32:09	VM45-49	44.43 %	M	89		New PB!	43	
114	Corinn GINGER	32:26	SW30-34	45.73 %	F	25		New PB!	92	 
115	Bonnita MATE	32:29	JW11-14	48.38 %	F	26		PB stays at 00:26:15	126	 
116	Kellie MURRAY	32:31	SW25-29	45.52 %	F	27		PB stays at 00:26:56	142	  
117	Tori FUNNELL	32:32	VW35-39	46.26 %	F	28	Running Mums Australia	PB stays at 00:27:23	83	
118	Mark JARMAN	32:37	VM55-59	47.11 %	M	90		PB stays at 00:26:36	150	
119	Hung LEW	32:40	VM40-44	43.06 %	M	91		First Timer!	41	
120	Unknown									
121	Meridith SOUTHERN	33:06	VW50-54	51.26 %	F	29		New PB!	2	
122	Kinne RING	33:08	SW20-24	44.67 %	F	30		First Timer!	9	
123	Ella LINDSAY	33:09	SW30-34	44.75 %	F	31		New PB!	7	
124	Kris RATH	33:10	SM25-29	38.89 %	M	93		New PB!	4	
125	Nicole PAPADIMAS	33:13	JW15-17	45.51 %	F	32		PB stays at 00:27:37	130	
126	Julie TURNER	33:18	VW60-64	58.26 %	F	33		PB stays at 00:28:53	211	 
127	Nathan COUCHMAN	33:25	SM20-24	38.60 %	M	94		New PB!	36	
128	Tahnee STRAMLIC	33:29	SW25-29	44.20 %	F	34		First Timer!	1	
129	Kase DOUGLASS	33:32	SW30-34	44.18 %	F	35		First Timer!	13	
130	Joanne ALEXANDER	33:40	VW45-49	47.18 %	F	36	The Running Movement	PB stays at 00:30:42	160	  
131	Liz MELDRUM	34:01	VW50-54	51.20 %	F	37	Kembla Joggers AC	PB stays at 00:24:46	98	
132	Libby ROTHWELL	34:11	VW50-54	50.95 %	F	38		PB stays at 00:28:03	57	
133	Michelle NICOL	34:16	VW35-39	44.16 %	F	39		PB stays at 00:28:57	52	
134	Amanda MANSELL	34:24	VW35-39	43.99 %	F	40		PB stays at 00:28:36	20	
135	Michael BLAIN	34:29	VM40-44	40.16 %	M	95		First Timer!	92	
136	Bina RING	35:03	SW20-24	42.23 %	F	41		First Timer!	2	
137	Michelle T WEEKES	35:12	VW50-54	48.82 %	F	42		PB stays at 00:30:14	89	
138	Jacob DAVIDSON	35:28	SM25-29	36.37 %	M	96		New PB!	54	 
139	Unknown									
140	Unknown									
141	Craig BATTY	35:46	VM40-44	39.33 %	M	99		PB stays at 00:27:45	125	

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142	Caitlin EMMERICH	35:54	SW20-24	41.23 %	F	43		PB stays at 00:26:45	86 
143	Janet MCGILL	35:55	VW55-59	49.74 %	F	44		First Timer!	131 
144	Deane ADAMS	35:59	VM55-59	43.45 %	M	100	Warringah Triathlon Club	PB stays at 00:34:01	122 
145	Tracy MINTOFF	36:32	VW45-49	43.89 %	F	45	Kembla Joggers AC	PB stays at 00:32:42	140  
146	Cameron DALLEY	37:02	JM15-17	37.58 %	M	101		New PB!	53 
147	George PAPADIMAS	37:02	VM50-54	40.14 %	M	102		PB stays at 00:23:02	200 
148	Lee WRIGHT	37:07	VW35-39	40.28 %	F	46		PB stays at 00:30:59	93 
149	Rebecca MARSHALL	37:24	VW40-44	41.13 %	F	47		PB stays at 00:31:33	89 
150	Cass SHARP	37:54	VW40-44	40.59 %	F	48		PB stays at 00:32:51	12
151	Emma PEACHMAN	39:19	SW30-34	37.69 %	F	49		PB stays at 00:35:23	52 
152	Melissa CHARNOCK	39:20	VW35-39	38.26 %	F	50		New PB!	8
153	Karan JORGENSEN	39:44	VW45-49	40.77 %	F	51		PB stays at 00:27:09	44
154	Toni MOSTYN	40:05	VW55-59	47.07 %	F	52		PB stays at 00:35:45	39
155	Bernard BOAFO	40:20	VM35-39	33.35 %	M	103		New PB!	5
156	Anne EDDIE	40:31	VW60-64	50.02 %	F	53		First Timer!	69 
157	Lyn SPICKNALL	40:39	VW45-49	39.07 %	F	54		PB stays at 00:34:36	32
158	Hannah LAXTON-KOONCE	40:42	SW20-24	36.36 %	F	55		First Timer!	1
159	Michael GENTLE	40:49	VM45-49	34.99 %	M	104	St George District Athletic Club	PB stays at 00:31:18	66  
160	Laxton MARYLOUISE	40:58	VW50-54	43.04 %	F	56		New PB!	2
161	Katelyn SPICKNALL	41:05	JW10	42.72 %	F	57		PB stays at 00:31:09	41 
162	Griffin SPICKNALL	41:06	JM15-17	33.86 %	M	105		PB stays at 00:20:41	36 
163	Anne KESSELL	41:12	VW50-54	40.70 %	F	58		PB stays at 00:35:57	88 
164	Unknown								
165	Jessica WEEKES	42:02	SW20-24	35.21 %	F	59		PB stays at 00:33:51	87 
166	Unknown								
167	Witold KRAJEWSKI	42:33	VM65-69	40.15 %	M	108	Kembla Joggers AC	PB stays at 00:21:03	156 
168	Cheryl EMMERICH	43:08	VW50-54	39.84 %	F	60		PB stays at 00:36:30	147  
169	Corey GENTLE	44:16	JM11-14	33.58 %	M	109	St George District Athletic Club	PB stays at 00:33:50	18 

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170	Margaret LEWIS	44:29	VW55-59	41.25 %	F	61		PB stays at 00:38:58	149 
171	Rhonda CHURCHILL	44:48	VW50-54	38.88 %	F	62		PB stays at 00:38:57	101 
172	Ebony KONTIC	45:21	JW15-17	34.18 %	F	63		First Timer!	1
173	Kirra BRITTEN	45:22	JW11-14	34.64 %	F	64		First Timer!	2
174	Lorna SULEMAN-WRIGHT	45:53	VW40-44	33.53 %	F	65		New PB!	2
175	Nik WILLIAMS	46:06	VW45-49	35.14 %	F	66		First Timer!	1
176	Penny DALLEY	46:06	VW40-44	34.13 %	F	67		PB stays at 00:44:38	6
177	Julie PARKINSON	46:07	VW50-54	37.26 %	F	68		PB stays at 00:44:05	55 
178	Kristen MCKENZIE	46:20	SW20-24	31.94 %	F	69		New PB!	31 
179	Caleb BOAFO	46:50	JM10	34.91 %	M	110		PB stays at 00:46:09	4
180	Amanda BOAFO	47:22	VW35-39	31.67 %	F	70		New PB!	8
181	Kaitlyn NEWELL-GLASER	47:38	JW10	36.84 %	F	71		PB stays at 00:38:51	22 
182	Maddison NEWELL-GLASER	47:40	JW10	40.98 %	F	72		PB stays at 00:41:17	20 
183	Suzanne ALEXANDER	47:45	VW50-54	35.99 %	F	73	Running Mums Australia	PB stays at 00:36:19	133  
184	Karen NEWELL	47:47	VW40-44	32.93 %	F	74		PB stays at 00:25:40	29
185	Joshua WIFFEN	47:47	VM35-39	28.15 %	M	111		PB stays at 00:20:25	34
186	Donald EDDIE	47:48	VM65-69	36.09 %	M	112		First Timer!	59 
187	Garry PARKER	47:55	VM60-64	34.37 %	M	113		New PB!	3
188	Keiran BLISSETT	48:10	JM10	36.96 %	M	114		PB stays at 00:37:14	50 
189	Chantel RYAN	48:25	SW30-34	30.60 %	F	75		New PB!	29
190	Allan MURRAY	48:26	VM60-64	33.10 %	M	115		PB stays at 00:41:59	35
191	Rachelle WILSON	49:45	SW20-24	29.75 %	F	76		PB stays at 00:46:49	6
192	Cheryl BLISSETT	49:48	VW40-44	31.59 %	F	77		New PB!	51 
193	Gail O'SULLIVAN	49:57	VW60-64	39.97 %	F	78		PB stays at 00:33:21	80 
194	Beth HORNER	49:58	VW35-39	30.29 %	F	79		PB stays at 00:28:56	45
195	Lachlan TATE	50:05	JM10	39.60 %	M	116		PB stays at 00:37:37	5
196	Sam MCINTYRE	50:06	VW35-39	29.94 %	F	80		PB stays at 00:31:00	60 
197	Jessica TATE	50:40	VW35-39	29.70 %	F	81		PB stays at 00:29:03	8

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198	Ryan BRADBURY	50:42	VM35-39	26.53 %	M	117		PB stays at 00:32:16	8
199	Lachlan BRADBURY	50:42	JM10	32.25 %	M	118		PB stays at 00:32:17	6
200	Keanu JONES	50:43	JM11-14	29.31 %	M	119		First Timer!	1
201	Melanie COOKE	50:47	VW35-39	29.93 %	F	82		New PB!	38
202	Kaye FRANKS	50:47	VW35-39	29.80 %	F	83		New PB!	8
203	Unknown								
204	Unknown								
205	Nicole BRITTEN	51:19	VW40-44	30.43 %	F	84		New PB!	8
206	Gaylia YOUNG	53:55	VW50-54	31.47 %	F	85	HerCoach-HisCoach	PB stays at 00:34:03	76   
207	Amanda ROGERS	53:56	VW45-49	30.72 %	F	86	Zone Martial Arts	PB stays at 00:28:38	118   
208	Bianca RIIKONEN	55:00	JW10	31.91 %	F	87		PB stays at 00:35:42	13 
209	Emma KIDD	55:05	VW35-39	27.23 %	F	88		PB stays at 00:44:33	6
210	Nicole RILEY	55:06	VW35-39	27.59 %	F	89		PB stays at 00:48:36	9
211	Dylan RIIKONEN	55:20	JM10	32.17 %	M	122		PB stays at 00:35:38	13 
212	Unknown								
213	Melinda RIIKONEN	56:31	VW35-39	26.78 %	F	90		PB stays at 00:40:00	19
214	Unknown								
215	Unknown								
216	Kevin BLISSETT	59:14	VM45-49	23.94 %	M	126		PB stays at 00:27:13	29
217	Katelyn BLISSETT	59:15	JW10	29.62 %	F	91		New PB!	47 
218	Mary O'BRIEN	1:00:02	VW60-64	33.76 %	F	92		First Timer!	3
219	Colleen RODD	1:00:06	SW30-34	24.65 %	F	93	Running Mums Australia	New PB!	18 
220	Hannah TATE	1:01:18	JW10	31.87 %	F	94		PB stays at 00:37:31	6
221	Ann PARKER	1:01:23	VW60-64	31.17 %	F	95		PB stays at 00:45:11	5
222	Unknown								
223	Unknown								
224	Gwen TIMMINS	1:08:11	VW75-79	36.89 %	F	96		PB stays at 00:59:06	7
225	Elizabeth O'CALLAGHAN	1:08:12	VW50-54	24.88 %	F	97		PB stays at 00:40:37	67 

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen:Lyn BAIRD, Nissi BOAFO, Sue DAVIES, Harry FRASER, Kylie GRIFFITHS, Tahlia GRIFFITHS, Russell HARVEY, Holly KEENAHAN, Kathy LEWIS, Grace LIM, Kelly MINTOFF, Hanna MITCHELL, Caralyn NOLAN, Elizabeth O'CALLAGHAN, Rebecca RIVINOJA, Amanda ROGERS, Robert SCIBERRAS, Oliver SPAKE, Callum SPILLANE, Liam SPILLANE, Adrian THORNTON, Gwen TIMMINS, Sherrie VINKOVIC, Saxon VINKOVIC

Why not [get involved](#) and [volunteer](#)?

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (V)eteran; the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
 - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouoffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218	Number of runners: 4,874	Number of runs: 40,471
Number of first finishers: 127	Number of clubs: 202	Number of PBs: 6,352
Average number of runners per week: 185.6	Average number of runs per runner: 8.3	Biggest Attendance: 363
Average run time: 00:34:28	Total hours run: 2Years 239Days 3Hrs 5Min 16Secs	Total distance run: 202,355km
Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)		
Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)		
Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)		

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