

Shellharbour parkrun # 146 - 08/04/2017

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Adrian WATSON	19:44	VM40-44	69.17 %	M	1	Blue Mountains Marathon Clinic	First Timer!	10
2	Rob MASON	20:04	VM40-44	68.02 %	M	2		PB stays at 00:18:48	14
3	Ian KENNEDY	20:17	VM40-44	68.86 %	M	3		PB stays at 00:19:15	90
4	Hugo IKEDA	20:46	JM11-14	68.30 %	M	4		New PB!	27
5	Dean BOYTON	21:25	VM45-49	66.69 %	M	5	Kembla Joggers AC	PB stays at 00:20:37	184
6	Scott BOWLEY	21:50	VM40-44	64.43 %	M	6	Kembla Joggers AC	PB stays at 00:20:17	48
7	Chloe PATEMAN	21:56	JW15-17	69.76 %	F	1		New PB!	93
8	Griffin SPICKNALL	22:21	JM15-17	61.30 %	M	7		PB stays at 00:20:41	36
9	Jessica O'DEA	22:29	SW20-24	65.83 %	F	2	Kembla Joggers AC	New PB!	34
10	Brendan BELCHER	22:30	SM30-34	58.30 %	M	8		First Timer!	194
11	Unknown								
12	Jayden ZAHRA-SMITH	22:59	JM11-14	61.71 %	M	10		First Timer!	1
13	Kerry HOLLAND	23:01	VM60-64	69.66 %	M	11		PB stays at 00:22:27	120
14	Rob SHARP	23:23	VM40-44	59.23 %	M	12		PB stays at 00:22:59	20
15	Rick PATZOLD	23:27	VM50-54	63.89 %	M	13		PB stays at 00:22:48	69
16	Unknown								
17	Luis GONCALVES	23:32	VM40-44	59.77 %	M	15		PB stays at 00:22:08	87
18	Aaron PEPPER	23:35	SM30-34	54.98 %	M	16		New PB!	61
19	Kye ROBINSON	23:36	JM11-14	62.99 %	M	17		New PB!	33
20	Tyson SCHILLERT	23:37	JM11-14	61.40 %	M	18	Kembla Joggers AC	PB stays at 00:20:13	62
21	Shane SZAKACS	23:43	VM40-44	58.40 %	M	19	Kembla Joggers AC	PB stays at 00:22:49	65
22	Shayla SZAKACS	23:44	JW15-17	64.47 %	F	3	Kembla Joggers AC	PB stays at 00:20:27	12
23	Leah ARGENT	23:45	SW30-34	62.39 %	F	4		PB stays at 00:23:09	53
24	Unknown								
25	Jack KESSELL	23:53	SM20-24	54.57 %	M	21		PB stays at 00:22:38	102
26	Andrew FREEMAN	24:02	VM50-54	61.37 %	M	22		PB stays at 00:22:37	82

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27	Ryan ALEXANDER	24:12	SM20-24	53.86 %	M	23		New PB!	9
28	Max LINTON	24:40	JM10	68.99 %	M	24		PB stays at 00:22:53	12 
29	Phill CHAPMAN	24:41	VM60-64	65.56 %	M	25		PB stays at 00:22:25	177  
30	Liam SYKES	24:42	SM20-24	52.23 %	M	26		New PB!	17
31	Trevor CAMPBELL	24:53	VM50-54	61.22 %	M	27		PB stays at 00:23:17	16
32	Anna PAGE	24:53	SW20-24	59.48 %	F	5		First Timer!	11 
33	Andrew MCKENZIE	24:58	VM40-44	55.47 %	M	28		PB stays at 00:23:12	104  
34	Peter PIKE	25:08	VM50-54	59.62 %	M	29		PB stays at 00:22:50	87  
35	Tan BOURNE	25:09	VM55-59	62.16 %	M	30		PB stays at 00:23:34	133 
36	Dan HOY	25:17	VM35-39	52.47 %	M	31		New PB!	152  
37	Dimitri SEMOS	25:33	JM15-17	54.47 %	M	32		PB stays at 00:24:50	61 
38	Jessica COOMBS	25:39	SW30-34	58.09 %	F	6		PB stays at 00:25:15	30 
39	Max DELLER	25:49	JM11-14	59.26 %	M	33		PB stays at 00:22:25	78 
40	Grace CHISHOLM	25:50	JW10	66.06 %	F	7		PB stays at 00:25:15	13 
41	Karon LARDER	26:01	VW50-54	65.21 %	F	8		PB stays at 00:24:10	48
42	Ashleigh GONCALVES	26:03	JW11-14	61.29 %	F	9		PB stays at 00:24:32	29 
43	Joanna BELCHER	26:13	SW30-34	56.58 %	F	10		First Timer!	190 
44	Noel FAULKNER	26:13	VM55-59	58.61 %	M	34		New PB!	89 
45	Allan TRACEY	26:16	VM40-44	53.17 %	M	35		PB stays at 00:23:18	55 
46	Peter DALLEY	26:17	VM45-49	54.79 %	M	36		PB stays at 00:24:21	179  
47	Unknown								
48	Cooper MARKOVIC	26:19	JM10	64.66 %	M	38		PB stays at 00:26:18	12 
49	Joshua TRACEY	26:21	JM10	62.05 %	M	39		PB stays at 00:24:07	39 
50	Mitchell FORMOSA	26:28	SM25-29	48.80 %	M	40		PB stays at 00:23:37	22
51	Zane MILNES	26:32	JM11-14	57.66 %	M	41		PB stays at 00:25:04	27 
52	Rachel WOOD	26:34	SW30-34	55.77 %	F	11	Running Mums Australia	PB stays at 00:23:55	65  
53	Unknown								
54	Mitch CORNFORD	26:50	JM11-14	54.04 %	M	43		PB stays at 00:26:33	27 

Pos 🏆	parkrunner 🏆	Time 🏆	Age Cat 🏆	Age Grade 🏆	Gender	Pos 🏆	Club 🏆	Note 🏆	Total Runs 🏆
55	Joel MOY	26:54	SM18-19	49.01 %	M	44		PB stays at 00:26:24	8
56	William MASON	27:05	JM10	62.83 %	M	45		PB stays at 00:22:55	23 
57	Nathan YEO	27:10	VM35-39	48.83 %	M	46		PB stays at 00:27:08	3 
58	Sue DAVIES	27:34	VW55-59	67.47 %	F	12		PB stays at 00:24:04	107   
59	Andy PARKINSON	27:36	VM50-54	53.86 %	M	47		PB stays at 00:25:32	70 
60	Samuel TRACEY	27:40	JM11-14	55.30 %	M	48		New PB!	14 
61	Riley PLEKAN	27:40	JM10	57.05 %	M	49		First Timer!	1
62	Holly CARTER	27:47	SW30-34	53.39 %	F	13		PB stays at 00:25:09	43
63	Lynette RICHARDSON	27:51	VW45-49	57.57 %	F	14		PB stays at 00:27:07	8
64	Adam MURRAY	27:53	SM30-34	46.50 %	M	50		PB stays at 00:22:25	56  
65	Unknown								
66	Eddy DI NORO	28:07	VM45-49	51.22 %	M	52		PB stays at 00:27:28	7
67	Kalem HAWKE	28:08	JM10	60.49 %	M	53		PB stays at 00:26:28	18 
68	Nick GRINDLE	28:13	VM50-54	53.57 %	M	54		PB stays at 00:26:12	61 
69	Dean MCHARDIE	28:19	VM40-44	48.20 %	M	55	Wooters Runners	New PB!	46 
70	Liam MANN	28:25	SM20-24	45.40 %	M	56		PB stays at 00:24:14	30 
71	Jane HATZL	28:27	VW40-44	54.48 %	F	15		First Timer!	23
72	Antony SCOTTI	28:30	VM40-44	49.36 %	M	57	Kembla Joggers AC	PB stays at 00:24:25	68 
73	Michelle ROBINSON	28:30	VW45-49	55.73 %	F	16		PB stays at 00:26:31	35
74	Kase DOUGLASS	28:33	SW30-34	51.90 %	F	17		New PB!	13
75	Thomas HUGHES	28:35	JM11-14	52.01 %	M	58		PB stays at 00:27:16	69 
76	George PAPADIMAS	28:36	VM50-54	52.39 %	M	59		PB stays at 00:23:02	200 
77	Daniel BATANCS	28:46	SM20-24	44.84 %	M	60		PB stays at 00:26:21	18
78	Damon ROTHWELL	28:58	VM55-59	53.97 %	M	61		PB stays at 00:27:14	84 
79	Brad GREEN	29:00	VM35-39	45.75 %	M	62		PB stays at 00:24:39	75  
80	Caitlin EMMERICH	29:01	SW20-24	51.01 %	F	18		PB stays at 00:26:45	86 
81	Unknown								
82	Unknown								

Pos 🏆	parkrunner 🏆	Time 🏆	Age Cat 🏆	Age Grade 🏆	Gender	Pos 🏆	Club 🏆	Note 🏆	Total Runs 🏆
83	Sherrie VINKOVIC	29:07	VW40-44	52.55 %	F	19		PB stays at 00:27:26	89 
84	Megan POWELL	29:11	SW25-29	50.71 %	F	20		PB stays at 00:26:38	126 
85	Merrick LAW	29:11	SM25-29	44.20 %	M	65	RunningWorks	PB stays at 00:18:53	115 
86	Jacob DAVIDSON	29:24	SM25-29	43.88 %	M	66		New PB!	54  
87	Emily Rose HUGHES	29:26	JW11-14	53.40 %	F	21		PB stays at 00:26:05	108 
88	Linda PORRITT	29:32	VW55-59	60.50 %	F	22		PB stays at 00:27:14	135 
89	Ella RICHARDSON	29:33	JW11-14	55.10 %	F	23		PB stays at 00:29:29	3
90	Ashton MORAN	29:34	JM10	57.55 %	M	67		PB stays at 00:27:56	13 
91	Nathan GUNDLACH	30:03	SM25-29	42.93 %	M	68		PB stays at 00:20:57	88  
92	Mick HUTCHISON	30:07	VM55-59	51.02 %	M	69		PB stays at 00:27:42	17
93	Merike HARVEY	30:08	VW45-49	54.31 %	F	24		PB stays at 00:27:11	93 
94	Hung LEW	30:09	VM40-44	46.66 %	M	70		PB stays at 00:29:31	41
95	Isobel CURRIE	30:10	JW11-14	53.98 %	F	25		New PB!	7
96	Peter GUNDLACH	30:10	VM55-59	51.82 %	M	71		PB stays at 00:28:13	85 
97	Lee MORAN	30:22	VM40-44	45.28 %	M	72		New PB!	2
98	Melissa THOMPSON	30:33	VW35-39	49.75 %	F	26		New PB!	41
99	Donna REID	30:37	VW45-49	52.91 %	F	27		PB stays at 00:29:15	83 
100	Steve DAVIES	30:39	VM60-64	52.31 %	M	73		PB stays at 00:24:35	50  
101	Shayne BONNIE	30:47	VM45-49	46.40 %	M	74		First Timer!	5
102	Daniel PAGE	31:03	SM30-34	41.76 %	M	75		First Timer!	1
103	Jade JORDAN	31:04	SW25-29	47.64 %	F	28		New PB!	4
104	Lucas KAY	31:05	JM10	52.60 %	M	76		First Timer!	2
105	Anita STEELE	31:28	SW30-34	47.35 %	F	29		First Timer!	4
106	Tylah RICHARDS	31:34	JW11-14	51.58 %	F	30		PB stays at 00:30:39	5
107	Jessica PATEMAN	31:48	JW11-14	49.42 %	F	31		PB stays at 00:27:15	43 
108	Michelle T WEEKES	31:58	VW50-54	53.75 %	F	32		New PB!	89 
109	Michelle PATEMAN	32:12	VW45-49	49.33 %	F	33		PB stays at 00:28:07	98 
110	Unknown								
111	Anthony MCKEOWN	32:35	SM30-34	39.90 %	M	78		First Timer!	52 

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112	Ashleigh RALPH	32:35	SW18-19	45.93 %	F	34		New PB!	4
113	Claire SPICKNALL	32:37	JW10	53.81 %	F	35		PB stays at 00:26:59	40 
114	Dean JOHN	32:42	VM55-59	47.40 %	M	79		PB stays at 00:27:06	136 
115	Aidan DONNELLY	33:03	SM30-34	39.13 %	M	80		PB stays at 00:31:30	47
116	Isaac KAY	33:12	JM11-14	44.78 %	M	81		First Timer!	2
117	Unknown								
118	Nicole ELLIOTT	33:22	SW30-34	44.41 %	F	36		PB stays at 00:29:15	20
119	Maddix BURKE	33:50	JM10	55.27 %	M	83		First Timer!	1
120	Troy BURKE	33:50	VM40-44	40.64 %	M	84		First Timer!	1
121	Ann ROSSER	33:53	VW35-39	44.66 %	F	37		New PB!	49
122	Craig BATTY	33:54	VM40-44	41.49 %	M	85		PB stays at 00:27:45	125 
123	Unknown								
124	Lee WRIGHT	34:12	VW35-39	43.71 %	F	38		PB stays at 00:30:59	93 
125	Jason GREEN	34:15	VM40-44	40.15 %	M	87		New PB!	75  
126	Tracey BONNIE	34:38	VW40-44	44.75 %	F	39		New PB!	35
127	Megan DRYDEN	34:40	VW40-44	45.38 %	F	40		First Timer!	2
128	Ebony FREEMAN	34:51	JW15-17	44.48 %	F	41		PB stays at 00:28:13	50 
129	Rhys PLEKAN	34:53	JM10	48.78 %	M	88		First Timer!	1
130	Rebecca MARSHALL	34:54	VW40-44	44.08 %	F	42		PB stays at 00:31:33	89 
131	Molly Faye FENTON	35:01	SW18-19	42.74 %	F	43		New PB!	16
132	Lyn BAIRD	35:05	VW50-54	47.79 %	F	44	Running Mums Australia	PB stays at 00:32:59	111   
133	Unknown								
134	Katelyn SPICKNALL	35:25	JW10	49.55 %	F	45		PB stays at 00:31:09	41 
135	Ellie LEZCANO	35:32	VW35-39	42.07 %	F	46		New PB!	4
136	Emma TURNER	35:49	VW40-44	43.60 %	F	47		PB stays at 00:29:28	127 
137	Unknown								
138	Jessica HOLLAND	36:03	JW11-14	43.60 %	F	48		PB stays at 00:26:45	64 
139	Lyn SPICKNALL	36:06	VW45-49	44.00 %	F	49		PB stays at 00:34:36	32
140	Anthony BYRNE	36:11	SM30-34	36.25 %	M	91		PB stays at 00:29:07	96  
141	Emma PEACHMAN	36:14	SW30-34	40.89 %	F	50		New PB!	52 
142	Steve ATLEY	36:24	VM40-44	37.77 %	M	92		First Timer!	1

Pos 🏆	parkrunner 🏆	Time 🏆	Age Cat 🏆	Age Grade 🏆	Gender	Pos 🏆	Club 🏆	Note 🏆	Total Runs 🏆
143	Jessica WEEKES	36:35	SW20-24	40.46 %	F	51		PB stays at 00:33:51	87 
144	Ross HAWKE	36:43	VM45-49	39.85 %	M	93		PB stays at 00:36:05	11
145	Leanne CORNFORD	36:56	VW40-44	41.65 %	F	52		PB stays at 00:31:40	46
146	David FOSTER	37:06	VM65-69	45.64 %	M	94		New PB!	58 
147	Paul HUGHES	37:11	VM45-49	38.73 %	M	95		PB stays at 00:31:52	42
148	Unknown								
149	Kym MIFSUD	37:18	VW40-44	41.24 %	F	53		First Timer!	10
150	Di JOHNSTON	37:23	VW45-49	42.49 %	F	54		PB stays at 00:36:29	13
151	Rebecca TRACEY	37:44	VW40-44	40.55 %	F	55		PB stays at 00:37:41	16
152	Madison RALPH	37:45	SW20-24	39.21 %	F	56		New PB!	2
153	Unknown								
154	Charmaine RALPH	37:59	VW40-44	41.11 %	F	57		New PB!	2
155	Cheryl EMMERICH	38:10	VW50-54	45.63 %	F	58		PB stays at 00:36:30	147  
156	Troy SMOLENAARS	38:34	VM40-44	36.21 %	M	98		PB stays at 00:35:57	43 
157	Corey GENTLE	38:52	JM11-14	38.25 %	M	99	St George District Athletic Club	PB stays at 00:33:50	18 
158	Nina GENTLE	38:56	VW40-44	40.11 %	F	59		First Timer!	13
159	Michael GENTLE	39:03	VM45-49	36.58 %	M	100	St George District Athletic Club	PB stays at 00:31:18	66  
160	Lara SMEDE	39:22	JW11-14	41.36 %	F	60		First Timer!	1
161	Unknown								
162	Unknown								
163	Renata BELANYI	40:06	VW35-39	37.53 %	F	61		New PB!	18
164	Unknown								
165	Kevin BLISSETT	40:49	VM45-49	34.75 %	M	104		PB stays at 00:27:13	29
166	Keiran BLISSETT	40:49	JM10	43.61 %	M	105		PB stays at 00:37:14	50 
167	Unknown								
168	Unknown								
169	Unknown								
170	Margaret LEWIS	41:10	VW55-59	44.57 %	F	62		PB stays at 00:38:58	149 
171	Unknown								
172	Amanda COOK	43:20	VW35-39	34.62 %	F	63		New PB!	16
173	Bree JEDRZEJCZAK	43:21	VW35-39	34.60 %	F	64		PB stays at 00:40:15	9
174	Kim OAKLEY-KAY	45:13	VW40-44	34.02 %	F	65		First Timer!	2
175	Unknown								

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176	Tracey JONES	45:18	VW50-54	37.93 %	F	66		PB stays at 00:31:36	75 
177	Julie PARKINSON	45:40	VW50-54	37.63 %	F	67		PB stays at 00:44:05	55 
178	Jessica ROSSER	46:06	JW10	40.71 %	F	68		New PB!	47 
179	Beau ROSSER	46:07	VM35-39	28.59 %	M	111		PB stays at 00:28:12	42 
180	Janelle SIMS	46:08	VW45-49	34.75 %	F	69		PB stays at 00:38:57	29
181	Unknown								
182	Logan PHILLIPS	46:38	JM10	38.17 %	M	113		First Timer!	14 
183	Paul PHILLIPS	46:38	VM35-39	28.63 %	M	114	Running Dads OZ	First Timer!	51  
184	Lyndi TOOMEY	46:46	VW45-49	34.28 %	F	70		First Timer!	43
185	Saxon VINKOVIC	48:07	JM11-14	30.90 %	M	115		PB stays at 00:31:44	69 
186	Noel WRIGHT	48:29	VM70-74	37.30 %	M	116		First Timer!	32
187	Unknown								
188	Nicole RILEY	48:36	VW35-39	31.28 %	F	71		New PB!	9
189	Shannon RILEY	48:36	VM35-39	27.67 %	M	118		PB stays at 00:34:13	5
190	Chad PLEKAN	48:42	JM10	40.73 %	M	119		First Timer!	1
191	Plekan ALEICIA	48:42	SW30-34	30.60 %	F	72		First Timer!	1
192	Luke PLEKAN	48:42	VM35-39	27.07 %	M	120		First Timer!	1
193	Trevor DICKSON	49:30	VM75-79	41.48 %	M	121		PB stays at 00:40:43	85 
194	Sue GONCALVES	49:39	VW40-44	31.69 %	F	73		PB stays at 00:41:09	28
195	Melanie COOKE	51:45	VW35-39	29.37 %	F	74		PB stays at 00:33:54	38
196	Nicole BRITTEN	51:51	VW40-44	30.12 %	F	75		PB stays at 00:49:48	8
197	Vicky HOLT	51:57	VW60-64	37.34 %	F	76		New PB!	4
198	Shirley WRIGHT	53:23	VW70-74	43.87 %	F	77		First Timer!	39
199	Cheryl BLISSETT	54:49	VW40-44	28.70 %	F	78		PB stays at 00:43:05	51 
200	Patricia COTTER	54:59	VW65-69	38.59 %	F	79		PB stays at 00:48:22	63 
201	Katelyn BLISSETT	55:05	JW10	31.86 %	F	80		PB stays at 00:43:44	47 
202	David GILL	59:10	VM70-74	30.17 %	M	122		PB stays at 00:50:59	42
203	Unknown								
204	Unknown								
205	Julie TURNER	1:04:30	VW60-64	30.52 %	F	81		PB stays at 00:28:53	211  

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206	Gordon TURNER	1:04:45	VM70-74	27.23 %	M	125		PB stays at 00:28:04	206  

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen: Louise AITKIN, Hayley AITKIN, Joanne ALEXANDER, Randall ALEXANDER, Suzanne ALEXANDER, Oriana ANASTAS, Anthony BYRNE, Phill CHAPMAN, Gaillyn COOPER, Sue DAVIES, Glen HYMAN, Rafael MORIANA, Craig NEALON, Madison ROSSER, Robert SCIBERRAS, Em SCOLLARY, Brendan SCOLLARY, Nathan SCOLLARY, Dimitri SEMOS, Lynn TAGUE, Adrian THORNTON, Gordon TURNER, Julie TURNER

Why not [get involved and volunteer?](#)

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (V)eteran; the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
 - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouoffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218	Number of runners: 4,874	Number of runs: 40,471
Number of first finishers: 127	Number of clubs: 202	Number of PBs: 6,352
Average number of runners per week: 185.6	Average number of runs per runner: 8.3	Biggest Attendance: 363
Average run time: 00:34:28	Total hours run: 2Years 239Days 3Hrs 5Min 16Secs	Total distance run: 202,355km
Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)		
Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)		
Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)		

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Stats last updated : Fri 24 Aug 2018 00:48:34 UTC