Shellharbour parkrun # 150 - 06/05/2017

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos		Club	Note	Total Runs	
1	Unknown										
2	James WILSON	19:08	VM35-39	70.30 %		M	2	Kembla Joggers AC	PB stays at 00:18:31	64	50
3	Marty WESTON	19:40	VM45-49	73.81 %		M	3	Kembla Joggers AC	New PB!	7	
4	Claire RAYNER	19:57	VW35-39	75.86 %		F	1		First Timer!	16	
5	Ian KENNEDY	20:00	VM40-44	69.83 %		M	4		PB stays at 00:19:15	90	50 25
6	John MINTOFF	20:31	VM45-49	70.19 %		M	5	Kembla Joggers AC	PB stays at 00:20:09	140	100 25
7	Hugo IKEDA	21:46	JM11-14	65.16 %		M	6		PB stays at 00:20:46	27	10
8	Chloe PATEMAN	21:50	JW15-17	70.08 %		F	2		PB stays at 00:20:31	93	50
9	Rafael MORIANA	21:59	VM55-59	71.72 %		M	7	Kembla Joggers AC	PB stays at 00:21:03	91	50
10	Aaron PEPPER	22:13	SM30-34	58.51 %		M	8		New PB!	61	50
11	Craig SAKEY	22:32	VM55-59	68.20 %		M	9	Kembla Joggers AC	PB stays at 00:21:14	120	100
12	Misha ROMANKIN	22:36	JM15-17	59.73 %		M	10		PB stays at 00:20:30	42	10
13	Glen HYMAN	22:39	VM35-39	58.57 %		M	11		PB stays at 00:21:26	115	100
14	Jacob PRINCE	22:43	SM20-24	56.79 %		M	12		PB stays at 00:21:42	50	50
15	Rick PATZOLD	22:48	VM50-54	65.72 %		M	13		New PB!	69	50
16	Callum CUNNINGHAM	22:55	JM11-14	63.27 %		M	14		New PB!	2	
17	Joel MURTIN	22:57	SM30-34	56.86 %		M	15		New PB!	66	50
18	Jack KESSELL	22:59	SM20-24	56.71 %		M	16		New PB!	102	100 25
19	Pete PARKINSON	23:05	VM50-54	65.49 %		M	17		PB stays at 00:20:26	72	50
20	Leah ARGENT	23:15	SW30-34	63.73 %		F	3		PB stays at 00:23:09	53	50
21	Ken NAKKEN	23:28	SM30-34	55.26 %		M	18		New PB!	6	
22	Paul DE NOBREGA	23:31	VM50-54	63.71 %		M	19	Kembla Joggers AC	PB stays at 00:22:48	121	100
23	Griffin SPICKNALL	23:43	JM15-17	57.77 %		M	20		PB stays at 00:20:41	36	10
24	Jasper GRIFFIN-RUDDER	23:45	JM11-14	64.42 %		M	21		New PB!	28	10
25	Robert SCIBERRAS	23:47	VM50-54	64.05 %		M	22	Kembla Joggers AC	PB stays at 00:22:23	136	100 25
26	Matthew CABOR	23:48	JM11-14	60.92 %		M	23		New PB!	5	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
27	Keira-Lee MEYERS	23:51	JW11-14	66.95 %	F	4		New PB!	58	50
28	Jack KIRWAN	23:55	JM11-14	60.63 %	M	24		PB stays at 00:23:44	4	
29	Amelia AKONNAH	23:57	JW11-14	69.45 %	F	5		New PB!	51	50
30	Unknown									
31	Kerry HOLLAND	24:08	VM60-64	66.44 %	M	26		PB stays at 00:22:27	120	100
32	Allan TRACEY	24:13	VM40-44	57.67 %	M	27		PB stays at 00:23:18	55	50
33	Philip HOLLAND	24:16	VM45-49	58.86 %	M	28	Kembla Joggers AC	PB stays at 00:21:21	146	100
34	Trevor CAMPBELL	24:17	VM50-54	62.73 %	M	29		New PB!	16	
35	Barry JONES	24:29	VM40-44	56.16 %	M	30		PB stays at 00:22:15	41	
36	Veronika ROMANKIN-ARNDT	24:30	VW50-54	69.25 %	F	6		PB stays at 00:23:43	108	100
37	Georgia TATE	24:31	JW10	71.58 %	F	7	Kembla Joggers AC	PB stays at 00:24:21	11	10
38	Brad TATE	24:35	VM35-39	55.12 %	M	31	Kembla Joggers AC	PB stays at 00:22:48	13	🔥
39	Nathan GUNDLACH	24:36	SM25-29	52.44 %	M	32		New PB!	88	50 🔥
40	Andrew KRAJEWSKI	24:44	VM70-74	71.29 %	M	33	Kembla Joggers AC	PB stays at 00:24:14	85	50
41	Andrew MCKENZIE	24:53	VM40-44	55.66 %	M	34		PB stays at 00:23:12	104	100 🔥
42	Tan BOURNE	24:56	VM55-59	62.70 %	M	35		PB stays at 00:23:34	133	100
43	Andrew WILSON	25:04	VM40-44	54.85 %	M	36		PB stays at 00:23:55	42	
44	Noel FAULKNER	25:10	VM55-59	61.06 %	M	37		New PB!	89	50
45	Joel HARRIS	25:14	SM30-34	51.25 %	M	38		New PB!	4	
46	Steven CURRIE	25:20	VM45-49	55.99 %	M	39		New PB!	17	
47	Richard STEELE	25:26	VM60-64	63.04 %	M	40		PB stays at 00:23:58	103	100
48	Peter CABLE	25:32	VM45-49	55.94 %	M	41		PB stays at 00:24:20	47	
49	Indiah CUNNINGHAM	25:32	JW11-14	65.14 %	F	8		New PB!	17	10
50	Tom WILLIAMS	25:42	VM45-49	56.03 %	M	42		PB stays at 00:25:26	59	50 🔥
51	Nathan GINGER	25:57	SM30-34	50.10 %	M	43		PB stays at 00:22:22	78	50
52	Margaret CARR	26:00	VW60-64	75.71 %	F	9		PB stays at 00:25:37	97	50
53	Jared WOOD	26:09	JM10	62.52 %	M	44		PB stays at 00:24:57	32	10
54	Patricia O'DEA	26:10	VW55-59	72.10 %	F	10	Kembla Joggers AC	PB stays at 00:24:01	112	100

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
55	Peter DALLEY	26:16	VM45-49	54.82 %	M	45		PB stays at 00:24:21	179	
56	Carolyn LONG	26:20	VW45-49	62.15 %	F	11	Running Mums Australia	PB stays at 00:24:39	117	
57	Tyson SCHILLERT	26:24	JM11-14	54.92 %	M	46	Kembla Joggers AC	PB stays at 00:20:13	62	
58	Jody BROOKS	26:35	VW40-44	58.31 %	F	12		PB stays at 00:25:14	65	
59	Calany MEYERS	26:39	JW11-14	62.41 %	F	13		New PB!	43	
60	Adam MURRAY	26:40	SM30-34	48.63 %	M	47		PB stays at 00:22:25	56	
61	Jacob DAVIDSON	26:45	SM25-29	48.22 %	M	48		New PB!	54	
62	Andy PARKINSON	27:00	VM50-54	55.06 %	M	49		PB stays at 00:25:32	70	
63	Kase DOUGLASS	27:04	SW30-34	54.74 %	F	14		New PB!	13	
64	Antony SCOTTI	27:10	VM40-44	51.78 %	M	50	Kembla Joggers AC	PB stays at 00:24:25	68	
65	Brianna KNOWLES	27:11	SW25-29	54.45 %	F	15		PB stays at 00:24:25	80	
66	Zoe MEYERS	27:26	JW10	66.04 %	F	16		New PB!	17	
67	Holly CARTER	27:29	SW30-34	53.97 %	F	17		PB stays at 00:25:09	43	
68	Witold KRAJEWSKI	27:56	VM65-69	61.16 %	M	51	Kembla Joggers AC	PB stays at 00:21:03	156	
69	Merike HARVEY	27:59	VW45-49	58.49 %	F	18		PB stays at 00:27:11	93	
70	Gordon TURNER	28:04	VM70-74	62.83 %	M	52		New PB!	206	
71	Peter ALLEN	28:10	VM70-74	62.60 %	M	53	Campbelltown Joggers	PB stays at 00:26:31	172	
72	Therese CAMPBELL	28:11	VW55-59	64.22 %	F	19		PB stays at 00:28:07	111	
73	Nick GRINDLE	28:22	VM50-54	53.29 %	M	54		PB stays at 00:26:12	61	
74	Sharon VUJIC	28:39	VW40-44	53.69 %	F	20	Kembla Joggers AC	New PB!	11	
75	Andrew BYRON	28:40	VM45-49	49.83 %	M	55		PB stays at 00:27:31	43	
76	Julie WELLS	28:43	VW55-59	62.22 %	F	21		PB stays at 00:27:41	91	
77	Kerry GOOD	28:51	VW60-64	66.32 %	F	22		New PB!	70	
78	Daniel RIVINOJA	29:03	SM25-29	44.41 %	M	56		PB stays at 00:27:33	31	
79	Anthony MCKEOWN	29:05	SM30-34	44.70 %	M	57		New PB!	52	
80	Alan STAFFORD	29:07	VM35-39	46.54 %	M	58		New PB!	53	
81	Linda PORRITT	29:11	VW55-59	61.22 %	F	23		PB stays at 00:27:14	135	
82	Elizabeth MOJANOVSKI	29:24	VW40-44	53.51 %	F	24		New PB!	8	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
83	Oliver DE JONG	29:35	JM11-14	51.72 %	M	59		PB stays at 00:25:27	32	10
84	Callum WOOD	29:40	JM10	53.20 %	M	60		PB stays at 00:28:33	27	10
85	Hung LEW	29:59	VM45-49	47.30 %	M	61		PB stays at 00:29:31	41	
86	Byron VINKOVIC	30:02	JM15-17	46.34 %	M	62		PB stays at 00:24:42	64	50
87	Stuart POLLARD	30:09	SM30-34	43.12 %	M	63		New PB!	8	
88	Michelle PATEMAN	30:10	VW45-49	52.65 %	F	25		PB stays at 00:28:07	98	50
89	Erica STOCKER	30:10	VW50-54	55.58 %	F	26		PB stays at 00:28:02	74	50
90	Unknown									
91	Damon ROTHWELL	30:29	VM55-59	51.28 %	M	65		PB stays at 00:27:14	84	50
92	Renee PETTIT	30:30	VW40-44	50.44 %	F	27		PB stays at 00:26:52	11	
93	Julie TURNER	30:32	VW60-64	64.47 %	F	28		PB stays at 00:28:53	211	100 25
94	Chris FRASER	30:34	VM45-49	46.73 %	M	66	Kembla Joggers AC	PB stays at 00:25:30	181	100 25
95	Emily Rose HUGHES	30:36	JW11-14	51.36 %	F	29		PB stays at 00:26:05	108	100
96	Unknown									
97	Randall HARRIS	30:41	VM40-44	44.81 %	M	68		First Timer!	10	
98	Bruno PIERI	30:52	VM45-49	46.27 %	M	69		PB stays at 00:27:32	43	
99	Sherrie VINKOVIC	30:54	VW40-44	49.51 %	F	30		PB stays at 00:27:26	89	50
100	Unknown									
101	Michelle T WEEKES	31:28	VW50-54	54.61 %	F	31		New PB!	89	50
102	David WALKER	31:33	VM40-44	44.59 %	M	71		PB stays at 00:28:54	33	
103	Craig NEALON	31:39	VM55-59	48.97 %	M	72		PB stays at 00:26:18	110	100 25
104	Lee WRIGHT	31:42	VW35-39	47.16 %	F	32		New PB!	93	50
105	George PAPADIMAS	31:43	VM50-54	47.24 %	M	73		PB stays at 00:23:02	200	100
106	Gavin DE HOSSON	31:51	SM30-34	40.61 %	M	74		New PB!	13	
107	Nate SHARP	31:54	JM11-14	45.45 %	M	75		PB stays at 00:28:54	9	
108	Melinda FLOOD	31:59	VW45-49	51.80 %	F	33		PB stays at 00:31:38	27	
109	Heather SMITH	32:03	VW50-54	55.02 %	F	34		PB stays at 00:29:30	50	50
110	Claire SPICKNALL	32:05	JW10	54.70 %	F	35		New PB!	40	10
111	Unknown									

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
112	Michelle REFALO	32:16	VW40-44	48.76 %	F	36		PB stays at 00:30:22	29	
113	Tracey BONNIE	32:17	VW40-44	48.01 %	F	37		New PB!	35	
114	Michael GENTLE	32:25	VM45-49	44.06 %	M	77	St George District Athletic Club	New PB!	66	
115	Caitlin SHARP	32:34	JW10	52.41 %	F	38		New PB!	3	
116	Unknown									
117	Cass SHARP	32:52	VW40-44	47.16 %	F	39		New PB!	12	
118	Evelyn PARTRIDGE	32:56	VW50-54	50.91 %	F	40		New PB!	22	
119	Unknown									
120	Kelly GODDARD	33:13	VW40-44	46.66 %	F	41		First Timer!	8	
121	David FOSTER	33:17	VM65-69	50.88 %	M	80		New PB!	58	
122	Kelly MEYERS	33:20	VW35-39	45.00 %	F	42		PB stays at 00:33:08	52	
123	Mark DE JONG	33:28	VM45-49	42.38 %	M	81		PB stays at 00:29:35	45	
124	Unknown									
125	Ebony FREEMAN	33:38	JW15-17	46.09 %	F	43		PB stays at 00:28:13	50	
126	Jack INGHAM	33:44	JM11-14	45.36 %	M	83		First Timer!	10	
127	Jason GREEN	33:44	VM40-44	40.76 %	M	84		New PB!	75	
128	Katelyn SPICKNALL	33:54	JW10	51.77 %	F	44		New PB!	41	
129	Billy KRSTEVSKI	33:56	VW35-39	44.79 %	F	45		PB stays at 00:33:00	5	
130	Megan DRYDEN	33:57	VW40-44	46.34 %	F	46		New PB!	2	
131	Thomas HUGHES	34:07	JM11-14	43.58 %	M	85		PB stays at 00:27:16	69	
132	Tracy MINTOFF	34:08	VW45-49	46.97 %	F	47	Kembla Joggers AC	PB stays at 00:32:42	140	
133	Jessica WEEKES	34:39	SW20-24	42.71 %	F	48		PB stays at 00:33:51	87	
134	Kellie MURRAY	34:41	SW25-29	42.67 %	F	49		PB stays at 00:26:56	142	
135	Lyn BAIRD	34:44	VW50-54	48.27 %	F	50	Running Mums Australia	PB stays at 00:32:59	111	
136	Tracey FREEMAN	34:46	VW45-49	47.08 %	F	51		PB stays at 00:34:02	15	
137	Paul HUGHES	35:02	VM45-49	41.10 %	M	86		PB stays at 00:31:52	42	
138	Katrina DALY	35:03	VW45-49	45.32 %	F	52		PB stays at 00:33:46	35	
139	Steven KRINKS	35:17	SM30-34	36.75 %	M	87		PB stays at 00:33:20	5	
140	Grant STEVENS	35:42	VM50-54	42.34 %	M	88		PB stays at 00:33:09	22	
141	Isabella MOJANOVSKI	35:43	JW11-14	44.00 %	F	53		New PB!	3	
142	Lyn SPICKNALL	35:43	VW45-49	44.47 %	F	54		PB stays at 00:34:36	32	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
143	Nick TRAJKOVSKI	35:52	VM35-39	36.76 %	M	89		New PB!	34	
144	Rebecca STAPLETON	36:12	VW35-39	41.57 %	F	55		First Timer!	3	
145	Caralyn NOLAN	36:14	VW40-44	43.10 %	F	56		PB stays at 00:29:33	48	
146	Jane BOURNE	36:17	SW30-34	41.07 %	F	57		First Timer!	4	
147	Megan BICKLE	36:17	SW20-24	40.79 %	F	58		First Timer!	1	
148	Emma PEACHMAN	36:26	SW30-34	40.67 %	F	59		PB stays at 00:35:23	52	50
149	Genee WOOD	36:35	VW45-49	43.83 %	F	60		PB stays at 00:33:23	37	
150	Melanie COOKE	36:50	VW35-39	41.27 %	F	61		New PB!	38	
151	Chantel RYAN	36:51	SW30-34	40.21 %	F	62		New PB!	29	
152	Ashley ROULSTON	37:00	JM11-14	41.35 %	M	90		New PB!	7	
153	Unknown									
154	Allyson WESTON	37:14	VW40-44	41.94 %	F	63	Sweet Success Personal Training	PB stays at 00:34:46	15	
155	Renata BELANYI	37:24	VW35-39	40.24 %	F	64		New PB!	18	
156	Corinn GINGER	37:34	SW30-34	39.49 %	F	65		PB stays at 00:30:55	92	50 25
157	Saxon VINKOVIC	38:04	JM11-14	38.09 %	M	92		PB stays at 00:31:44	69	50
158	Cheryl EMMERICH	38:12	VW50-54	45.59 %	F	66		PB stays at 00:36:30	147	100 25
159	Unknown									
160	Anne KESSELL	38:14	VW50-54	44.38 %	F	67		New PB!	88	50
161	Nikki MORRISSY	38:47	SW25-29	38.16 %	F	68		New PB!	27	
162	Kerry FRASER	39:27	VW40-44	39.59 %	F	69		New PB!	22	
163	Nicole GENTLE	39:35	SW20-24	37.39 %	F	70	St George District Athletic Club	PB stays at 00:32:28	6	
164	Margaret LEWIS	39:41	VW55-59	46.87 %	F	71		PB stays at 00:38:58	149	100
165	Nina GENTLE	39:43	VW40-44	39.32 %	F	72		PB stays at 00:38:35	13	
166	Maurie EARLS	39:48	VM75-79	51.59 %	M	94		New PB!	22	
167	Emily SETTER	40:16	SW20-24	36.75 %	F	73		PB stays at 00:30:46	11	
168	Unknown									
169	Samantha PLUMB	40:19	SW20-24	36.71 %	F	74		First Timer!	1	
170	Unknown									
171	Kirralee MOXHAM	40:26	SW30-34	36.64 %	F	75		PB stays at 00:29:55	21	
172	Unknown									
173	Emily COOMBS	40:46	JW10	44.44 %	F	76		New PB!	5	
174	Jessica COOMBS	40:49	VW35-39	36.63 %	F	77		PB stays at 00:25:15	30	
175	Lyndi TOOMEY	41:00	VW45-49	39.11 %	F	78		New PB!	43	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
176	Kameron DOUGLASS	41:00	JW10	45.77 %	F	79		PB stays at 00:39:22	7	
177	Unknown									
178	Monica PORTELLI	41:57	JW15-17	36.95 %	F	80		First Timer!	3	
179	Hannah PORTELLI	41:58	JW10	40.67 %	F	81		First Timer!	4	
180	Catharine RICH	41:59	VW40-44	36.44 %	F	82		First Timer!	4	
181	Raelene KELLY	42:24	VW45-49	37.81 %	F	83		First Timer!	2	
182	Kate BONNIE	42:26	JW11-14	39.20 %	F	84	Kembla Joggers AC	PB stays at 00:38:32	8	
183	Robyn GERSBACH	42:28	VW65-69	48.47 %	F	85		First Timer!	2	
184	Shayne BONNIE	42:39	VM45-49	33.49 %	M	99		PB stays at 00:29:31	5	
185	Suzanne ALEXANDER	42:40	VW50-54	40.27 %	F	86	Running Mums Australia	PB stays at 00:36:19	133	100 25
186	L'chelle GARLAND	42:40	SW30-34	34.77 %	F	87		First Timer!	6	🔥
187	Jenna WHEATLEY	43:08	SW25-29	34.31 %	F	88		PB stays at 00:40:41	4	
188	Kokoda SMOLENAARS	43:11	JW10	40.64 %	F	89		New PB!	5	
189	Troy SMOLENAARS	43:13	VM40-44	32.32 %	M	100		PB stays at 00:35:57	43	🔥
190	Marie CONNELL	43:15	VW65-69	49.06 %	F	90		First Timer!	31	
191	Rhonda CHURCHILL	43:53	VW50-54	39.69 %	F	91		PB stays at 00:38:57	101	100
192	Amanda COOK	43:54	VW35-39	34.17 %	F	92		PB stays at 00:41:13	16	
193	Bree JEDRZEJCZAK	44:01	VW35-39	34.08 %	F	93		PB stays at 00:40:15	9	
194	Julie PARKINSON	44:05	VW50-54	38.98 %	F	94		New PB!	55	50
195	Cheryl BLISSETT	44:09	VW40-44	35.64 %	F	95		New PB!	51	50
196	Unknown									
197	Unknown									
198	Elizabeth O'CALLAGHAN	45:09	VW50-54	38.06 %	F	96		PB stays at 00:40:37	67	50
199	Noel WRIGHT	45:55	VM70-74	39.38 %	M	103		New PB!	32	
200	Shirley WRIGHT	46:09	VW70-74	50.74 %	F	97		New PB!	39	
201	Hetty ALLEN	46:27	VW70-74	48.73 %	F	98		PB stays at 00:41:21	28	
202	Ben INGS	46:34	JM15-17	29.89 %	M	104		PB stays at 00:36:45	10	10
203	Vicky HOLT	47:12	VW60-64	41.10 %	F	99		New PB!	4	
204	Unknown									
205	Unknown									
206	Julie NORRIS	49:23	VW50-54	33.95 %	F	100		PB stays at 00:43:56	44	
207	Richard BRYCE	49:36	VM55-59	31.79 %	M	107		First Timer!	7	

Pos	parkrunner	Time	Age Cat	Age Grade		Gender Pos	Club	Note	Total Runs	
208	Rhonda FORD	51:07	VW70-74	43.56 %	F	101		PB stays at 00:33:51	52	50
209	Bob FORD	51:08	VM70-74	34.91 %	M	108		PB stays at 00:37:57	45	
210	Meredith BRYCE	51:28	VW55-59	36.14 %	F	102		First Timer!	10	
211	Unknown									
212	Jeffrey FOSTER	56:13	VM55-59	27.57 %	M	110		First Timer!	5	
213	Deborah FOSTER	56:13	VW55-59	31.78 %	F	103		First Timer!	9	
214	Colin INGS	56:19	VM40-44	24.98 %	M	111		PB stays at 00:48:51	8	
215	Unknown									
216	Karen MOULDS	1:00:13	VW40-44	25.93 %	F	104		PB stays at 00:36:13	3	
217	Michelle RAWLINSON	1:00:14	VW50-54	28.17 %	F	105		First Timer!	1	
218	Unknown									
219	Hannah NEWTON	1:03:19	JW15-17	24.16 %	F	106		PB stays at 00:33:36	33	10 25
220	Holly KEENAHAN	1:03:24	JW11-14	25.18 %	F	107		PB stays at 00:40:57	55	50 25

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen:Oriana ANASTAS, Filiz BENSAN, Katelyn BLISSETT, Keiran BLISSETT, Alexis ELVY, Elisha ELVY, Corey GENTLE, Pippa GREEN, Melanie GREEN, Tahlia GRIFFITHS, Dylan GRIFFITHS, Holly KEENAHAN, Grace LIM, Bonnita MATE, Kelly MINTOFF, Hannah NEWTON, Amanda ROGERS, Robert SCIBERRAS, Dimitri SEMOS, Gaylia YOUNG

Why not get involved and volunteer?

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on Latest Results, or by picking a specific week from the Event History table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (Veteran); the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
  - Gives an indication of how well the runner has done relative to their age and gender see the FAQ article for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouroffice@parkrun.com
Any questions? Please visit our support site

Number of events: 218	Number of runners: 4,874	Number of runs: 40,471
Number of first finishers: 127	Number of clubs: 202	Number of PBs: 6,352
Average number of runners per week: 185.6	Average number of runs per runner: 8.3	Biggest Attendance: 363
Average run time: 00:34:28	Total hours run: 2Years 239Days 3Hrs 5Min 16Secs	Total distance run: 202,355km

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)
Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)
Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)

Stats last updated : Fri 24 Aug 2018 00:48:34 UTC