

Shellharbour parkrun # 151 - 13/05/2017

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Leith BABIAN	18:29	VM50-54	79.80 %	M	1		First Timer!	31
2	Garry WHEELER	18:50	VM55-59	83.72 %	M	2	Kembla Joggers AC	New PB!	8
3	Unknown								
4	Ian KENNEDY	20:01	VM40-44	69.78 %	M	4		PB stays at 00:19:15	90   
5	Anthony BUGG	20:16	VM35-39	65.46 %	M	5		New PB!	10
6	Lachlan MALONEY	20:20	SM20-24	63.44 %	M	6		PB stays at 00:20:09	16
7	Chloe PATEMAN	21:03	JW15-17	72.68 %	F	1		New PB!	93 
8	Unknown								
9	Rob LITTLE	21:33	VM35-39	61.18 %	M	8		PB stays at 00:20:38	10
10	Simon SAWTELL	21:51	VM45-49	66.44 %	M	9	Kembla Joggers AC	PB stays at 00:20:37	95 
11	Rafael MORIANA	21:53	VM55-59	72.05 %	M	10	Kembla Joggers AC	PB stays at 00:21:03	91 
12	Steve FRYER	22:06	VM50-54	67.27 %	M	11		PB stays at 00:21:00	8
13	Jacob PRINCE	22:19	SM20-24	57.80 %	M	12		New PB!	50 
14	Aaron PEPPER	22:23	SM30-34	58.08 %	M	13		PB stays at 00:22:13	61 
15	Brendan CABOR	22:30	JM15-17	61.85 %	M	14		PB stays at 00:21:58	8
16	Unknown								
17	Lachlan CABOR	22:37	JM11-14	67.65 %	M	16		New PB!	4
18	Jack KESSELL	22:38	SM20-24	57.58 %	M	17		New PB!	102  
19	Ben RUSSELL	22:48	SM25-29	56.58 %	M	18		New PB!	2 
20	Ben HOGG	22:53	SM25-29	56.45 %	M	19		First Timer!	15
21	Philip HOLLAND	22:56	VM45-49	62.28 %	M	20	Kembla Joggers AC	PB stays at 00:21:21	146 
22	Kerry HOLLAND	22:57	VM60-64	69.86 %	M	21		PB stays at 00:22:27	120 
23	Jordan BUCHANAN	23:01	JM15-17	60.46 %	M	22		New PB!	9
24	Derek EDWARDS	23:23	VM50-54	64.65 %	M	23	Nowra Athletics Club	PB stays at 00:22:54	92 
25	Russell HARVEY	23:24	VM50-54	64.60 %	M	24		PB stays at 00:22:08	61  
26	Duarte NORONHA	23:27	VM45-49	61.41 %	M	25		PB stays at 00:21:36	33
27	Max DELLER	23:38	JM11-14	64.74 %	M	26		PB stays at 00:22:25	78 

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
28	Unknown								
29	Unknown								
30	Luis GONCALVES	23:53	VM40-44	58.90 %	M	29		PB stays at 00:22:08	87 
31	Nathan GUNDLACH	23:57	SM25-29	53.86 %	M	30		New PB!	88 
32	Matthew CABOR	24:07	JM11-14	60.12 %	M	31		PB stays at 00:23:48	5
33	Peter PIKE	24:11	VM50-54	61.96 %	M	32		PB stays at 00:22:50	87 
34	Liam SYKES	24:12	SM20-24	53.31 %	M	33		PB stays at 00:22:46	17
35	Melissa BROTHERSON-CLARKE	24:13	VW35-39	62.15 %	F	2	Derek Zoolander Centre for Kids Who Can't Run Good	PB stays at 00:23:14	76 
36	Veronika ROMANKIN-ARNDT	24:21	VW50-54	69.68 %	F	3		PB stays at 00:23:43	108 
37	Phill CHAPMAN	24:28	VM60-64	66.14 %	M	34		PB stays at 00:22:25	177 
38	Noel FAULKNER	24:33	VM55-59	62.59 %	M	35		New PB!	89 
39	Robert BARBER	24:34	VM45-49	58.14 %	M	36		First Timer!	46
40	Unknown								
41	Andrew KRAJEWSKI	24:44	VM70-74	71.29 %	M	38	Kembla Joggers AC	PB stays at 00:24:14	85 
42	Tan BOURNE	24:44	VM55-59	63.21 %	M	39		PB stays at 00:23:34	133 
43	Unknown								
44	Karon LARDER	25:00	VW50-54	67.87 %	F	4		PB stays at 00:24:10	48
45	Will ALARDS	25:07	VM45-49	58.26 %	M	41		PB stays at 00:22:24	100 
46	Ed GATTAS	25:09	VM55-59	61.10 %	M	42		PB stays at 00:24:22	17
47	Tyson SCHILLERT	25:10	JM11-14	57.62 %	M	43	Kembla Joggers AC	PB stays at 00:20:13	62 
48	Peter CABLE	25:20	VM45-49	56.38 %	M	44		PB stays at 00:24:20	47
49	Nathan GINGER	25:27	SM30-34	51.08 %	M	45		New PB!	78 
50	Grace CHISHOLM	25:29	JW10	66.97 %	F	5		New PB!	13 
51	Andrew MCKENZIE	25:30	VM40-44	54.31 %	M	46		PB stays at 00:23:12	104 
52	Rachel WOOD	25:30	SW30-34	58.10 %	F	6	Running Mums Australia	PB stays at 00:23:55	65 
53	Rob MASON	25:35	VM40-44	53.36 %	M	47		PB stays at 00:18:48	14 
54	Dimitri SEMOS	25:41	JM15-17	54.19 %	M	48		PB stays at 00:24:50	61 
55	Margaret CARR	25:45	VW60-64	76.44 %	F	7		New PB!	97 

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56	Adam MURRAY	25:58	SM30-34	49.94 %	M	49		PB stays at 00:22:25	56 
57	Paul ZAMMIT	26:23	SM30-34	49.15 %	M	50		PB stays at 00:25:35	24
58	Oliver SPAKE	26:24	SM30-34	49.43 %	M	51		PB stays at 00:20:07	124   
59	Steve LARDER	26:27	VM50-54	57.59 %	M	52		PB stays at 00:24:35	39
60	Dean KLEINSCHAFER	26:28	VM35-39	51.20 %	M	53		PB stays at 00:24:33	23
61	George PAPADIMAS	26:56	VM50-54	55.63 %	M	54		PB stays at 00:23:02	200 
62	Jason SMITH	26:58	VM40-44	51.36 %	M	55		First Timer!	2
63	William BARBER	26:59	JM15-17	51.58 %	M	56	Illawarra Triathlon Club	First Timer!	95 
64	Susan SILVEY	27:00	VW55-59	67.04 %	F	8		New PB!	9
65	Tayissa BUCHANAN	27:15	JW11-14	61.04 %	F	9	Kembla Joggers AC	New PB!	11 
66	Michael REFALO	27:16	VM45-49	52.38 %	M	57		PB stays at 00:24:53	19
67	Julia CATSINAS	27:21	SW25-29	54.11 %	F	10		PB stays at 00:26:57	12
68	Maree HEALEY	27:28	SW30-34	53.94 %	F	11		PB stays at 00:25:37	68 
69	Andrew BYRON	27:31	VM45-49	51.91 %	M	58		New PB!	43 
70	Unknown								
71	Merike HARVEY	27:38	VW45-49	59.23 %	F	12		PB stays at 00:27:11	93 
72	Ben INGHAM	27:40	JM10	57.05 %	M	60		New PB!	5
73	Chris BOURKE	27:40	VM50-54	53.31 %	M	61		PB stays at 00:26:03	44
74	Witold KRAJEWSKI	27:43	VM65-69	61.64 %	M	62	Kembla Joggers AC	PB stays at 00:21:03	156 
75	Michelle ROBINSON	27:51	VW45-49	57.03 %	F	13		PB stays at 00:26:31	35
76	Daniel BATANCS	27:57	SM20-24	46.15 %	M	63		PB stays at 00:26:21	18
77	Byron VINKOVIC	28:00	JM15-17	49.70 %	M	64		PB stays at 00:24:42	64 
78	Sherrie VINKOVIC	28:00	VW40-44	54.64 %	F	14		PB stays at 00:27:26	89 
79	Alan STAFFORD	28:04	VM35-39	48.28 %	M	65		New PB!	53 
80	Claudia GAMBIN	28:05	VW40-44	55.61 %	F	15	SQUADRUN	New PB!	45 
81	Megan POWELL	28:06	SW25-29	52.67 %	F	16		PB stays at 00:26:38	126 
82	Merrick LAW	28:07	SM25-29	45.88 %	M	66	RunningWorks	PB stays at 00:18:53	115 
83	Therese CAMPBELL	28:12	VW55-59	64.18 %	F	17		PB stays at 00:28:07	111 

Pos	parkrunner	Time	Age Cat	Age Grade		Gender	Pos	Club	Note	Total Runs
115	Gavin DE HOSSON	30:58	SM30-34	41.77 %	M	85			New PB!	13
116	Allison FAULKNER	31:06	VW35-39	48.66 %	F	31			New PB!	31
117	Claire SPICKNALL	31:09	JW10	56.34 %	F	32			New PB!	40 
118	Beth HORNER	31:10	VW35-39	48.56 %	F	33			PB stays at 00:28:56	45
119	David WALKER	31:10	VM40-44	45.13 %	M	86			PB stays at 00:28:54	33
120	Donna REID	31:16	VW45-49	51.81 %	F	34			PB stays at 00:29:15	83 
121	Brianna KNOWLES	31:19	SW25-29	47.26 %	F	35			PB stays at 00:24:25	80 
122	Jodi MISITI	31:21	VW45-49	50.66 %	F	36	Running Mums Australia		New PB!	18
123	Michelle REFALO	31:24	VW40-44	50.11 %	F	37			PB stays at 00:30:22	29
124	Steve CAMPBELL	31:30	VM50-54	47.99 %	M	87			New PB!	61 
125	Evelyn PARTRIDGE	31:34	VW50-54	53.12 %	F	38			New PB!	22
126	Heather SMITH	31:53	VW50-54	55.31 %	F	39			PB stays at 00:29:30	50 
127	Holly CARTER	32:04	SW30-34	46.26 %	F	40			PB stays at 00:25:09	43
128	Lee WRIGHT	32:24	VW35-39	46.14 %	F	41			PB stays at 00:30:59	93 
129	Lynn TAGUE	32:31	VW65-69	65.25 %	F	42	Kembla Joggers AC		PB stays at 00:30:47	155 
130	Molly Faye FENTON	32:39	SW18-19	45.84 %	F	43			New PB!	16
131	David FOSTER	32:52	VM65-69	51.52 %	M	88			New PB!	58 
132	Leonie MOYLAN	32:56	VW35-39	45.39 %	F	44			First Timer!	1
133	Megan BYRON	32:59	VW40-44	47.70 %	F	45			New PB!	36
134	Kuranda COSTELLO	33:10	SW20-24	44.62 %	F	46			PB stays at 00:27:45	105 
135	Craig BATTY	33:12	VM40-44	42.37 %	M	89			PB stays at 00:27:45	125 
136	Unknown									
137	Katrina DALY	33:46	VW45-49	47.04 %	F	47			New PB!	35
138	Corey GENTLE	33:50	JM11-14	43.94 %	M	91	St George District Athletic Club		New PB!	18 
139	Katelyn SPICKNALL	33:50	JW10	51.87 %	F	48			New PB!	41 
140	Jason GREEN	33:57	VM40-44	40.50 %	M	92			PB stays at 00:32:07	75 
141	Christine ARCHER	33:59	VW50-54	51.89 %	F	49			First Timer!	1 
142	Tracey BONNIE	34:05	VW40-44	45.48 %	F	50			PB stays at 00:30:41	35
143	Lyn BAIRD	34:20	VW50-54	48.83 %	F	51	Running Mums Australia		PB stays at 00:32:59	111 
144	Lyn SPICKNALL	34:36	VW45-49	45.91 %	F	52			New PB!	32
145	Nick TRAJKOVSKI	34:44	VM35-39	37.96 %	M	93			New PB!	34

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
175	Madison ROSSER	37:38	JW11-14	44.20 %	F	70		New PB!	45 
176	Chantel RYAN	38:20	SW30-34	38.65 %	F	71		PB stays at 00:36:51	29
177	Nikki MORRISSY	38:22	SW25-29	38.58 %	F	72		New PB!	27
178	Richard BRYCE	38:38	VM55-59	40.81 %	M	106		New PB!	7
179	Zachary WALKER	38:51	JM10	40.63 %	M	107		PB stays at 00:33:39	8
180	Gerarda POLLITT	38:56	VW50-54	44.73 %	F	73		PB stays at 00:34:15	21
181	Jessica ROSSER	38:57	JW10	48.18 %	F	74		New PB!	47 
182	Margaret LEWIS	38:58	VW55-59	47.73 %	F	75		New PB!	149 
183	Cheryl EMMERICH	38:58	VW50-54	44.70 %	F	76		PB stays at 00:36:30	147 
184	Beau ROSSER	38:59	VM35-39	33.82 %	M	108		PB stays at 00:28:12	42 
185	Unknown								
186	Unknown								
187	Maurie EARLS	39:15	VM75-79	52.31 %	M	111		New PB!	22
188	Cyril RELLEVE	39:35	SW25-29	37.39 %	F	77		First Timer!	1
189	Rebecca BUCHANAN	39:49	VW40-44	38.93 %	F	78		PB stays at 00:39:21	10
190	Robyn GERSBACH	39:57	VW65-69	51.52 %	F	79		New PB!	2
191	Karen BUCKLEY	40:19	VW50-54	43.74 %	F	80		First Timer!	1
192	Naomi COCKSEdge	40:29	VW40-44	37.79 %	F	81		PB stays at 00:31:49	10
193	Unknown								
194	Lyndi TOOMEY	40:43	VW45-49	39.38 %	F	82		New PB!	43
195	Carol LEWIS	41:07	VW45-49	39.81 %	F	83		New PB!	39
196	Saxon VINKOVIC	41:12	JM11-14	35.19 %	M	113		PB stays at 00:31:44	69 
197	Rhonda CHURCHILL	41:50	VW50-54	41.63 %	F	84		PB stays at 00:38:57	101 
198	Elizabeth O'CALLAGHAN	42:49	VW50-54	40.13 %	F	85		New PB!	67 
199	Marie CONNELL	43:01	VW65-69	49.32 %	F	86		New PB!	31
200	Suzan LINDSEY	43:02	VW45-49	37.26 %	F	87		PB stays at 00:36:35	7
201	Emma LINDSEY	43:19	JW10	39.40 %	F	88		First Timer!	2
202	Meredith BRYCE	43:31	VW55-59	42.74 %	F	89		New PB!	10
203	Howard BAYLIS	43:41	VM65-69	39.49 %	M	114		PB stays at 00:42:19	5
204	L'chelle GARLAND	43:42	SW30-34	33.94 %	F	90		PB stays at 00:41:32	6 
205	Unknown								
206	Deanne POORT	43:52	VW35-39	34.65 %	F	91		PB stays at 00:39:24	3
207	Gemma HARDY	43:52	VW35-39	34.08 %	F	92		New PB!	2

Pos	parkrunner	Time	Age Cat	Age Grade		Gender	Pos	Club	Note	Total Runs
208	Deakin COOK	44:21	JM10	42.16 %	M	116			First Timer!	7
209	Amanda COOK	44:22	VW35-39	33.81 %	F	93			PB stays at 00:41:13	16
210	David BURKE	44:33	VM65-69	38.01 %	M	117			First Timer!	33
211	Noel WRIGHT	45:21	VM70-74	39.88 %	M	118			New PB!	32
212	Dayna DELLER	45:27	VW35-39	33.44 %	F	94			PB stays at 00:41:12	36
213	Sue KEANE	45:39	VW55-59	40.20 %	F	95	The Running Movement		PB stays at 00:37:01	136 
214	Ruby JONES	46:05	JW10	39.31 %	F	96			New PB!	3
215	Shirley WRIGHT	46:06	VW70-74	50.80 %	F	97			New PB!	39
216	Unknown									
217	Ella CHURCH	46:07	JW10	39.28 %	F	98			New PB!	4
218	Hetty ALLEN	46:23	VW70-74	48.80 %	F	99			PB stays at 00:41:21	28
219	Janne JONES	46:31	VW40-44	32.89 %	F	100			PB stays at 00:37:38	5
220	Trevor DICKSON	46:39	VM75-79	44.02 %	M	120			PB stays at 00:40:43	85 
221	Cameron DALLEY	47:12	JM15-17	29.48 %	M	121			PB stays at 00:35:25	53 
222	Bonniita MATE	47:13	JW15-17	32.83 %	F	101			PB stays at 00:26:15	126 
223	Danielle MANSELL	47:17	VW40-44	33.27 %	F	102			First Timer!	1
224	Carolyn LONG	47:18	VW45-49	34.60 %	F	103	Running Mums Australia		PB stays at 00:24:39	117 
225	Ava CHURCH	47:46	JW10	42.74 %	F	104			First Timer!	3
226	Unknown									
227	Bob FORD	49:45	VM70-74	35.88 %	M	123			New PB!	45
228	Alex FRANKS	50:08	JM10	35.51 %	M	124			New PB!	5
229	Kaye FRANKS	50:11	VW35-39	30.29 %	F	105			PB stays at 00:44:12	8
230	Fiona DARROW	50:37	VW45-49	31.68 %	F	106			PB stays at 00:46:16	3
231	Penny DALLEY	52:38	VW40-44	29.89 %	F	107			PB stays at 00:44:38	6
232	Unknown									
233	Peter DALLEY	55:00	VM45-49	26.18 %	M	126			PB stays at 00:24:21	179 
234	Glenda BURKE	56:07	VW65-69	37.24 %	F	108			First Timer!	9
235	Colin INGS	58:57	VM40-44	23.86 %	M	127			PB stays at 00:48:51	8
236	Sam DAVIDSON	58:58	SM25-29	21.88 %	M	128			PB stays at 00:49:34	3
237	Jacob DAVIDSON	59:25	SM25-29	21.71 %	M	129			PB stays at 00:25:44	54 

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238	Bayley MATE	1:00:20	JM10	29.50 %	M	130		PB stays at 00:46:32	4
239	Cristina MATE	1:00:33	VW45-49	26.48 %	F	109		First Timer!	1
240	Katelyn BLISSETT	1:02:56	JW10	27.89 %	F	110		PB stays at 00:43:44	47 
241	Ethan COOKE	1:02:57	JM10	29.71 %	M	131		PB stays at 00:51:49	3
242	Melanie COOKE	1:03:04	VW35-39	24.10 %	F	111		PB stays at 00:33:54	38
243	Cheryl BLISSETT	1:03:17	VW40-44	24.86 %	F	112		PB stays at 00:43:05	51 
244	Craig NEALON	1:04:44	VM55-59	23.94 %	M	132		PB stays at 00:26:18	110 

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen: Alexis ELVY, Caitlin EMMERICH, Michael GENTLE, David GILL, Corinn GINGER, Anne KESSELL, Bonnita MATE, John MINTOFF, Tracy MINTOFF, Kelly MINTOFF, Craig NEALON, Hannah NEWTON, Robert SCIBERRAS, Em SCOLLARY, Brendan SCOLLARY, Zahli SPAKE, Oliver SPAKE, Adrian THORNTON, Gordon TURNER, Jared WATCHERS, Gaylia YOUNG

Why not [get involved and volunteer?](#)

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the [Latest Results](#) page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the [Event History](#) table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (Veteran); the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade
 - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale
- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouroffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218

Number of first finishers: 127

Average number of runners per week: 185.6

Average run time: 00:34:28

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)

Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)

Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)

Number of runners: 4,874

Number of clubs: 202

Average number of runs per runner: 8.3

Total hours run: 2Years 239Days 3Hrs 5Min 16Secs

Number of runs: 40,471

Number of PBs: 6,352

Biggest Attendance: 363

Total distance run: 202,355km

