







































Shellharbour parkrun # 162 - 29/07/2017



Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
1	Dylan HOLLAND	18:11	JM15-17	74.24 %	M	1	Kembla Joggers AC	PB stays at 00:17:38	42
2	James WILSON	18:31	VM35-39	72.64 %	M	2	Kembla Joggers AC	New PB!	64
3	Andrew PROFKE	20:39	VM35-39	63.84 %	M	3		PB stays at 00:20:10	31
4	Scott BOWLEY	20:46	VM45-49	68.30 %	M	4	Kembla Joggers AC	PB stays at 00:20:17	48
5	Nicholas POZZER	21:01	JM11-14	68.99 %	M	5		PB stays at 00:19:29	21
6	Rebecca BAXTER	21:05	VW35-39	71.15 %	F	1	Kembla Joggers AC	PB stays at 00:21:00	16
7	Chloe PATEMAN	21:07	JW15-17	72.45 %	F	2		PB stays at 00:20:31	93
8	Jon ELVY	21:13	VM45-49	66.85 %	M	6		New PB!	26
9	Pete PARKINSON	21:20	VM50-54	70.86 %	M	7		PB stays at 00:20:26	72
10	Renee PLACEK	21:26	SW25-29	69.05 %	F	3	Kembla Joggers AC	PB stays at 00:21:05	31
11	Terasha MOXHAM	21:29	VW35-39	69.82 %	F	4	Kembla Joggers AC	PB stays at 00:20:24	141
12	Ray HOBSON	21:39	VM50-54	68.67 %	M	8		PB stays at 00:21:08	140
13	Jacob PRINCE	21:42	SM20-24	59.45 %	M	9		New PB!	50
14	Michael BILBOE	21:51	VM35-39	62.01 %	M	10	Savvy Fitness	PB stays at 00:20:52	62
15	Dean BOYTON	22:13	VM45-49	64.29 %	M	11	Kembla Joggers AC	PB stays at 00:20:37	184
16	Peter KIDD	22:21	VM55-59	68.75 %	M	12	Athletics Wollongong	PB stays at 00:21:05	94
17	Glen HYMAN	22:28	VM35-39	59.42 %	M	13		New PB!	115
18	Misha ROMANKIN	22:29	JM15-17	60.04 %	M	14		PB stays at 00:20:30	42
19	Brett KNOWLES	22:47	SM25-29	56.62 %	M	15		PB stays at 00:21:46	42
20	Ian KENNEDY	22:53	VM40-44	61.03 %	M	16		PB stays at 00:19:15	90
21	Rob SHARP	22:59	VM40-44	60.77 %	M	17		New PB!	20
22	Keira-Lee MEYERS	23:03	JW11-14	69.27 %	F	5		New PB!	58
23	Andrew FREEMAN	23:11	VM50-54	64.13 %	M	18		PB stays at 00:22:37	82
24	Aaron PEPPER	23:16	SM30-34	55.87 %	M	19		PB stays at 00:22:13	61

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
25	Peter PIKE	23:17	VM50-54	64.35 %	M	20		PB stays at 00:22:50	87 
26	Andrew DYER	23:18	SM25-29	55.44 %	M	21		PB stays at 00:22:35	48
27	Andrew MCKENZIE	23:26	VM40-44	59.60 %	M	22		PB stays at 00:23:12	104 
28	Andrew STUART	23:27	SM20-24	55.22 %	M	23		PB stays at 00:21:42	9
29	Fred CAMPBELL-JONES	23:27	SM30-34	55.44 %	M	24		First Timer!	158 
30	Dean QUINCE	23:42	SM25-29	54.43 %	M	25		PB stays at 00:23:13	9 
31	Paul MILLER	23:43	VM35-39	56.71 %	M	26		PB stays at 00:21:20	53 
32	Robert SCIBERRAS	23:46	VM55-59	64.66 %	M	27	Kembla Joggers AC	PB stays at 00:22:23	136  
33	Adam BOSEVSKI	23:50	JM11-14	62.38 %	M	28		New PB!	34 
34	Unknown								
35	Kerry HOLLAND	24:05	VM60-64	66.57 %	M	30		PB stays at 00:22:27	120 
36	India AKONNAH	24:12	JW11-14	65.98 %	F	6		PB stays at 00:22:23	31 
37	Rick PATZOLD	24:17	VM50-54	61.70 %	M	31		PB stays at 00:22:48	69 
38	Phill CHAPMAN	24:29	VM60-64	66.10 %	M	32		PB stays at 00:22:25	177  
39	Calany MEYERS	24:50	JW11-14	66.98 %	F	7		New PB!	43 
40	Taliah MOXHAM	24:51	JW15-17	62.37 %	F	8	Kembla Joggers AC	PB stays at 00:21:00	69 
41	Melissa BROTHERSON-CLARKE	24:55	VW35-39	60.40 %	F	9	Derek Zoolander Centre for Kids Who Can't Run Good	PB stays at 00:23:14	76 
42	Andrew KRAJEWSKI	25:03	VM70-74	71.26 %	M	33	Kembla Joggers AC	PB stays at 00:24:14	85 
43	Unknown								
44	Skip EVANS	25:07	VM45-49	57.80 %	M	35		First Timer!	106 
45	Tan BOURNE	25:13	VM55-59	62.00 %	M	36		PB stays at 00:23:34	133 
46	Gordon NOLAN	25:31	VM40-44	55.13 %	M	37		PB stays at 00:23:53	35
47	Patricia O'DEA	25:35	VW60-64	74.79 %	F	10	Kembla Joggers AC	PB stays at 00:24:01	112 
48	Jacob DAVIDSON	25:44	SM25-29	50.13 %	M	38		New PB!	54  
49	Jenna SPYVE	25:45	SW25-29	57.48 %	F	11		PB stays at 00:25:12	148 
50	Dean KLEINSCHAFER	25:49	VM35-39	52.49 %	M	39		PB stays at 00:24:33	23
51	Maris DEPERS	26:02	VM35-39	50.96 %	M	40		New PB!	2

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
52	Jody BROOKS	26:07	VW40-44	59.80 %	F	12		PB stays at 00:25:14	65
53	David METCALF	26:09	SM25-29	49.39 %	M	41		New PB!	13
54	Michael REFALO	26:12	VM45-49	54.96 %	M	42		PB stays at 00:24:53	19
55	Brianna KNOWLES	26:17	SW25-29	56.31 %	F	13		PB stays at 00:24:25	80
56	Lindsay ASHBY	26:29	VM65-69	63.94 %	M	43		First Timer!	89
57	Peter DALLEY	26:35	VM45-49	54.61 %	M	44		PB stays at 00:24:21	179
58	Chris PASS	26:36	VM45-49	55.01 %	M	45		PB stays at 00:24:33	51
59	Adam MURRAY	26:39	SM30-34	48.78 %	M	46		PB stays at 00:22:25	56
60	Abi NORMAN	26:39	SW25-29	55.53 %	F	14		PB stays at 00:24:20	26
61	Nicholas CLARK	26:40	SM30-34	48.75 %	M	47		PB stays at 00:25:11	52
62	Tom WILLIAMS	26:41	VM45-49	53.97 %	M	48		PB stays at 00:25:26	59
63	Andy PARKINSON	26:43	VM50-54	55.65 %	M	49		PB stays at 00:25:32	70
64	Vera HOFFMANN	26:54	VW35-39	56.51 %	F	15		New PB!	17
65	Scott DAVIES	26:56	VM35-39	49.94 %	M	50		New PB!	9
66	Paul ZAMMIT	27:00	SM30-34	48.02 %	M	51		PB stays at 00:25:35	24
67	Caitlin EMMERICH	27:26	SW20-24	53.95 %	F	16		PB stays at 00:26:45	86
68	Veronika ROMANKIN-ARNDT	27:29	VW50-54	61.73 %	F	17		PB stays at 00:23:43	108
69	Jack KESSELL	27:34	SM20-24	47.28 %	M	52		PB stays at 00:22:38	102
70	Sharon VUJIC	27:42	VW40-44	55.54 %	F	18	Kembla Joggers AC	New PB!	11
71	Unknown								
72	Quinn LEW	28:11	JM11-14	50.33 %	M	54		PB stays at 00:24:29	43
73	Antonella SASSU	28:13	VW50-54	60.90 %	F	19		PB stays at 00:27:14	6
74	Taylah BAXTER	28:20	JW10	61.94 %	F	20		New PB!	17
75	Ricky GREATZ	28:22	VM35-39	47.77 %	M	55		New PB!	55
76	Maree HEALEY	28:26	SW30-34	52.11 %	F	21		PB stays at 00:25:37	68
77	Andrew BYRON	28:31	VM45-49	50.09 %	M	56		PB stays at 00:27:31	43
78	Cooper WALSH	28:37	JM10	57.13 %	M	57	Kembla Joggers AC	New PB!	6
79	Merike HARVEY	28:37	VW45-49	57.19 %	F	22		PB stays at 00:27:11	93

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
80	Noel FAULKNER	28:48	VM55-59	53.36 %	M	58		PB stays at 00:24:12	89 
81	Elissa DORRIAN	28:48	SW30-34	51.74 %	F	23		PB stays at 00:25:34	34 
82	Therese CAMPBELL	28:49	VW55-59	63.68 %	F	24		PB stays at 00:28:07	111 
83	Alan SWAN	28:51	VM45-49	50.72 %	M	59		First Timer!	2
84	Mark JARMAN	28:54	VM55-59	53.63 %	M	60		PB stays at 00:26:36	150 
85	Rachel WOOD	28:56	SW30-34	51.21 %	F	25	Running Mums Australia	PB stays at 00:23:55	65  
86	Brad GREEN	28:57	VM35-39	46.11 %	M	61		PB stays at 00:24:39	75  
87	Chelsea BAXTER	29:05	JW10	60.34 %	F	26		New PB!	16 
88	Darren BAXTER	29:07	VM50-54	51.06 %	M	62	Kembla Joggers AC	PB stays at 00:21:39	16
89	Byron VINKOVIC	29:09	JM15-17	47.74 %	M	63		PB stays at 00:24:42	64 
90	Unknown								
91	Unknown								
92	George PAPADIMAS	29:37	VM50-54	50.59 %	M	66		PB stays at 00:23:02	200 
93	Melanie SCHREIBER	29:41	SW30-34	50.20 %	F	27		PB stays at 00:28:50	47
94	Bruno PIERI	29:41	VM45-49	48.12 %	M	67		PB stays at 00:27:32	43
95	Julia CATSINAS	29:45	SW25-29	49.75 %	F	28		PB stays at 00:26:57	12
96	David CARR	29:50	SM30-34	43.58 %	M	68		PB stays at 00:26:04	13
97	Linda PORRITT	29:51	VW55-59	59.85 %	F	29		PB stays at 00:27:14	135 
98	Regina PASS	29:54	VW45-49	53.62 %	F	30		PB stays at 00:27:52	47
99	Nathan COUCHMAN	30:01	SM25-29	42.98 %	M	69		New PB!	36
100	Nick GRINDLE	30:08	VM50-54	50.17 %	M	70		PB stays at 00:26:12	61 
101	Ben DAVIES	30:12	SM30-34	43.05 %	M	71		New PB!	3
102	Alan STAFFORD	30:16	VM40-44	45.10 %	M	72		PB stays at 00:28:04	53 
103	Louise CLARK	30:20	SW25-29	48.79 %	F	31		PB stays at 00:26:58	29
104	Beth HORNER	30:29	VW35-39	49.64 %	F	32		PB stays at 00:28:56	45
105	David CLIFFORD	30:30	SM30-34	42.62 %	M	73		New PB!	40
106	Libby CADE	30:30	SW30-34	48.63 %	F	33		PB stays at 00:28:29	103 
107	Evelyn PARTRIDGE	30:33	VW50-54	54.88 %	F	34		New PB!	22

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
108	Chris FRASER	30:38	VM45-49	46.63 %	M	74	Kembla Joggers AC	PB stays at 00:25:30	181   
109	Stephen BELLHOUSE	30:55	VM40-44	44.80 %	M	75		PB stays at 00:24:37	28
110	Vera BOSEVSKI	31:01	VW40-44	50.73 %	F	35		PB stays at 00:26:41	108 
111	Donna REID	31:18	VW45-49	52.29 %	F	36		PB stays at 00:29:15	83 
112	Judith TOBIN	31:29	VW55-59	57.49 %	F	37		First Timer!	163 
113	Emily Rose HUGHES	31:42	JW11-14	49.58 %	F	38		PB stays at 00:26:05	108 
114	Caralyn NOLAN	31:49	VW40-44	49.08 %	F	39		PB stays at 00:29:33	48
115	Ebony FREEMAN	31:56	JW15-17	48.54 %	F	40		PB stays at 00:28:13	50 
116	Aidan DONNELLY	32:13	SM30-34	40.14 %	M	76		PB stays at 00:31:30	47
117	Melinda FURBANK	32:22	SW25-29	45.73 %	F	41		New PB!	9
118	John SPOONER	32:27	VM50-54	46.17 %	M	77	YMCA of Canberra Runners Club	First Timer!	200   
119	Immy WALSH	32:39	JW10	57.48 %	F	42	Kembla Joggers AC	PB stays at 00:29:53	4
120	Jackson WALSH	32:39	JM11-14	46.86 %	M	78	Kembla Joggers AC	PB stays at 00:20:59	8
121	John TETERIS	32:41	VM50-54	45.49 %	M	79		First Timer!	28
122	Col COUCHMAN	32:44	VM45-49	43.99 %	M	80		PB stays at 00:32:25	7
123	Cass SHARP	32:51	VW40-44	47.18 %	F	43		New PB!	12
124	Peta DAVIES	33:01	VW40-44	46.95 %	F	44	Running Mums Australia	PB stays at 00:31:14	57 
125	Layne BROWN	33:10	SM25-29	38.94 %	M	81		PB stays at 00:30:51	33 
126	Chris MATESIC	33:25	VW45-49	47.53 %	F	45		PB stays at 00:32:03	18
127	Sarah SPARK	33:32	VW40-44	46.22 %	F	46		First Timer!	12
128	Unknown								
129	Melody MUETTERTIES	34:08	VW35-39	44.34 %	F	47		First Timer!	1
130	Emma TURNER	34:20	VW40-44	45.49 %	F	48		PB stays at 00:29:28	127 
131	Rhonda FORD	34:38	VW70-74	64.29 %	F	49		New PB!	52 
132	Unknown								
133	Amelia AKONNAH	34:47	JW11-14	47.82 %	F	50		PB stays at 00:23:57	51 
134	Amelie SEDMAK	34:49	JW11-14	47.77 %	F	51		PB stays at 00:30:54	40 
135	Lee WRIGHT	35:04	VW35-39	42.63 %	F	52		PB stays at 00:30:59	93 

Pos	parkrunner	Time	Age Cat	Age Grade	Gender	Pos	Club	Note	Total Runs
136	Jessica WEEKES	35:05	SW20-24	42.19 %	F	53		PB stays at 00:33:51	87 
137	Michelle T WEEKES	35:12	VW50-54	49.48 %	F	54		PB stays at 00:30:14	89 
138	Michael GENTLE	35:43	VM45-49	39.99 %	M	84	St George District Athletic Club	PB stays at 00:31:18	66  
139	Kelly MEYERS	35:45	VW35-39	41.96 %	F	55		PB stays at 00:33:08	52 
140	Sarah BARNARD	36:59	VW35-39	40.69 %	F	56		PB stays at 00:33:27	15
141	Wayne TIMMINS	37:00	VM45-49	38.33 %	M	85		New PB!	6
142	Nyssa SURIAN	37:12	SW30-34	40.05 %	F	57		First Timer!	11
143	Malcolm BROWN	37:41	VM65-69	44.49 %	M	86		PB stays at 00:28:55	59 
144	Cheryl EMMERICH	38:06	VW50-54	45.71 %	F	58		PB stays at 00:36:30	147  
145	Peta MACLEAN	38:16	VW60-64	51.44 %	F	59		First Timer!	2
146	Keiran BLISSETT	38:18	JM10	46.48 %	M	87		PB stays at 00:37:14	50 
147	Kevin BLISSETT	38:19	VM45-49	37.28 %	M	88		PB stays at 00:27:13	29
148	Gail O'SULLIVAN	38:38	VW60-64	51.68 %	F	60		PB stays at 00:33:21	80 
149	Diana HARVEY	38:52	VW50-54	45.37 %	F	61		PB stays at 00:35:48	16
150	Kathie MILLER	38:58	VW35-39	39.01 %	F	62		New PB!	10
151	Gaillyn COOPER	39:01	VW65-69	53.57 %	F	63		PB stays at 00:35:40	112  
152	Fran SPARKES	40:24	VW55-59	45.42 %	F	64		First Timer!	1
153	Hung LEW	40:25	VM45-49	35.09 %	M	89		PB stays at 00:29:31	41
154	Tracey COULL	40:31	VW40-44	37.97 %	F	65		First Timer!	12
155	Katherine HARRIS	40:58	VW50-54	41.42 %	F	66		PB stays at 00:30:45	8
156	Anne KESSELL	41:12	VW50-54	41.18 %	F	67		PB stays at 00:35:57	88 
157	Sue KEANE	41:37	VW55-59	44.09 %	F	68	The Running Movement	PB stays at 00:37:01	136   
158	Margaret LEWIS	42:07	VW55-59	44.16 %	F	69		PB stays at 00:38:58	149 
159	Michelle PATEMAN	42:15	VW45-49	37.59 %	F	70		PB stays at 00:28:07	98 
160	Clare MCKENZIE	42:36	VW50-54	39.36 %	F	71	Running Mums Australia	PB stays at 00:39:29	32
161	Rhonda CHURCHILL	42:37	VW50-54	40.87 %	F	72		PB stays at 00:38:57	101 
162	Sarah PAPADIMAS	43:25	VW50-54	38.62 %	F	73		PB stays at 00:35:49	75 

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163	Cameron DALLEY	43:25	JM15-17	31.55 %	M	90		PB stays at 00:35:25	53 
164	Bonnita MATE	43:26	JW15-17	35.69 %	F	74		PB stays at 00:26:15	126  
165	Holly KEENAHAN	44:00	JW11-14	36.29 %	F	75		PB stays at 00:40:57	55  
166	Amanda ROGERS	44:10	VW45-49	37.51 %	F	76	Zone Martial Arts	PB stays at 00:28:38	118   
167	Noel WRIGHT	44:29	VM70-74	40.65 %	M	91		PB stays at 00:43:36	32
168	Julie PARKINSON	45:01	VW50-54	38.17 %	F	77		PB stays at 00:44:05	55 
169	Corey GENTLE	45:04	JM11-14	32.17 %	M	92	St George District Athletic Club	PB stays at 00:33:50	18 
170	Nina GENTLE	45:26	VW40-44	34.37 %	F	78		PB stays at 00:38:35	13
171	Bob FORD	45:32	VM70-74	39.20 %	M	93		New PB!	45
172	John DALBY	45:46	VM70-74	39.51 %	M	94		New PB!	48
173	Vesna JONSON	45:57	SW30-34	32.28 %	F	79		New PB!	2
174	Isaac LIM	47:06	JM11-14	30.79 %	M	95		PB stays at 00:34:14	8
175	Shirley WRIGHT	48:37	VW70-74	48.17 %	F	80		PB stays at 00:45:51	39
176	Jane WARREN	48:59	VW45-49	33.82 %	F	81		PB stays at 00:45:38	49
177	Unknown								
178	Julie NORRIS	49:02	VW50-54	34.19 %	F	82		PB stays at 00:43:56	44
179	Erica STOCKER	49:03	VW50-54	34.59 %	F	83		PB stays at 00:28:02	74 
180	Iris D'HONDT	49:13	VW85-89	62.68 %	F	84		PB stays at 00:47:22	29
181	Keeley NOLAN	49:25	JW11-14	33.66 %	F	85		PB stays at 00:44:39	2
182	Marissa NOLAN	49:29	VW40-44	31.32 %	F	86		PB stays at 00:40:00	26
183	Kellie MURRAY	49:52	SW25-29	29.68 %	F	87		PB stays at 00:26:56	142   
184	Linda SOLITRO	49:58	VW40-44	30.62 %	F	88		First Timer!	5
185	Annabelle BARMIN	50:20	JW10	38.81 %	F	89		First Timer!	3
186	Sandra DEPERS	50:36	VW55-59	37.29 %	F	90		PB stays at 00:45:31	18
187	Toni MOSTYN	50:51	VW60-64	37.63 %	F	91		PB stays at 00:35:45	39
188	Nathan GINGER	51:46	SM30-34	25.21 %	M	97		PB stays at 00:22:22	78 
189	Corinn GINGER	51:47	SW30-34	28.71 %	F	92		PB stays at 00:30:55	92  

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190	Rachel LIM	51:53	VW40-44	29.65 %	F	93		PB stays at 00:46:47	3
191	James LIM	51:55	VM40-44	26.68 %	M	98		PB stays at 00:48:23	2
192	Courtney MURPHY	52:35	SW30-34	28.34 %	F	94		First Timer!	1
193	Dianna WILSON	52:36	VW55-59	35.87 %	F	95		First Timer!	2
194	Nikki MORRISSY	53:20	SW25-29	27.75 %	F	96		PB stays at 00:35:43	27
195	Melanie COOKE	53:21	VW35-39	28.49 %	F	97		PB stays at 00:33:54	38
196	Chantel RYAN	53:21	SW30-34	27.77 %	F	98		PB stays at 00:36:51	29
197	Jenny CHITTICK	53:27	VW60-64	36.30 %	F	99		New PB!	18
198	Simone BALE	53:35	VW55-59	34.25 %	F	100		First Timer!	12
199	Patricia COTTER	53:56	VW65-69	39.34 %	F	101		PB stays at 00:48:22	63
200	Saxon VINKOVIC	54:58	JM11-14	26.38 %	M	99		PB stays at 00:31:44	69
201	Sherrie VINKOVIC	55:47	VW40-44	27.58 %	F	102		PB stays at 00:27:26	89
202	Janelle SIMS	55:48	VW45-49	29.03 %	F	103		PB stays at 00:38:57	29
203	Lisa MACLEOD	55:48	VW45-49	29.33 %	F	104		PB stays at 00:49:54	10
204	Jade MCANULTY	56:27	SW25-29	26.22 %	F	105		PB stays at 00:54:24	8
205	Donna WALSH	56:28	VW35-39	26.65 %	F	106		First Timer!	1
206	Julie TURNER	1:04:14	VW60-64	30.64 %	F	107		PB stays at 00:28:53	211
207	Gordon TURNER	1:04:53	VM70-74	27.18 %	M	100		PB stays at 00:28:04	206

Thanks to the volunteers

We are very grateful to the volunteers who made this event happen: Joanne ALEXANDER, Oriana ANASTAS, Lyn BAIRD, Margaret CARR, Alexis ELVY, David FOSTER, Peter GUNDLACH, Jack KESSELL, Aaron NEWTON, Amanda ROGERS, Robert SCIBERRAS, Brendan SCOLLARY, Em SCOLLARY, Oliver SPAKE, Nick TRAJKOVSKI, Gordon TURNER, Kristie TURNER, Kyra TURNER, Matilda TURNER, Julie TURNER, Julie WELLS, Blake WELLS

Why not [get involved and volunteer?](#)

What is this table?

This table shows the complete results for the specified week at this event. It is automatically shown when you navigate to the results page, but can also be reached by clicking on [Latest Results](#), or by picking a specific week from the [Event History](#) table. If you bookmark the *Latest Results* page in your browser, the bookmark will always take you to the most up to date results table. If you bookmark a results page reached via the *Event History* table, the bookmark will then always take you to that specific week's results.

The columns

- Pos - the runner's overall position in the run.
- parkrunner - is the registered name of the athlete; clicking on the name takes you to that athlete's results page for this event.
- Time - is the runner's recorded time - we record the overall time between the run director's start instruction and the runner crossing the finish line.
- Age Cat - represents the age category of the runner on the day of the run; the first letter represents the major age categories (J)unior, (S)enior and (V)eteran; the second letter represents gender (M)en and (W)omen; the remainder of the category represents a more specific age range. There are two further categories for wheel chair users; WWC and MWC represent Women and Men respectively. Clicking on the result category takes you to that age categories' historical record for this event.
- Age Grade - Gives an indication of how well the runner has done relative to their age and gender see [the FAQ article](#) for more information.
- Gender - (M)ale or (F)emale

- Gender Pos- Gender finish positions.
- Club - Running club if registered.
- Note - Note - Comments about PBs (Personal Bests).
- Total Runs - Total number of runs across all parkruns, an indicator of membership of the various parkrun clubs, and their links with partner websites.

As with any of the results tables, the table can be sorted by any column by clicking on the column heading.

Shellharbour parkrun event statistics

Problem with results? please contact shellharbouoffice@parkrun.com

Any questions? Please visit our [support site](#)

Number of events: 218

Number of runners: 4,874

Number of runs: 40,471

Number of first finishers: 127

Number of clubs: 202

Number of PBs: 6,352

Average number of runners per week: 185.6

Average number of runs per runner: 8.3

Biggest Attendance: 363

Average run time: 00:34:28

Total hours run: 2Years 239Days 3Hrs 5Min 16Secs

Total distance run: 202,355km

Female record holder: Hayley GUSTARD - 18:38 - Event 190 (03/02/18)

Male record holder: Jye EDWARDS - 15:44 - Event 92 (26/03/16)

Age graded record holder: Jye EDWARDS - 84.75 % - 15:44 - Event 92 (26/03/16)

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